

COMMUNITY SERVICES DIRECTORY

2010



STATE SENATOR
JOE
KEAVENY
DISTRICT 4
CITY OF ST. LOUIS



Dear Friends:

This directory will provide you with contact information on services from the government and non-profit organizations that serve our district. I hope the information in my community services directory is useful to you. Please contact my office if you need assistance.



A handwritten signature in black ink, appearing to read "Joe P. Keaveny", written over the printed name.

Joe Keaveny
STATE SENATOR
DISTRICT 4

Capitol Office:

Room 329, State Capitol
Jefferson City, MO 65101

573-751-3599

TOLL FREE 866-783-1534

FAX 573-751-0266

joseph.keaveny@senate.mo.gov

MISSOURI STATE OFFICIALS

www.mo.gov

Governor JEREMIAH (JAY) NIXON (573) 751-3222
 Room 216, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-6900

Lt. Governor PETER KINDER (573) 751-4727
 Room 224, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7480

Secretary of State ROBIN CARNAHAN (573) 751-4936
 Room 208, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7490

State Auditor SUSAN MONTEE (573) 751-4824
 Room 121, State Capitol, Jefferson City, MO 65101

State Treasurer CLINT ZWEIFEL (573) 751-2411
 Room 229, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7856

Attorney General CHRIS KOSTER (573) 751-3321
 Supreme Court Building, Jefferson City, MO 65101
 St. Louis Office (314) 340-6815

MISSOURI STATE REPRESENTATIVES

Serving District 4

ALL REPRESENTATIVES' ADDRESSES ARE:

Room #, 201 W. Capitol Ave., Jefferson City, MO 65101

DISTRICT 57 - Hope Whitehead	DISTRICT 64 - Rachel Storch
Room 116-3 (573) 751-2198	Room 135 (573) 751-1400
hope.whitehead@house.mo.gov	rachel.storch@house.mo.gov
DISTRICT 58 - James Morris	DISTRICT 65 - Michele Kratky
Room 116A2 (573) 751-2383	Room 109G (573) 751-4220
james.morris@house.mo.gov	michele.kratky@house.mo.gov
DISTRICT 60 - Jamilah Nasheed	DISTRICT 66 - Michael Vogt
Room 115J (573) 751-4415	Room 109F (573) 751-9472
jamilah.nasheed@house.mo.gov	michael.vogt@house.mo.gov
DISTRICT 61 - Chris Carter	DISTRICT 67 - Mike Colona
Room 115H (573) 751-7605	Room 109H (573) 751-6736
chris.carter@house.mo.gov	mike.colona@house.mo.gov
DISTRICT 62 - Nita Jane Ayers	
Room 233A (573) 751-2492	
nitajane.ayers@house.mo.gov	

FEDERAL ELECTED OFFICIALS

United States Senators

CHRISTOPHER S. BOND	CLAIRE McCASKILL
274 Russell Office Building	SH-717 Hart Office Building
Washington D.C. 20510	Washington D.C. 20510
(202) 224-5721 FAX (202) 224-8149	(202) 224-6154 FAX (202) 228-6326
St. Louis Office (314) 725-4484	St. Louis Office (314) 367-1364

Representatives in Congress

RUSS CARNAHAN

1710 Longworth Bldg .. (202) 225-2671
Washington, D.C. 20515
St. Louis Office (314) 962-1523
11140 S. Towne Square #201
St. Louis, MO 63123

WM. "Lacy" CLAY, Jr.

434 Cannon Bldg (202) 225-2406
Washington, D.C. 20515
St. Louis Office (314) 367-1970
625 N. Euclid St., Suite 200
St. Louis, MO 63108

ST. LOUIS CITY GOVERNMENT

ELECTED OFFICIALS UNDER CITY CHARTER

Mayor Francis Slay, City Hall 622-3201
Comptroller Darlene Green 622-4389
President-Board of Aldermen Lewis Reed 622-4114
MEMBERS-Board of Aldermen (28), City Hall 622-3287

ALDERMEN IN THE 4th DISTRICT

1st Ward Charles Quincy Troupe 622-4164
4th Ward Samuel L. Moore 289-9336
8th Ward Stephen Conway 773-4329
10th Ward Joseph Vollmer 772-4289
14th Ward Stephen Gregali 752-0868
15th Ward Jennifer Florida 776-2890
16th Ward Donna Baringer 481-8024
17th Ward Joseph D. Roddy 622-3287
18th Ward Terry Kennedy 622-3287
19th Ward Marlene Davis 680-9168
21st Ward Bennice Jones King 389-2331
22nd Ward Jeffrey Boyd 383-2693
23rd Ward Kathy Hanrahan 646-1898
24th Ward William Waterhouse 622-3287
26th Ward Frank Williamson 361-3835
27th Ward Gregory Carter 382-7700
28th Ward Lyda Krewson 367-9765

ELECTED OFFICIALS UNDER STATE LAW

Circuit Attorney Jennifer Joyce 622-4941
Circuit Clerk Mariano V. Favazza 622-3241
City Treasurer Larry Williams 622-3434
Collector of Revenue Gregory Daly 622-4101
License Collector Michael McMillan 622-4528
Public Administrator Gerard Nester 622-4394
Recorder of Deeds Sharon Carpenter 622-4393
Sheriff James Murphy 622-4851, 622-4766

