

FIRST REGULAR SESSION

SENATE BILL NO. 812

103RD GENERAL ASSEMBLY

INTRODUCED BY SENATOR CARTER.

3192S.011

KRISTINA MARTIN, Secretary

AN ACT

To repeal section 167.720, RSMo, and to enact in lieu thereof one new section relating to physical education credit.

Be it enacted by the General Assembly of the State of Missouri, as follows:

Section A. Section 167.720, RSMo, is repealed and one new
2 section enacted in lieu thereof, to be known as section 167.720,
3 to read as follows:

167.720. 1. As used in this section, the following
2 terms shall mean:

3 (1) "Moderate physical activity", low- to medium-
4 impact physical exertion designed to increase an
5 individual's heart rate to rise to at least seventy-five
6 percent of his or her maximum heart rate. Activities in
7 this category may include, but are not limited to, running,
8 calisthenics, aerobic exercise, etc.;

9 (2) "Physical education", instruction in healthy
10 active living by a teacher certificated to teach physical
11 education structured in such a way that it is a regularly
12 scheduled class for students;

13 (3) "Recess", a structured play environment outside of
14 regular classroom instructional activities, where students
15 are allowed to engage in supervised safe active free play.

16 2. Beginning with the school year 2010-11:

17 (1) School districts shall ensure that students in
18 elementary schools participate in moderate physical activity

for the entire school year, including students in alternative education programs. Students in the elementary schools shall participate in moderate physical activity for an average of one hundred fifty minutes per five-day school week, or an average of thirty minutes per day. Students with disabilities shall participate in moderate physical activity to the extent appropriate as determined by the provisions of the Individuals with Disabilities Education Act, or Section 504 of the Rehabilitation Act;

(2) Each year the commissioner of education shall select for recognition students, schools and school districts that are considered to have achieved improvement in fitness;

(3) Students in middle schools may at the school's discretion participate in at least two hundred twenty-five minutes of physical activity per school week;

(4) A minimum of one recess period of twenty minutes per day shall be provided for children in elementary schools, which may be incorporated into the lunch period.

Any requirement of this section above the state minimum physical education requirement may be met by additional physical education instruction, or by other activities approved by the individual school district under the direction of any certificated teacher or administrator or other school employee under the supervision of a certificated teacher or administrator.

3. Beginning with the school year 2026-27, school districts shall provide physical education credit to students who provide documentation verifying that they have completed yard work for an elderly person, as such term is defined in section 192.2005, or an individual with

50 disabilities, as such term is defined in section 161.900,
51 for an amount of time equivalent to that of a physical
52 education class.

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