

Robin Wright-Jones 5<sup>th</sup> Senate District

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## Senator Wright-Jones Encourages Residents To Know the Signs of Cardiovascular Disease

JEFFERSON CITY – Senator Robin Wright-Jones (D-St. Louis) has issued a resolution that encourages residents to know the signs of cardiovascular disease and commends the American Heart Association for its efforts to stop this silent killer.

"Cardiovascular disease and stroke are the number one cause of death in Missouri, and I commend any organization that works to bring that number down," said Sen. Wright-Jones. "I encourage all residents to follow the American Heart Association recommendations and call 9-1-1 at the first sign of symptoms, and to become trained in cardiopulmonary resuscitation (CPR). With just the right training, you could hold the key to saving someone's life."

The resolution Sen. Wright-Jones brought before the entire Senate body notes that the American Heart Association seeks to improve the cardiovascular health of Americans by 20 percent in the year 2020. Research has shown that there are clear preventive strategies that can increase survival rates. Through promoting education and awareness, the association encourages citizens to learn the warning signs of heart attacks and strokes.

"We all know someone who has suffered a heart attack or stroke," said Sen. Wright-Jones. "If we take the time to become more familiar with the symptoms or even receive training to respond to a heart attack or stroke, think of how many people could be saved."

For more information on the American Heart Association, visit <u>americanheart.org</u>. -END-