ST. LOUIS CITIZENS' SERVICE BUREAU

CITY HALL (Assistance With Problems) 622-4800
OFFICE ON THE DISABLED (Voice) 622-3686
(TDD) 622-3693

POLICE

EMERGENCY	911
NON EMERGENCY POLICE	231-1212
North Patrol Police Station, 4014 N. Union	444-0001
Central Patrol Police Station, 919 N. Jefferson	444-2500
South Patrol Police Station, 3157 Sublette	444-0100

— ABUSE/STRESS HOTLINES —

Spouse/Adult Abuse/Shelter for Battered Women	(314) 772-4535
Rape Hotline	(314) 531-2003 or (314) 531-7273
Aging Information & Referral	1-800-235-5503
Child Advocacy Center	(314) 535-3003
Child Abuse/Neglect	1-800-392-3738
Elderly Abuse/Neglect	1-800-392-0210
Parental Stress Line	1-800-367-2543
Safe Schools Hotline	889-7233
YWCA Sexual Assault Center	(314) 726-6665

ADOPTION

Ever consider adopting a child? There are many children eligible for adoption in Missouri who are eagerly awaiting permanent homes. Visit the MO Dept. of Social Services Photo-adoption website at **www.dss.mo.gov** or call the Foster-Adoptline at **1-800-554-2222** for more information.

BLIND SERVICES

Missouri School for the Blind	776-4320
Delta Gamma Center	776-1300
Preschool services to blind and visually impaired children and their families.	
St. Louis City Special School District	454-0010
Rehabilitation Services for the Blind	877-1532 or 877-0151

BUSINESS ASSISTANCE AND REDEVELOPMENT PROGRAMS

Several resources listed here to help businesses grow as well as to resolve problems.

Community Development Agency	622-3400
Land Clearance Redevelopment Authority; Land Reutilization Authority; Industrial Development Authority; Planned Industrial Expansion Authority	
SCORE - Counselors to America's Small Businesses	539-6600
Career Assistance	589-8000
Small Business Administration	539-6600
South Grand Community Improvement District	772-5750

CHILD ABUSE PREVENTION

Missouri Children's Trust Fund. This trust was created to help citizens take part in preventing child abuse. Donations to the trust are used to support local community based prevention efforts. YOU can help. One way is to purchase a CTF license plate for \$25 (+handling fee and your own vehicle renewal cost). Your donation goes to help prevent child abuse. For more information, contact **1-888-826-5437**

COLLEGE TUITION

Missouri Saving for Tuition (MOST). Tax program where anyone - a parent, grandparent, relative, or friend - can open, and contribute, to a MOST account for a child's future education and receive a tax deduction 1-888-414-6678

Website: **www.missourimost.org**

COMMUNITY EDUCATION CENTERS

Community schools serve the community by offering a wide variety of programs from pre-school, to senior citizen organizations, parenting classes and more.

Ford CEC , 1383 Clara 63112	383-7001
Hamilton CEC , 5819 Westminster 63112	367-6996
Nottingham CEC , 4915 Donovan 63109	352-1163
Shaw CEC , 5329 Columbia Ave 63139	776-4327
Mullanphy CEC , 3942 Flad 63110	772-9550
Walbridge CEC , 5019 Alcott 63120	261-8282
Yeatman CEC , 4265 Athlone 63115	261-8134

CONSUMER PROTECTION OR INFORMATION

Better Business Bureau	645-3300
Consumer Affairs Office	444-8846
U.S. Department of Health & Human Services	
Consumer Protection — Office of Attorney General	1-800-392-8222
Federal Information Center	1-800-688-9889
Provides information on all government programs and activities. 24 hours.	
U.S. Consumer Product Safety Commission	1-800-638-2772
Will answer questions about the safety of a product or handle complaints.	

COUNSELING & GUIDANCE

Alanon & Alateen	645-1572
12-step program for family and friends of alcoholics.	
AA—Alcoholics Anonymous	647-3677
Birthright Counseling	962-5300
Community Psychological Services	516-5824
Consumer Credit Counseling	647-9004
Council on Alcoholism & Drug Abuse	962-3456
Serves adolescents, young adults and their families. Drug education programs for schools and other groups. Hotline deals with adverse drug reactions, referral.	
Life Crisis Services	647-3100
Hotline (24 hours)	647-4357
Crisis intervention for suicidal & emotionally distraught people.	
Planned Parenthood	865-1850
Psychological Service Center	935-6555
Outpatient mental health clinic operating within the Psychology Department of Washington University, dealing with relationship difficulties, depression, low self-esteem, anger and aggression.	
Rape Hotline	531-2003
United Way	421-0700

CRIME PREVENTION

Secret Witness Hotline	241-2677
To report narcotics activity in your neighborhood anonymously.	
Neighborhood Watch (Public Affairs)	444-5638
A program sponsored by the St. Louis Police Department which brings neighbors on a street together to learn how to fight crime.	

