



Week of March 8, 2010

Contact: Stacy Morse
(573) 751-3599

Invitation to Participate in a Free Health Fair

I'd like to help you learn more about your health, and that's why I'm sponsoring a free health fair for our community on July 10, 2010, at Forest Park Community College. We're still finalizing the details, but it promises to be a great way for people in the community to learn about health care issues in a fun and supportive environment.

When it comes to our health, I think that knowledge is one of the most important factors, right along with proper diet and exercise. We need to know the vital information that constitutes our health, such as cholesterol, glucose, or body mass index, to name a few. Learning what these numbers are and what they mean for your health is just as important as knowing the genetic factors of your family history.

For those of you who may want to operate a booth, conduct a seminar or demonstration, or have your health-related company featured at the health fair, please contact my assistant at Wilma.Rowden@senate.mo.gov or 573-751-3599.

If you plan on attending the free health fair, mark your calendars from 10 a.m. to 2 p.m. on July 10 and be on the lookout for more information.

This week marks the end of the first half of the legislative session, and while there is much work left to be done, I am pleased at where we stand. You can always contact my office for more information about the health fair or any of the issues I am working in Jefferson City.

Community Health Fair

When: July 10, 2010 10 a.m. – 2 p.m.

Where: Forest Park Community College
5600 Oakland Avenue
St. Louis, MO 63110

Contact: (573) 751-3599

Additional information to follow.