



State Senator

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COVID-19 RESOURCES

During this troubling time of uncertainty, it's reassuring to have reliable sources of information to turn to for guidance. I've compiled contact information for relevant local, state and federal resources that offer updates and access to help in this time of need. If you need further assistance, please feel free to call my office at 573-751-9762 or send me an [email](#).

## General Information and Updates

**Missouri Department of Health and Senior Services:** DHSS offers up-to-date information about COVID-19 in Missouri at [www.health.mo.gov](http://www.health.mo.gov).

**COVID-19 Hotline:** 877-435-8411.

**Missouri Testing Sites** Please call the site you wish to visit before going to the hospital or testing location to determine testing eligibility. Many sites still require physician orders or evaluation before the testing is approved.

**St. Louis County:** To locate COVID-19 testing facilities, find statistics and information about COVID-19 in St. Louis County, learn about local response efforts or read public orders in effect within the county, visit [www.stlcorona.com](http://www.stlcorona.com)

**St. Louis County COVID-19 Hotline:** 314-615-2660

**Text:** STLOUISCOALERT to 67283

**U.S. Centers for Disease Control and Prevention:** The CDC website at [www.cdc.gov](http://www.cdc.gov) provides a comprehensive overview of the coronavirus outbreak.

**Federal Response:** You can find an overview of actions the federal government is taking to combat COVID-19 at [www.usa.gov/coronavirus](http://www.usa.gov/coronavirus).

## Additional State Resources

**Office of the Governor:** To see the latest actions by Missouri's governor, visit [www.governor.mo.gov](http://www.governor.mo.gov).

**Missouri COVID Supply Solution:** Health care providers and vendors supplying personal protective Equipment (PPE) can connect electronically online to better facilitate the sale and purchase of PPE at [ppe-supply.uk.r.appspot.com/#/](http://ppe-supply.uk.r.appspot.com/#/).

**Department of Labor – Division of Employment Security:** If you've lost your job, visit [www.labor.mo.gov/coronavirus](http://www.labor.mo.gov/coronavirus) to learn about unemployment benefits, including supplemental unemployment insurance payments provided through the federal Coronavirus Aid, Relief and Economic Security (CARES) Act. The site includes videos, tutorials and a FAQ section to address the most common concerns of applicants. Apply online at [www.uinteract.labor.mo.gov](http://www.uinteract.labor.mo.gov).

**Economic Development:** Missouri is currently under a statewide "stay-at-home" order, effective through May 3. To learn how the order impacts local businesses, visit [www.ded.mo.gov/content/stay-home-order-business-guidance](http://www.ded.mo.gov/content/stay-home-order-business-guidance).

**Social Services:** Information about eligibility waivers and other accommodations to child care and food assistance programs, as well as updates on expanded health care options through MO HealthNet can be found at [www.dss.mo.gov/covid-19](http://www.dss.mo.gov/covid-19).

**Department of Revenue:** The deadline for filing Missouri state income taxes has been extended until July 15. Motor vehicle registrations and driver's licenses expiring in March or April of 2020 qualify for an automatic 60-day extension. For more information, including a list of hours and locations for Department of Revenue facilities, or to conduct business online, visit [www.dor.mo.gov](http://www.dor.mo.gov).

**Agriculture:** The Missouri Department of Agriculture has information about the impact of COVID-19 on farmers and our food supply. For more information, visit [www.agriculture.mo.gov/emergency/covid-19](http://www.agriculture.mo.gov/emergency/covid-19).

**Attorney General:** To report price gouging or learn about efforts to fight consumer scams during the COVID-19 crisis, visit [www.ago.mo.gov](http://www.ago.mo.gov).

**Natural Resources:** For information about park closures and other impacts of COVID-19 on Missouri's Department of Natural Resources, visit [www.dnr.mo.gov](http://www.dnr.mo.gov). A number of state and federal environmental regulations have been eased or waived due to the coronavirus. For a listing of affected regulations, visit [www.dnr.mo.gov/regulatory-relief.htm](http://www.dnr.mo.gov/regulatory-relief.htm).

**Conservation:** Indoor facilities and manned shooting ranges are closed due to COVID-19. Also, classes and workshops conducted by the Department of Conservation have been suspended, but wildlife areas and other outdoor properties remain open with social distancing requirements in place. For more information, visit [www.mdc.mo.gov/about-us/mdc-covid-19-response](http://www.mdc.mo.gov/about-us/mdc-covid-19-response).

**Secretary of State:** Visit [www.sos.mo.gov](http://www.sos.mo.gov) to register to vote, file required business documents or access resources from the State Library and Archives. Effective April 6, Missouri will temporarily allow notaries to conduct business via video conferencing in order to maintain social distancing. For more information, visit [www.sos.mo.gov/ElectronicNotary](http://www.sos.mo.gov/ElectronicNotary).

**Elementary and Secondary Education:** All K-12 public and charter schools in Missouri are closed through the end of the 2019-2020 academic year. For more information about the impact of COVID-19 on Missouri's schools, visit [www.dese.mo.gov](http://www.dese.mo.gov). To find pickup locations for free meals for students, call your local school district or check the online [map](#) at the department's website.