EDUCATION

St. Louis Comm. College at Forest Park , 5600 Oakland	644-9100
Education Grants and Loans	
Educational Opportunity Centers	352-4113
Counselors help match your interests and capabilities with suitable job training or career education; help on GED, selecting a college or vocational school, apply for admission, and financial aid, identify your academic weaknesses; obtain tutoring. FREE.	
Federal Student Information Center	1-800-433-3243
P.O. Box 84, Washington, D.C. 20044. 8 a.m.-7 p.m.	
Inquiries concerning receipt or processing of Free Application For Federal Student Aid (FAFSA). Mon.-Fri. 8 a.m.-7 p.m., or to request duplicate copies of documents, contact:	
	(319) 337-5665
Student Financial Aid Information Service Center	1-800-473-6757
P.O. Box 6730, Jefferson City 65102	
GED Test Center	340-3654
International Institute , 3654 S. Grand 63118	773-9090
Literacy Council	776-7102
Organization of trained volunteers that provides one-to-one instruction for adults who are non-readers or beginning readers. Also provides English language classes for non-English speaking people.	
Parents as Teachers Program	432-4330
Free program for children under age three. Parent educator makes home visits, uses "play time" activities to test hearing, vision, language and physical development.	
Scholarship Foundation of St. Louis	725-7990
Provides interest-free loans, based on need, to high school graduates in technical schools and colleges on undergraduate and graduate levels.	
Thomas Dunn Memorials	353-3050
Offers free adult education classes.	

ST. LOUIS PUBLIC SCHOOLS

Central Office	231-3720
Adult Education Division	367-5000
Board of Education	345-2230
Division of Special Education	633-5300
Free programs for students with these handicaps: mental and physical, behavior disorders, learning disabled, speech and language impaired. Home/hospital teaching services provided if too ill to attend school.	
Transportation Office of Voluntary Interdistrict Desegregation	721-8657

EMERGENCY SHELTERS & HELP

Catholic Charities	802-5444
Housing Resource Center , 800 N. Tucker	802-5444
Provides information and referral to households experiencing any type of housing crisis - rent/mortgage/utility delinquency, homelessness, etc. 8 a.m. to 8 p.m., 7 days a week. Eviction/Foreclosure Prevention - Hotline callers who are delinquent in rent or mortgage are referred to this in-house prevention program. Successful applicants receive up to one month's worth of the delinquent amount, followed by one year of case management with a housing counselor. Relocation Assistance - Hotline callers residing in housing that is doubled-up/overcrowded, condemned, or otherwise inadequate are referred to this in-house prevention program.	
Gateway Homeless Services , 1000 N. 19th	231-1515
Temporary shelter for families.	
Crisis Nursery	768-3201
Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.	
Harbor Light , 3010 Washington	652-3310
Low cost housing for homeless men.	
Isaiah 58 Ministries , 2149 S. Grand	776-1410
Provides Family Crisis Ministry for low income families and individuals including emergency food, clothing and loans to assist with payment of rent, utilities and medical necessities.	
Lutheran Family & Children Services	787-5100
New Life Evangelistic Center (Christian outreach ministry)	421-3020
Programs include free counseling, emergency housing, financial assistance, food, dental clinic, clothing store; weekly job listings.	
St. Martha's Hall	533-1313
Temporary shelter for abused or threatened women and their children. Provides support groups; counseling; assistance through legal, medical, social and governmental agencies.	
St. Patrick Center , 800 N. Tucker	802-0700
St. Vincent de Paul Society	531-2183
Limited financial assistance provided on an individual basis.	
Salvation Army Family Haven , 10740 W. Page Ave.	423-7770
United Way	421-4636
Women's Safe House	772-4535
For women and children. Can stay up to 60 days (can be extended). \$4 per family. Fees can be waived. 24 hour hotline.	
YWCA Sexual Assault Center	726-6665
YES (Youth Emerg. Services)	727-6294

EMPLOYMENT

AARP — Senior Community Service Employment Program	367-6777
For adults 55+. Provides on-the-job training for a 20-hour week; salary and fringe benefits paid by program.	
Employment Security Office , 4811 Delmar	340-4950
Unemployment claims.	
Graffiti Eradication Program , 4646 Shenandoah	772-4646
c/o Operation Brightside	
A year-round program for 18 to 23-year-old young adults who are paid for work on important environmental improvement and community development projects.	
Project JESS	644-1913
Employment placement for developmentally disabled.	
SLATE — St. Louis Agency on Training & Employment	589-8000

ENERGY ASSISTANCE

Cooling Information Help (HDC)	535-7607
Emergency Energy Assistance Program (HDC)	535-7607
Energy Conservation (HDC)	535-7607
Missouri Energycare	773-5900
Helps elderly, disabled and low-income residents meet their heating/cooling needs; works with utilities to prevent cut-offs; promotes use of weatherization materials, etc.	
Urban League	615-3600

ENVIRONMENT

American Lung Association	1-800-LUNG-USA
Coalition for the Environment	727-0600
Conservation & Renewal Energy Information	1-877-337-3463
Provides information for homeowners about energy conservation and renewable resources.	
Conservation Federation of Missouri	(573) 634-2322
Department of Natural Resources	1-800-361-4827
Environmental Defense Fund	1-800-225-5333
Information, especially about recycling.	
Environmental Protection Agency (EPA)	1-800-223-0425
Missouri Dept. of Conservation - St. Louis Regional Office	(636) 441-4554
National Resources Defense Council	(212) 727-2700
National Wildlife Federation	1-800-822-9919
Sierra Club (Grass Roots - Environment)	644-0890

FAMILIES & CHILDREN

Many services have a fee "Based On Ability To Pay."

