## FIRST REGULAR SESSION

## SENATE BILL NO. 80

## 101ST GENERAL ASSEMBLY

INTRODUCED BY SENATOR RAZER.

0784S.01I

## **AN ACT**

To repeal section 376.1550, RSMo, and to enact in lieu thereof one new section relating to insurance coverage for mental health conditions.

Be it enacted by the General Assembly of the State of Missouri, as follows:

Section A. Section 376.1550, RSMo, is repealed and one

ADRIANE D. CROUSE, Secretary

- 2 new section enacted in lieu thereof, to be known as section
- 3 376.1550, to read as follows:
  - 376.1550. 1. Notwithstanding any other provision of
- 2 law to the contrary, each health carrier that offers or
- 3 issues health benefit plans which are delivered, issued for
- 4 delivery, continued, or renewed in this state on or after
- 5 January 1, 2005, shall provide coverage for a mental health
- 6 condition, as defined in this section, and shall comply with
- 7 the following provisions:
- 8 (1) A health benefit plan shall provide coverage for
- 9 treatment of a mental health condition and shall not
- 10 establish any rate, term, or condition that places a greater
- 11 financial burden on an insured for access to treatment for a
- 12 mental health condition than for access to treatment for a
- 13 physical health condition. Any deductible or out-of-pocket
- 14 limits required by a health carrier or health benefit plan
- 15 shall be comprehensive for coverage of all health
- 16 conditions, whether mental or physical;
- 17 (2) The coverages set forth [is] in this subsection:

EXPLANATION-Matter enclosed in bold-faced brackets [thus] in this bill is not enacted and is intended to be omitted in the law.

18 (a) May be administered pursuant to a managed care
19 program established by the health carrier; and

- 20 (b) May deliver covered services through a system of
- 21 contractual arrangements with one or more providers,
- 22 hospitals, nonresidential or residential treatment programs,
- 23 or other mental health service delivery entities certified
- 24 by the department of mental health, or accredited by a
- 25 nationally recognized organization, or licensed by the state
- 26 of Missouri;
- 27 (3) A health benefit plan [that does not otherwise
- 28 provide for management of care under the plan or that does
- 29 not provide for the same degree of management of care for
- 30 all health conditions] may provide coverage for treatment of
- 31 mental health conditions through a managed care
- 32 organization; provided that the managed care organization is
- in compliance with rules adopted by the department of
- 34 commerce and insurance that assure that the system for
- 35 delivery of treatment for mental health conditions does not
- 36 diminish or negate the purpose of this section. The rules
- 37 adopted by the director shall assure that:
- 38 (a) Timely and appropriate access to care is available;
- 39 (b) The quantity, location, and specialty distribution
- 40 of health care providers is adequate; and
- 41 (c) Administrative or clinical protocols do not serve
- 42 to reduce access to medically necessary treatment for any
- 43 insured;
- 44 (4) [Coverage for treatment for chemical dependency
- 45 shall comply with sections 376.779, 376.810 to 376.814, and
- 46 376.825 to 376.836 and for the purposes of this subdivision
- 47 the term "health insurance policy" as used in sections
- 48 376.779, 376.810 to 376.814, and 376.825 to 376.836, the
- 49 term "health insurance policy" shall include group

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- 50 coverage.] A health benefit plan shall not impose a
- 51 nonquantitative treatment limitation with respect to mental
- 52 health condition benefits in any classification unless,
- 53 under the terms of the plan as written and in operation, any
- 54 processes, strategies, evidentiary standards, or other
- 55 factors used in applying the nonquantitative treatment
- 56 limitation to mental health condition benefits in the
- 57 classification are comparable to, and are applied no more
- 58 stringently than, the processes, strategies, evidentiary
- 59 standards, or other factors used in applying the limitation
- 60 with respect to medical or surgical benefits in the
- 61 classification.
- 62 2. As used in this section, the following terms mean:
- (1) ["Chemical dependency", the psychological or
- 64 physiological dependence upon and abuse of drugs, including
- 65 alcohol, characterized by drug tolerance or withdrawal and
- 66 impairment of social or occupational role functioning or
- 67 both] "Classification of benefits" or "classification", the
- 68 classification to which all mental health condition benefits
- 69 and medical or surgical benefits shall be assigned.
- 70 Classifications shall include:
- 71 (a) Inpatient in-network;
- 72 (b) Inpatient out-of-network;
- 73 (c) Outpatient in-network;
- 74 (d) Outpatient out-of-network;
- 75 (e) Emergency care; and
- 76 (f) Prescription drugs;
- 77 (2) "Health benefit plan", the same meaning as such
- 78 term is defined in section 376.1350;
- 79 (3) "Health carrier", the same meaning as such term is
- 80 defined in section 376.1350;

