

For Immediate Release: July 2, 2010 Contact Stacy Morse (573) 751-3599

## Local Health Fair Promotes Healthy Living, Educates Public

Senator K eaveny Sponsors Free Health Fair For Community

JEFFERSON CITY, MISSOURI - On Saturday, July 10, 2010, State Senator Joe Keaveny will sponsor the first annual Free Community Health Fair to inform, educate and empower the community to adapt healthier lifestyles.

The fair, which will include free health screenings by more than 40 vendors and will be held at Forest Park Community College, located at 5600 Oakland Avenue, St. Louis, Missouri 63110 from 10 a.m. until 2 p.m.

"When it comes to our health, I think that knowledge is one of the most important factors, right along with proper diet and exercise," said Senator Keaveny. "We need to know the vital information that constitutes our health, such as cholesterol, glucose, or body mass index, to name a few. Learning what these numbers are and what they mean for your health is just as important as knowing the genetic factors of your family history."

The free health screenings at the fair will include:

- Blood pressure
- Cholesterol
- Vision
- Hearing
- Dental

Health information and community resources will also be available. For more information, contact Sen. Keaveny's office at (573) 751-3599.

What: Community Health Fair When: July 10, 2010 10 a.m. – 2 p.m. Where: Forest Park Community College 5600 Oakland Avenue St. Louis, MO 63110

Contact: (573) 751-3599

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SENATOR JOSEPH KEAVENY

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