Catholic Family Services	544--3800
Provides professional counseling to those experiencing stress.	
Child Day Care Association of St. Louis	531-1412
Information and referral to help parents select day care programs.	

Child Life Services	454-6178
Located in St. Louis Children's Hospital, this department works with patients and families to develop ways to cope with fear, anxiety, and separation from friends and family by using play, recreation, and education techniques.	
Christian Family Services	968-2216
Family counseling agency. Services include adoptions, foster homes and homes for unwed mothers. Fees based on ability to pay.	
Crisis Nursery	768-3201
24 hour hotline. Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.	
Division of Child Support Enforcement 111 N. 7th	340-7400
Domestic Violence Intervention Partnership	877-2012
Family Resource Center	534-9350
Prevention and treatment of child abuse and neglect through individual, group and family therapy; emphasis upon parent training and home-based service; preschool program for abused and neglected children.	
Good Shepherd Family Services	854--5700
Provides services for children in their own homes, adoptive and foster homes, residential group care; and services for unmarried and single parents.	
Isaiah 58 Ministries , 2149 S. Grand	776-1410
Family Crisis Ministry for low income families/individuals. Emergency food, clothing and loans to assist with rent, utilities and medical.	
Jewish Family & Children's Service	993-1000
Offers service to those with emotional problems. Counseling, service to unmarried mothers, homemaker service and resettlement services.	
Kids in the Middle	909-9922
Counseling agency for separated, divorced and remarried families.	
La Leche League of Greater St. Louis	424-3900
Lutheran Family & Children's Services	534-1515
Counseling in problems of family relationships, child behavior, marital conflict, unwed parents; adoption services and foster care.	
Midtown Catholic Family Services , 1202 S. Boyle	534-1180
Program offers group sessions to families as means of preventing/treating child abuse. Parents join anonymously without fear of rejection.	
Provident Counseling	533-8200
Counseling to individuals and families in areas of child behavior, marriage, divorce, family relationships, problem drinkers, unmarried parenthood, adoption, the elderly, pre-retirement planning, stress management and divorce adjustment.	
Raven (Rape and Violence End Now)	289-8000
Help for men involved in domestic violence and rape. 24 hours.	
Suicide Hotline	647-4357
Suicide Hotline-Kids under 21	644-5886
Suicide Crisis Intervention	647-4357
T.L.C. for Kids	725-5660
Provides screened full-time/part-time nannies, babysitters, and "Round-the-Clock" caregivers.	
YMCA , South City YMCA, 3150 Sublette	644-3100
School Age Child Care is quality, low cost child care for working parents. It runs Monday-Friday, before and after school.	

FAMILY SUPPORT

Social Services - St. Louis City Offices

3101 Chauteau	933-7000
Prince Hall Family Support Center, 4411 N. Newstead	877-2000
Adoption	340-6974
Child Abuse and Neglect Services	301-7800
Child Support Enforcement	866-313-9960

FOOD HELP

Emergency help is often available when someone is without food. These organizations may be able to help. For more information call:

New Life Evangelistic Center	421-3020
Operation Food Search	726-5355
Salvation Army	535-0057
St. Vincent de Paul Society	531-2183
United Way Information and Referral	421-0700

FOSTER CARE

Voices for Children 552-2352
City CASA volunteers change the lives of children in foster care by speaking for them in court and helping them move out of foster care and into safe, nurturing homes where they can reach their potential and have hope for a positive future.

FACC 1-800-FOSTER3
For people interested in fostering and adopting as well as support for foster care parents.

GENERAL ASSISTANCE

Citizens Service Bureau , City Hall	622-4800
8 a.m. to 5 p.m. Monday through Friday. Call CSB with questions and complaints related to any problem the city government deals with.	
First Call for Help (United Way)	421-4636
St. Louis area information on human-care services.	
Neighborhood Stabilization Team , City Hall	657-1392

GRACE HILL NEIGHBORHOOD SERVICES

2600 Hadley 539-9500
Grace Hill is a multi-service social service agency that provides direct services within the self-help traditions of the Settlement House movement through neighborhood organization. Primary focus on female heads of households, their dependent children and the elderly.

Programs include:

M.O.R.E. Program – a self-sufficiency program which enables clients to solve crisis within their neighborhoods, obtain community outreach training, job training, and to volunteer their time to help others.

Grace Hill Neighborhood Health Centers, Inc.

