

## **SENATE CONCURRENT RESOLUTION NO. 21**

Relating to hypertrophic cardiomyopathy awareness day.

Whereas, hypertrophic cardiomyopathy ("HCM") is a chronic cardiac disease involving thickening of the heart muscle and which may lead to debilitating symptoms and serious complications, including heart failure, atrial fibrillation, stroke, and, in rare cases, sudden cardiac death; and

Whereas, HCM is the most common inheritable heart disease and may affect anyone, regardless of age, gender, or ethnicity, with a reported prevalence ranging from one in two hundred to one in five hundred in the general population; and

Whereas, an estimated seven hundred thousand to one million six hundred fifty thousand people in the United States have HCM, but eighty-five percent of this number may remain undiagnosed; and

Whereas, HCM shares symptoms with other common cardiovascular and pulmonary diseases, such as shortness of breath, chest pain, fatigue, palpitations, and fainting, which makes it difficult to distinguish HCM from these other diseases; and

Whereas, when untreated, all-cause mortality is three to four times higher in patients with HCM than that of the general population; and

Whereas, knowing one's medical history and any signs and symptoms of HCM is an important first step in receiving an accurate diagnosis of HCM; and

Whereas, a health care provider will need to conduct a thorough screening with cardiac health questions to help

identify a risk of genetic and congenital cardiac disorders;  
and

Whereas, a health care provider may conduct several tests, including an echocardiogram, a cardiac magnetic resonance imaging scan, or genetic testing in order to confirm a family history of HCM, and will need to examine the heart to diagnose HCM; and

Whereas, following a diagnosis of HCM, it is important for patients to work with their health care provider to learn more about their disease and to understand different management options, including prescription medication and surgical treatment options that may help:

Now, Therefore, Be It Resolved by the members of the Missouri Senate, One Hundred Second General Assembly, Second Regular Session, the House of Representatives concurring therein, hereby designate the fourth Wednesday in February of each year as "Hypertrophic Cardiomyopathy Awareness Day" in Missouri; and

Be It Further Resolved that the General Assembly encourages all residents of this state to participate in activities to bring awareness of this disease and the need for diagnosis and treatment; and

Be It Further Resolved that this resolution be sent to the Governor for his approval or rejection pursuant to the Missouri Constitution.