

Guide to Essential Services

Missouri State Government Agencies

Agriculture	573-751-4211
Conservation	573-751-4115
Corrections	573-751-2389
Economic Development	573-751-4962
Elementary & Secondary Education.....	573-751-4212
Health & Senior Services	573-751-6400
Higher Education & Workforce Dev.	573-751-2361
Commerce & Insurance	573-751-4126
Labor & Industrial Relations	573-751-4091
Mental Health	573-751-4122
Natural Resources.....	573-751-3443
Public Safety.....	573-751-4905
Revenue	573-751-4450
Social Services	573-751-4815
Transportation	888-275-6636

Food

Hunger Hotline.....	866-348-6479
Operation Food Search	314-726-5355
SNAP (Food Stamps).....	855-373-4636
Meals on Wheels	314-374-9549
CAASTLC Food Pantry	314-863-0015

Health Care

CLAIM.....	800-390-3330
• <i>Medicare questions</i>	
MO HealthNet (Medicaid).....	573-751-3452
Cover MO	800-466-3213
• <i>ACA marketplace enrollment</i>	
Rx Outreach	888-796-1234
Medicine Assistance Tool	888-477-2669
St. Louis HELP	314-240-0796
• <i>Medical Equipment Lending Program</i>	
St. Louis Diaper Bank.....	314-624-0888
St. Louis County Public Health Dept.	314-615-0600
• <i>Low-cost health and dental services, immunizations, STI and pregnancy testing, lead screening</i>	
Centers for Disease Control (CDC).....	800-232-4636
Provident Behavioral Health.....	314-647-4357
• <i>Mental health services and crisis intervention</i>	
Behavioral Health Response.....	800-811-4760
• <i>Mental health services, mobile crisis intervention</i>	

Housing

Emergency Shelter Hotline.....	314-802-5444
United Way of Greater St. Louis.....	314-421-0700
• <i>Rent/mortgage assistance, shelter referral</i>	
St. Louis County Housing Authority.....	314-428-3200
• <i>Housing Choice Voucher Program</i>	
CAASTLC Housing Assistance.....	314-863-0015
• <i>Rent/mortgage/down payment assistance</i>	
Equal Housing & Opportunity Council ...	314-534-5800
• <i>Housing discrimination investigations, landlord/tenant rights</i>	

In Times of Need

Crisis hotlines and services for immediate assistance

Suicide Prevention.....	800-273-8255
Child Abuse & Neglect.....	800-392-3738
Adult Abuse & Neglect.....	800-392-0210
Domestic Violence	800-799-7233
Sexual Assault	800-656-4673
Women's Safe House	314-772-4535
Human Trafficking.....	888-373-7888
Human Rights Complaint.....	877-781-4236
National Runaway Safeline	800-786-2929
School Violence	866-748-7047
Veterans Crisis	800-273-8255
FEMA.....	800-621-3362

Financial Assistance

TANF/Family Services	855-373-4636
Social Security (SSI/SSDI).....	800-772-1213
• <i>Eligibility, application assistance</i>	
Employment Security.....	800-320-2519
• <i>Unemployment & workers compensation claims</i>	
Missouri Jobs Center.....	314-615-6010
• <i>Hiring events, workshops, job listings</i>	
Child Care Assistance	855-373-4636

Seniors

Aging Ahead	636-207-0847
STL County Older Residents Program ...	314-615-4516
• <i>Transportation, home visits, tax assistance, wellness activities</i>	
MO Rx	800-392-2161
• <i>Help with prescription drug copayment costs</i>	
Long-term Care Ombudsman.....	800-309-3282
AARP Missouri	866-389-5627
Alzheimer's Association.....	800-272-3900

Veterans

VA Benefits	800-827-1000
VA Hospital (St. Louis).....	314-652-4100
Missouri Veterans Home (St. Louis).....	314-340-6389
Missouri Veterans Commission	573-751-3779
Kaufman Legal Fund for Veterans.....	314-753-8355
Disabled American Vets Ride Service	314-289-6443

Disability Services

Paraquad.....	314-289-4200
Assistive Technology	816-655-6700
Delta Center for Independent Living.....	636-926-8761

Starkloff Disability Institute314-588-7090
• *Career and workplace support*
STL County ADA Coordinator314-615-5429

Consumer Protection

No-Call List866-289-9633
• *Register your number*
Vulnerable Citizens Services Hotline.....855-653-7300
Consumer Fraud Complaints.....800-392-8222
Better Business Bureau.....314-645-3300
• *File a complaint, scam alerts, leave a review*

Legal

Legal Services of Eastern MO.....314-534-4200
• *Low-cost legal assistance*
Arch City Defenders314-361-8834
• *Low-cost legal and civil rights assistance*
Migrant & Immigrant Community Action .314-995-6995
• *Low-cost immigration legal assistance*
ACLU of Missouri.....314-652-3114
The Bar Association.....314-421-4134
• *Find a lawyer, bankruptcy assistance*

Transportation

Missouri Driver's License573-526-2407
Missouri Motor Vehicle Registration573-526-3669
OATS Transit (St. Louis County)314-888-6720
Metro Call-A-Ride Reservations314-652-3617
Metro Transit Information.....314-231-2345

Voting/Elections

St. Louis County Board of Elections.....314-615-1800
• *Election calendar, voter registration, absentee info*
Missouri Voter Protection Coalition.....866-687-8683
Missouri Ethics Commission.....573-751-2020
• *Ethics complaints, campaign finance/lobbyist info*

Taxes

St. Louis County Assessor.....314-615-2555
St. Louis County Board of Equalization .314-615-7195
• *Property assessment appeals*
Personal Property Tax Credit.....573-751-3505
• *Available to low-income seniors and people living with a disability*
Low-Income Housing Tax Credits.....816-759-6696

Utilities

St. Louis County Trash Pickup314-615-4285
Ameren Missouri.....800-552-7583
Spire800-887-4173
Missouri American Water.....866-430-0820
Metro St. Louis Sewer District314-768-6260
CAASTLC Energy & Water Assistance .314-863-0015
• *Help with utility disconnection*
LIHEAP.....573-751-6789
• *Low-Income Home Energy Assistance Program*

COVID-19 RESOURCES

Department of Health & Senior Services..... health.mo.gov
DHSS COVID-19 Hotline..... 877-435-8411
St. Louis County COVID-19 Information.....stlcorona.com
St. Louis County COVID-19 Hotline314-615-2660
U.S. Centers for Disease Control and Prevention..... cdc.gov
Unemployment Insurance.....labor.mo.gov, 314-340-4950