Murphy O'Fallon, 1717 Biddle	814-8585
Water Tower, 4308 N. Grand	898-1717
Soulard, 2220 Lemp Ave.	814-8680

South, 3400 S. Jefferson	898-1999
St. Patrick's, 800 N. Tucker	898-1990

Head Start Programs , various locations	539-9529
Midtown Catholic Family Services	534-1180
Siteman Cancer Center	747-7222
Women's Business Center , 2324 N. Florissant Ave	539-9840

HEALTH

Barnes Jewish Hospital Women & Infants Center	362-6667
ALS Association , 2258 Weldon Parkway	1-888-873-8539
American Cancer Society	286-8100
American Lung Association	645-5505
Information on lung health, asthma, tuberculosis, clean air programs. Volunteers welcome.	
Health Care for Kids , 4055 Lindell Blvd.	535-7701
Provides "urgent care" for children - open 3 to 11 p.m. Monday through Friday and from 10 a.m. to 8 p.m. on the weekends.	
Pediatric Answer Line	1-800-678-5437 or 454-5437
Poison Center at Cardinal Glennon Hospital	772-5200
St. Louis Cord Blood Bank	1-888-453-2673 or 314-268-2787
Susan G. Komen for the Cure , 9288 Dielman Industrial Dr.	569-3900

HOUSING

Beyond Housing , 4156 Manchester Ave.	533-0600
Catholic Charities Resource Center	241-5600
H.O.P.E (Housing Options Provided for the Elderly)	776-0155
4265 Shaw, St. Louis 63110	
Missouri Housing Development Commission	877-1350
St. Louis Housing Authority	531-4770
Assistance for individuals, families and special programs for seniors.	
St. Patrick Center , 800 N. Tucker	802-0700
St. Patrick Center is a multi-service agency serving those who are homeless and at risk of becoming homeless in St. Louis city and county. Emphasis is placed on those who experience mental illness or chemical dependence and those living at the poverty level.	
Programs Include:	

Drug and Alcohol Program offers counseling, education, fellowship, group meetings and after-care.

Employment, Training, Job Placement Program offers full-service screening, training, employability counseling, and job placement programs for homeless and at-risk clients and homeless veterans.

BEST (Building Employment Skills for Tomorrow) is an on-the-job training program that teaches homeless, mentally ill or recovering individuals janitorial, repair and light remodeling skills.

Independence Housing Program helps newly employed families find market-rate housing.

Living Skills Center Program offers six-week courses on nutrition, budgeting, decision-making, parenting, and esteem building for homeless and poor single parents.

Other programs St. Patrick Center offers:

Rosati Center Program is a residential care facility that provides 29 beds of transitional housing for homeless mentally ill individuals who have been referred from agencies or hospitals. Residents receive counseling and learn daily-living skills.

Women's Shelter Program provides homeless, mentally ill or chemically dependent women with a safe place at night and Shamrock Club services in the daytime.

St. Louis Transitional Hope House 382-3801

INSURANCE PROBLEMS

CLAIM Program 1-800-390-3330

CLAIM (Community Leaders Assisting the Insured of Missouri) is a FREE program of the Department of Insurance, Financial Institutions and Professional Registration. The program is designed to make available trained, certified volunteers in each of the 34 state senatorial districts to help senior citizens with health insurance questions. These volunteers assist consumers with the complicated paperwork associated with health insurance.

Missouri Department of Insurance, Financial Institutions and

Professional Registration 573-751-4126

Truman Office Building, Jefferson City, MO 65101

Insurance Division - St. Louis Office

11 N. 7th, Rm. 229 63101

Workers' Compensation Insurance Information 1-800-775-2667

LEGAL ASSISTANCE

Crime Victims Advocacy Center 652-3623

24 Hour Crime Victims Hotline 652-3623

Catholic Legal Assistance Ministry 977-3993

Civil Rights Enforcement Agency 622-3301

Lawyer's Reference Service 621-6681

Legal Services of Eastern Missouri 534-4200

Public Defender 340-7625

Victim/Witness Assistance Unit 622-4373

Support services and professional counseling for victims of crime.

MEDICAL INFORMATION

Patient Advocate Foundation 1-800-532-5274

PAF is a national non-profit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job discrimination and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys. PAF seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

American Red Cross, 4050 Lindell 658-2000

AIDS testing and counseling. Fee involved.

CDC Sexual Transmitted Disease 1-800-227-8922

Metropolitan St. Louis AIDS Program 612-5188

1520 Market Street, Rm 4027. Free testing & counseling. Appointment only.

St. Louis Effort for AIDS 645-6451

Case Management Services 362-5574

Cancer Information Service of Missouri 1-800-4-CANCER

Lead Poisoning Clinic, 1520 Market St. 657-1524

Lead Education 259-3455

MC+ Program	1-888-275-5908
Medicaid	1-800-392-2161
Medicare	1-800-633-4227
Missouri Dept. of Health & Senior Services	340-7300
Missouri Division of Family Services , 3101 Chouteau Ave.	933-7000
Temporary Assistance, Housing and Medical Assistance.	
Poison Center at Cardinal Glennon Hospital	772-5200
St. Louis Connect Care	361-2273
Social Security Administration	1-800-772-1213
South St. Louis Office , 4365 Chippewa 63116	
CWE Office , 5669 Delmar 63112	
Visiting Nurses Association	918-7171

MENTAL HEALTH

Department of Mental Health offers programs to assist the community.

