

State Senator Bill White's **BACK TO SCHOOL RESOURCE GUIDE**



Help your child transition back to school safely with these useful resources!

Adolescent and Teen Health – Find a variety of health topics for teens, parents and educators. health.mo.gov/living/families/adolescenthealth/index.php

Afterschool Programs – Keep your child safe and inspired to learn before and after school. dese.mo.gov/quality-schools/extended-learning/afterschool-programs

Behavioral/Mental Health – Access free behavioral health crisis services by dialing the 24-hour hotline. dmh.mo.gov/behavioral-health/treatment-services/specialized-programs/behavioral-health-crisis-hotline

Ozark Center Crisis Line 800-247-0661

Clark Center Crisis Line 800-801-4405 (Dade County)

Bullying – Confidentially report bullying and learn ways to prevent it. mshp.dps.missouri.gov/MSHPWeb/Courage2ReportMO/index.html

Drug and Underage Drinking Prevention – Prevent underage drinking and teen drug misuse by contacting the Community Partnership of the Ozarks and the Alliance of Southwest Missouri. dmh.mo.gov/alcohol-drug/prevention

Free and Reduced Lunch Program – Check the eligibility requirements for food and nutrition services at school. dese.mo.gov/financial-admin-services/food-nutrition-services/free-and-reduced-price-information

Pre-School Information – Locate child care, track your child's progress and access family support services. earlyconnections.mo.gov/who-we-are/new-office-childhood

School Performance and Accountability Information – Find information on the performance of your local public school district. apps.dese.mo.gov/MCDS/Home.aspx

Tips for Staying Safe – Talk to your children about staying safe while walking to school and staying home alone. mshp.dps.missouri.gov/MSHPWeb/Publications/Brochures/documents/SHP-549.pdf