## Mental Health and Crisis Resources

**Missouri Department of Mental Health:** For guidance on coping with the coronavirus crisis or to find information about mental health services available statewide, visit [www.dmh.mo.gov/disaster-services/covid-19-information](http://www.dmh.mo.gov/disaster-services/covid-19-information).

**Disaster Distress Helpline:** 800-985-5990 or text: "TalkWithUs" to 66746

**Suicide Prevention Hotline:** 800-273-TALK (8255)

**Provident Behavioral Health:** 314-647-4357

**Behavioral Health Response:** 800-811-4760

**Child Abuse & Neglect:** 800-392-3738

**Adult Abuse & Neglect:** 800-392-0210

**VA Crisis:** 800-273-8255

**Domestic Violence:** 800-799-7233

**Sexual Assault:** 800-656-4673

**Women's Safe House:** 314-772-4535

**Care for Your Virus Anxiety:** Partnership between Mental Health America and Shine to provide resources for those affected by the coronavirus outbreak and its impacts. Call 314-628-2929 for telehealth counseling options.

# Federal Assistance



**Economic Impact Payments:** The CARES Act provides for a one-time direct \$1,200 payment to nearly every American who earns less than \$75,000 per year. Tax filers and Social Security recipients will receive the payment automatically. Low-income workers, certain veterans and individuals with disabilities who aren't required to file a tax return will need to register. You can find more information, or register for payments online at [www.irs.gov](http://www.irs.gov).

**Federal Pandemic Unemployment Compensation:** The CARES Act passed by Congress includes the Federal Pandemic Unemployment Compensation Program (FPUC), which provides a \$600 federal supplement to unemployment insurance payments offered by states. These payments are effective the week beginning March 29 and will continue through the week ending July 25. For more information, read the online FAQ documents posted at [www.labor.mo.gov/coronavirus](http://www.labor.mo.gov/coronavirus).

**Federal Pandemic Unemployment Assistance Program:** Self-employed individuals, “gig” workers and independent contractors who do not usually qualify for unemployment insurance also qualify for assistance through the CARES Act. For more information, read the online FAQ documents posted at [www.labor.mo.gov/coronavirus](http://www.labor.mo.gov/coronavirus).

**Paycheck Protection Program:** The CARES ACT authorized forgivable loans to employers that are backed by the U.S. Small Business Administration. The loans are available to nearly any business or nonprofit with fewer than 500 employees and the money will not need to be repaid if the borrower maintains its workforce and uses the loan to pay wages. Businesses may apply through any existing SBA 7(a) lender, including participating credit unions or Farm Credit System institutions. For more information, visit [www.sba.gov](http://www.sba.gov).

**SBA Economic Injury Disaster Loan:** Businesses may borrow up to \$2 million through this Small Business Administration program, passed in response to COVID-19. For more information or to apply online, visit [www.sba.gov](http://www.sba.gov).

# Food and Basic Needs



**Missouri Department of Social Services:** Information about food assistance, child care and other essential services can be found at [www.mydss.mo.gov/food-assistance](http://www.mydss.mo.gov/food-assistance).

**Agging Ahead:** For information on the Meals on Wheels Program, visit [www.agingahead.org](http://www.agingahead.org) or call 636-207-0847

**All Our Kids:** Families can receive free “grab and go” meals for children through local school districts. Check [COVID-19 Child Meals Map](#) for the most up-to-date information about meals.

**St. Louis Area Food Bank:** Search the online pantry [search tool](#) by ZIP code to find food resources near you.

**The United Way:** A one-stop source of resources in times of need can be found at [www.211helps.org/covid-19-where-to-turn](http://www.211helps.org/covid-19-where-to-turn).

**Operation Food Search:** For information about available food resources, or ways you can help, visit [www.operationfoodsearch.org](http://www.operationfoodsearch.org).

# Other Resources



**St. Louis County Library:** For virtual access to e-books, audiobooks and movies for children and adults, visit [www.slcl.org/virtual-branch](http://www.slcl.org/virtual-branch)

## Utilities



**AT&T:** [www.about.att.com/pages/COVID-19.html](http://www.about.att.com/pages/COVID-19.html)

**Charter Communications (Spectrum):** [www.spectrum.net/page/covid-19-update](http://www.spectrum.net/page/covid-19-update)

**Ameren:** [www.ameren.com/account/customer-service/covid-19](http://www.ameren.com/account/customer-service/covid-19)

**Spire Energy:** [www.spireenergy.com](http://www.spireenergy.com)

**Missouri American Water:** [www.amwater.com/moaw](http://www.amwater.com/moaw)

**Heat Up St. Louis:** Energy bill assistance at Urban League: 314-615-3640

**Salvation Army:** 314-646-3000

**Community Action Agency:** 314-863-0015

**United Way:** 211, or 800-427-4626

## Veterans



**U.S. Department of Veterans Affairs:** [www.publichealth.va.gov/n-coronavirus](http://www.publichealth.va.gov/n-coronavirus)

**Missouri Veterans Commission:** [www.mvc.dps.mo.gov](http://www.mvc.dps.mo.gov)

**Veterans Crisis Hotline:** 800-273-8255

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