Division of Alcohol and Drug Abuse	877-0370
Division of Comprehensive Psychiatric Services	877-0372

METROPOLIS ST. LOUIS

Want to get more involved in making our city a great place to be? One way is to join and be a part of Metropolis St. Louis. Founded in 1997 by a small group of young people, they are now over 1000 strong and working to create and promote an environment in the City of St. Louis that attracts and retains young people. They believe in a city committed to its people, economically and racially diverse, that looks forward to the future without neglecting its history and encourages growth and opportunity, with a strong central city and a growing, vibrant young population. Metropolis has action-oriented projects, meetings, newsletters and more. For further information you can contact them at **Metropolis St. Louis, P.O. Box 8735, St. Louis 63101**, Phone: **206-3246**, or on the web at **www.mstl.org**.

NEIGHBORHOOD ASSISTANCE PROGRAMS

Citizens Service Bureau	622-4800
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Housing Conservation District	622-3352
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Operates in parts of nine wards. Inspects buildings where there has been a change of ownership or tenants to determine whether the building meets requirements of city's conservation ordinance, including overcrowding.

Neighborhood Stabilization Office	657-1392
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Consists of neighborhood liaison officers who serve as a link between city hall and the neighborhoods. They help resolve problems and work closely with neighborhood associations.

NEIGHBORHOOD ORGANIZATIONS

Note - Contact neighborhood organizations for special programs
they may sponsor.

Academy-Sherman Park Neighborhood Assn. , 4th Thursday @ 6 p.m.	367-8019
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Cheltenham Neighborhood Assn. , 1st Thursday @ 7 p.m.	645-4418
(except January, February, July and August)	

Clayton-Tamm Community Assn. , 3rd Thursday @ 7:30 p.m.	645-6327
(except January)	
	or 680-1353

Clifton Heights Neighborhood Assn. , 4th Monday @ 7:00 p.m.	647-9008
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Ellendale Neighborhood Assn., 2nd Monday @ 7:00 p.m.	644-1663
Grand-Oak Hill Community Corp., 3rd Wednesday @ 7:00 p.m.	495-7304
(Odd Months Only)	865-5530
Hamilton Heights Neighborhood Org., 4th Tuesday @ 10:00 a.m.	389-3363
Hi-Point Residents Neighborhood Assn., 6746 Clayton Ave.	647-3909
(No January, June, July or August Meetings)	
Lindenwood Neighborhood Assn., 1st Monday @ 7:30 p.m.	644-4937
(March, June, September and December Only)	
North Newstead Assn., 3rd Monday @ 5:30 p.m.	385-4343
Skinker DeBaliviere Comm. Council, 2nd Monday @ 7:00 p.m.	862-5122
SPUD, 4th Thursday @ 6:30 p.m.	367-8281
(No November or December Meeting)	
SW Garden Neighborhood Assn., 3rd Monday @ 7:00 p.m.	771-3271
(January, April, July and October Meetings Only)	or 606-4713
Tiles Park Neighborhood Assn., Last Tuesday @ 7:00 p.m.	746-3639
(February, May, August and November)	
Tower Grove Heights Association, 4th Tuesday @ 7:00 p.m.	865-2545
Hampton-Chippewa Business Assn., 2nd Tuesday @ 8:00 a.m.	746-7690
Kingshighway Hills Neighborhood Assn., 3rd Thursday @ 7:00 p.m.	752-3526
(No January, February, June or July Meetings)	
West Cabanne Place Assn.	721-8630
Morganford Neighborhood Assn., 4th Wednesday @ 7:00 p.m.	664-2546
(No November or December Meeting)	
Shaw Neighborhood Improvement Assn., Quarterly Meetings	771-3101
Hill 2000, 3rd Thursday @ 7:00 p.m.	771-1228
Tower Grove South, Last Monday @ 7:00 p.m. (No November or December Meeting)	
St. Louis Hill Neighborhood Assn., 4th Wednesday @ 7:00 p.m.	832-0385
Gibson Heights Neighborhood Assn., 3rd Tuesday @ 7:00 p.m.	541-7293

PARENTING PROGRAMS

Parentlink	1-800-552-8522
A network of resources aimed to help parents raise their children. Provides information, programs, workshops and materials.	
Parents As Teachers	771-4626
Self-help and peer support, group sessions on parenting.	

PRINCE HALL FAMILY SUPPORT CENTER

4411 N. Newstead, 63115	877-2400
Provides a wide variety of health and human services at one location with a mix of state and private-sector agencies. Some of the services available:	
Comprehensive Health Clinic II	381-9990
Provides adult medicine, OB/GYN, pediatrics, podiatry, dental, pharmacy, family planning, mammography, hypertension control, diabetes control and laboratory services. The clinic is a part of the St. Louis Comprehensive Health Program.	

Department of Health and Senior Services	612-5100
Division of Child Support Enforcement	340-7400
Division of Family Services (DFS) Children's Services	877-2300
Division of Family Services/Temp. Assistance & Food Stamps	877-2400
Family Court-Juvenile Division	552-2000
Fortress Outreach	653-1500
Provides emergency shelter and safe housing to battered women and their children.	
Hopewell Center	531-1770
Helps chronically mentally ill patients readjust to the community.	
Missouri Mentoring Partnership	877-2012
Recruits and trains local individuals to be mentors.	
Places for People	535-5600
Provides services to the chronically mentally ill.	
Respond, Inc.	727-3687
Support organization to match up with an agency.	
WIC	361-5728
A food program to help infants and children up to age five and pregnant and/or breast feeding mothers.	