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Disorders:

81	(4)	"Mental health condition", any condition or
82	disorder	defined by categories listed in the most recent
83	edition	of the Diagnostic and Statistical Manual of Menta

- 85 (5) "Managed care organization", any financing 86 mechanism or system that manages care delivery for its 87 members or subscribers, including health maintenance 88 organizations and any other similar health care delivery 89 system or organization;
- 90 (6) "Nonquantitative treatment limitation", any 91 limitation on the scope or duration of treatment that is not 92 expressed numerically. Nonquantitative treatment 93 limitations include:
- 94 (a) Medical management standards limiting or excluding 95 benefits based on medical necessity or medical 96 appropriateness, or based on whether the treatment is 97 experimental or investigative;
  - (b) Formulary design for prescription drugs;
- 99 (c) For plans with multiple network tiers, such as 100 preferred providers and participating providers, network 101 tier design;
- 102 (d) Standards for provider admission to participate in 103 a network, including reimbursement rates;
- 104 (e) Plan methods for determining usual, customary, and 105 reasonable charges;
- 106 (f) Refusal to pay for higher cost therapies until it 107 can be shown that a lower cost therapy is not effective;
- 108 (g) Exclusions based on failure to complete a course 109 of treatment;
- 110 (h) Restrictions based on geographic location, 111 facility type, provider specialty, and other criteria that

112	limit the scope or duration of benefits for services
113	provided under the plan or coverage;

- (i) In- and out-of-network geographic limitations;
- (j) Standards for providing access to out-of-network
  providers;
- 117 (k) Limitations on inpatient services for situations
  118 when the participant is a threat to self or others;
- (1) Exclusions for court-ordered and involuntary holds;
- 120 (m) Experimental treatment limitations;
- 121 (n) Service coding;
- (o) Exclusions for services provided by clinical
- 123 social workers; and
- 124 (p) Network adequacy;
- 125 (7) "Rate, term, or condition", any lifetime or annual
  126 payment limits, deductibles, co-payments, coinsurance, and
  127 other cost-sharing requirements, out-of-pocket limits, visit
  128 limits, and any other financial component of a health
  129 benefit plan that affects the insured.
- 3. This section shall not apply to [a health plan or policy that is individually underwritten or provides such coverage for specific individuals and members of their
- families pursuant to section 376.779, sections 376.810 to
- 376.814, and sections 376.825 to 376.836,] a supplemental
- insurance policy, including a life care contract, accident-
- only policy, specified disease policy, hospital policy
- 137 providing a fixed daily benefit only, Medicare supplement
- 138 policy, long-term care policy, hospitalization-surgical care
- 139 policy, short-term major medical policies of six months or
- 140 less duration, or any other supplemental policy as
- 141 determined by the director of the department of commerce and
- 142 insurance.

- 4. Notwithstanding any other provision of law to the contrary, all health insurance policies that cover state employees, including the Missouri consolidated health care plan, shall include coverage for mental [illness] health conditions. Multiyear group policies need not comply until the expiration of their current multiyear term unless the policyholder elects to comply before that time.
- 5. The provisions of this section shall not be violated if the insurer decides to apply different limits or exclude entirely from coverage the following:
- 153 (1) Marital, family, educational, or training services 154 unless medically necessary and clinically appropriate;
- 155 (2) Services rendered or billed by a school or halfway 156 house;
  - (3) Care that is custodial in nature;

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- 158 (4) Services and supplies that are not immediately nor 159 clinically appropriate; or
- 160 (5) Treatments that are considered experimental.
- 161 The director shall grant a policyholder a waiver from the provisions of this section if the policyholder 162 demonstrates to the director by actual experience over any 163 consecutive twenty-four-month period that compliance with 164 this section has increased the cost of the health insurance 165 166 policy by an amount that results in a two percent increase 167 in premium costs to the policyholder. The director shall promulgate rules establishing a procedure and appropriate 168 standards for making such a demonstration. Any rule or 169 portion of a rule, as that term is defined in section 170 536.010, that is created under the authority delegated in 171 172 this section shall become effective only if it complies with 173 and is subject to all of the provisions of chapter 536 and, if applicable, section 536.028. This section and chapter 174

175 536 are nonseverable and if any of the powers vested with
176 the general assembly pursuant to chapter 536 to review, to
177 delay the effective date, or to disapprove and annul a rule
178 are subsequently held unconstitutional, then the grant of
179 rulemaking authority and any rule proposed or adopted after
180 August 28, 2004, shall be invalid and void.