RESPIRE CARE

Respite care services provide people caring constantly for someone a way to have occasional rest. Some area groups offering respite-care services include:

ARCH Respite Office of St. Louis	569-0247
Cardinal Ritter Institute at Cardinal Carberry Senior Living Campus	961-8000
Children's Home Society of Missouri	968-2350
Edgewood Children's Center	968-2060
Jewish Center for Aged of Greater St. Louis	434-3330
Touchpoint Autism Services	849-4440
Marlborough House	962-0015
Residential Support Program-Easterfield Lodge	644-6507
Ranken Jordan Pediatric Specialty Hospital	872-6400
St. Louis Crisis Nursery	768-3201
St. Louis Peregrine Society	781-6775
UCP Easter Seals Assoc.	994-1600

SENIOR CITIZEN ASSISTANCE

Aging Information	1-800-235-5503
Association on Aging with Developmental Disabilities	647-8100
Programs assisting seniors with the desire to live as independently as possible.	
Cardinal Ritter Institute	962-7501
Provides adult day care services.	
Isaiah 58 Ministries, 2149 S. Grand	776-1410
Food pantry and clothing room.	
Grace Hill Neighborhood Services, 2600 Hadley	814-8700
Nourishment and meeting places for persons over 60. Home visit service offers counseling and health services and provides volunteer opportunities for older adults.	
Grand-Oak Hill Community Corporation, 4168 Juniata	865-5530
Senior Lunch Program. Also, weatherization kits and some transportation and meal delivery.	
H.O.P.E. (Housing Options Provided for the Elderly) 4265 Shaw	776-0155
Housing option consultation, education to community, and a resource for housing option development within Missouri.	

Meals on Wheels	268-1523
Missouri Dept. of Health and Senior Services	340-7300
Nursing Home Ombudsman Program, Div. of Senior Services	340-7353
Provides information and referral regarding nursing home placement, regulations, residents' rights and complaints about nursing homes.	
OATS Transportation	894-1701
Transportation for seniors to medical appointments, clinics and shopping.	
Program of Alternative Care for The Elderly (PACE)	771-5800
Provides social activities, nutrition and preventive health care management for the frail elderly who reside with a family. Assigns support staff for individuals who live alone and who need a minimal level of nursing home care or supervision and assistance for part of their daily care.	
St. Elizabeth Adult Day Care Center	(636) 461-0730
Adult day care for persons 60+; must have adequate mobility and need no more than moderate help with eating and toileting. Program includes leisure time activities, self-care training, information and referral, meals and snacks.	
St. Louis Area Agency on Aging (SLAAA)	612-5918 or 612-5900
Provides programs and services for the city's elderly. Maintains a listing of senior citizen apartments and nursing home facilities. Meals at nutrition centers, home delivered meals and distribution of surplus food.	
Home Delivered Meals	612-5918
Senior Citizens and Handicapped Bus Fare Discounts	231-2345
Medicare card accepted on all buses any time. Reduced fare.	

SUPPORT GROUPS

AI Anon	645-1572
Alcoholics Anonymous	647-3683
Free To Be Me (Overeaters Anonymous)	638-6070
Neighborhood Association	771-0803
Nicotine Anon	832-9279
Parkinson's Disease Information	362-3299
Postpartum Depression Referral	362-MOMS
Survivors of Suicide	647-3100

UTILITY PROBLEMS

Consumer Advocate (Office of the Public Counsel)	573-751-4857
This office represents consumers on utility matters.	
Consumer Hotline (toll free)	1-800-392-4211
Public Service Commission	
St. Louis Office	340-4700

VETERANS

St. Louis City Dept. of Human Services Veterans Services	657-1656
Veterans Administration and Outreach	1-800-827-1000
Veterans Psychiatric Abuse/Fraud Hotline	729-2854

VICTIMS OF CRIME

Community Psychological Service	516-5824
Outpatient psychological service to rape victims (free).	
Crime Victims Advocacy Service of St. Louis	652-3623
Life Crisis Service	647-4357
Suicide crisis intervention hotline.	
MADD Mothers Against Drunk Driving	426-1595
Teen Hotline (KUTO - Kids Under Twenty-one)	644-5886

VITAL RECORDS/STATE

www.dhss.mo.gov/BirthAndDeathRecords

To request a birth or death certificate from a local health department, you may download the application and submit it in person or by mail to the nearest local health department. To request a certified copy of a marriage license contact the Recorder of Deeds in the county where the license was obtained. To request a certified copy of a divorce decree contact the Circuit Clerk in the county where the decree was granted. If necessary you can request these documents from the Department of Health and Senior Services in Jefferson City.

Missouri Department of Health, Division of Vital Records

P.O. Box 570, Jefferson City, MO 65102-0570

Birth, Death and Marriage Records	(573) 751-6387
City Hall Vital Records	613-3016

VOLUNTEERING

The Volunteer Center of the United Way of Greater St. Louis works to strengthen the community by promoting effective volunteer experiences. It helps link individuals who want to volunteer with agencies that need them and also connects companies to hundreds of time-limited, hands-on volunteer projects. For additional information, contact Rick Skinner - United Way Volunteer Center at **539-4284** or at websites: **www.stl.unitedway.org** or **www.stl-cares.org**

WOMEN'S ASSISTANCE

Also see "Families & Children" and "Emergency Shelter & Help"

Catholic Charities	531-0511
Isaiah's Ministries , 2149 S. Grand	776-1410
Provides Single Parents' Support Group with special education programs.	
Legal Advocates for Abused Women	535-5229
Advocacy for victims abuse - provides legal advocacy for victims of abuse.	
Good Shepherd Children & Family Services	854-5700
Parents As Teachers , 516 Loughborough	771-4626
At the Carondelet Area Community School	353-1599
Provides services to answer the needs of women who are mothers through group discussions, lectures and workshops; referral services in the area of physical and mental health, social services and counseling; drop-in service and child care program.	
Forest Park Counseling Department	644-9262
Free services to identify skills, interests and abilities; explore current labor market info; learn about non-traditional jobs/training opportunities and how to conduct creative job search. Skill training in certain occupational areas available at nominal fees.	
O.W.L. - Older Women's League , 438 N. Skinker	725-5862
Women's Safe House	772-4535
For women in crisis and their children. Group and individual counseling.	

Women's Support and Community Services	646-7500
24-Hour Hotline	531-2003
Provides services to physically, sexually and emotionally abused women including victims of rape or incest. Support groups; court advocates. Referrals for housing and further counseling.	
The Women's Safehouse	772-4535
P.O. Box 63010, St. Louis 63163.	
Shelter and support for battered women and their children.	
YWCA Women's Resource Center	726-6665

YOUTH PROGRAMS

Boys Club of St. Louis	772-5661
Girls Inc. of St. Louis	385-8088
Missouri Botanical Garden	577-5140
Offers many exciting hands-on and experience-oriented programs and activities in areas of Science, Ecology and Natural History for different age groups of young people 4 through 18.	
YMCA Monsanto Family Center, 5555 Page	367-4646
YWCA (Metro)	531-1115

— IMPORTANT PHONE NUMBERS —

ACORN	531-7023
Alliance for Animal Legislation	994-1000
Alzheimer's Disease Association	432-3422
American Red Cross	658-2000
Arts and Education Council	535-3600
Blind and Physically Handicapped Library Services	1-800-392-2614
Bus and Metrolink Information	231-2345
Civil Rights Enforcement Agency	622-3301
Connect Care	361-2273
Consumer Fraud Hotline	1-800-392-8222
Driver's License Exam, 4626 S. Kingshighway	752-3177
Drug Abuse Help: BASIC	621-9009
Emergency Services (Connect Regional)	361-2273
Election Board	622-4336
Federal Information Center	1-800-688-9889
Federal Tax Forms (ordering)	1-800-829-1040
Food Stamps	426-9600
Forest Releaf	533-5323
Health Department	615-0600
Hearing and Speech Centers	968-4760
Immigration and Naturalization	1-800-375-5283
International Institute	773-9090
Jury Supervisor's Office	622-4457
League of Women Voters	961-6869

Legislative Hotline (Public Library)	539-0376
Lost Pets - Humane Society	647-8800
Animal Protective Association	645-4610
City Pound	353-5838
Marriage License Bureau	622-3257
Mental Health America of Eastern Missouri	773-1399
Missouri Botanical Garden	577-5100
Missouri Botanical Garden Answering Service	577-5143
Missouri Department of Transportation	340-4100
Motor Vehicle Licensing, 4628 S. Kingshighway	481-8668
NAACP	361-8600
Narcotics Anonymous	830-3232
Police, Central Patrol, 919 N. Jefferson	444-2500
Police, South Patrol, 3157 Sublette	444-0100
Police, North Patrol, 4014 N. Union	444-0001
Postal Service Offices	1-800-275-8777
Rabies Control	353-5838
RCGA (Chamber of Commerce)	231-5555
Safe Connections Crisis Hotline	531-2003
Statewide Road Conditions Hotline	1-800-222-6400
STD (Sexually Transmitted Diseases)	
Info (City Health Div.)	612-5200
National Hotline (STD & AIDS)	(919) 361-8488
STL Association for Gifted Children	878-5029
STL City Office on the Disabled	622-3686
SIDS (Sudden Infant Death Program)	1-800-221-7437
Suicide/Crisis Intervention	647-4357
Tourist Information	869-7100
Tower Grove Park	771-2679
Traffic Violation Bureau	622-3577
Unclaimed Property	(573) 751-0123
Urban League	615-3600
Zip Code Information	1-800-ASK-USPS

VISIT THE SENATE HOME PAGE

www.senate.mo.gov



LINKS TO THE HOUSE OF REPRESENTATIVES, STATEWIDE ELECTED OFFICIALS AND ALL STATE DEPARTMENTS CAN BE ACCESSED AT THIS INTERNET ADDRESS

The Missouri Senate web page offers you current bill status information, committee lists, session schedules, legislative calendars, daily journals, links to each senator's web page and much more.

LIVE DEBATE

Through a link on the Senate web page you can listen to live debate while the Senate is in session. A link to House debate is also available.



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