



**2009
Community
Services
Directory**

*Compliments of
Senator
Rita Heard Days
14th Senatorial District*

EMERGENCY SERVICES

**FOR ALL AMBULANCE,
FIRE OR POLICE EMERGENCIES**

DIAL 911

For your safety and convenience, St. Louis City and County have consolidated their respective emergency numbers and established a 911 emergency number. At any time of the day or night, you may contact needed emergency services simply by dialing 911 and giving the following information:

1. Nature of the emergency.
2. Exact location - street address, community.
3. Number of the phone from which you are calling.

Poison Control (314) 772-5200
Arson Alert Program 1-800-392-7766

◆ POLICE ◆

St. Louis County (314) 889-2341
Municipalities See name of city, page 28

◆ STATE HIGHWAY PATROL ◆

Troop C - St. Louis County (314) 340-4000
599 Mason Road, St. Louis, MO 63141
Highway Patrol Road Conditions 1-800-222-6400

◆ CRISIS HOTLINES ◆

Alcohol Drug Interventions & Drug Treatment Referrals 1-888-762-3750
Boys Town Suicide and Crisis Line 1-800-448-3000
Center for Women in Transition (314) 771-5207
Child Abuse & Neglect Hotline (24 hours) 1-800-392-3738
Elderly Abuse Hotline 1-800-392-0210
St. Louis County (314) 615-8086
KUTO (Teen Suicide) Business Office (314) 963-7571
(after 4:00 p.m.) (314) 644-5886
Life Crisis Services, Inc. (24 Hours) (Adults) (314) 647-4357
Suicide Crisis and Referral Center
1423 S. Big Bend Blvd., 63117 (Office) (314) 647-3100
Rape Hotline (314) 531 RAPE (7273)
St. Louis Housing Resource Center (Homeless Hotline) (314) 802-5444
Safe Connections (314) 531-2003
Youth Emergency Service Hotline (314) 727-6294



Dear Friends,

There are many resources available to Missouri citizens through state and local agencies. However, in many cases, people fail to take advantage of these services because they are unfamiliar with existing organizations and the programs they offer.

I am pleased to provide an information directory for your reference and convenience. This guide includes phone numbers, addresses and other pertinent data that you may find helpful.

If you don't find the information you need — or if you have a question about state government, legislation or the legislature — please feel free to write or call. It is my pleasure to serve you!

Sincerely,

A handwritten signature in cursive script that reads "Rita".

Rita Heard Days
State Senator
14th Senatorial District

CAPITOL OFFICE:
State Capitol, Room 220
Jefferson City, MO 65101
(573) 751-4106
FAX: (573) 751-0467

DISTRICT OFFICE:
7309 Natural Bridge Rd., Ste. 204
St. Louis, MO 63121
(314) 877-2650
FAX: (573) 877-2650

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WHEN YOU NEED HELP

◆ ALCOHOLISM AND DRUG ABUSE ◆

- Alcoholics Anonymous** (314) 647-3677
2683 Big Bend Blvd., 63143
- Alcohol & Drug Abuse Referral Hotline** 1-800-252-6465
- Al-Anon & Alateen** (314) 645-1572
- Eastern Region of Alcohol & Drug Abuse** (314) 877-0370
Dept. of Mental Health, Div. of Alcohol & Drug Abuse
5400 Arsenal St., Mail Slot A-419, 63139
- Harbor Light** (314) 652-3310
3010 Washington, 63103
- St. Louis Area National Council on**..... (314) 962-3456
Alcoholism & Drug Abuse(314) 652-3310
8790 Manchester, 63144

◆ CHILDREN & FAMILY SERVICES ◆

- American Red Cross — St. Louis Area Chapter** (314) 516-2800
- Annie Malone Children & Family** (314) 531-0120
- Child Abuse Counseling** (314) 534-9350
3309 S. Kingshighway, 63139
- Child Abuse & Neglect** 1-800-392-3738
- Child Day Care Association** (314) 531-1412
- Citizens for Missouri's Children**..... 314-647-2003
- Department of Family Services-Information Line** 1-800-392-1261
- DIAL HELP (Catholic Charities)** (314) 371-4357
Provides services to children, seniors, families, including counseling, emergency shelter for victims of abuse or neglect, employment preparation & others.
- Division of Child Support Enforcement** see Page 26
- Division of Family Services, Children Services** (314) 426-8401
- Jewish Family and Children's Services** (314) 993-1000
10950 Schuetz Rd., 63146
- Kids in the Middle** (314) 909-9922
- Lutheran Family and Children's Services** (314) 534-1515
- NAACP - St. Louis County Branch** (314) 389-1552
- PAKT**..... (314) 524-2710
Provides emergency assistance for basic needs; health services, youth after school programs and recreational and community outreach to individuals and families.
- Parents as Teachers National Center** (314) 432-4330

St. Louis Children's Hospital at

Washington Univ./BJC Health System (314) 454-6000
Pediatric Answer Line (314) 454-KIDS
or 1-800-678-5437

St. Louis County Human Services (314) 615-4453
(CORP, Youth & Veterans' Programs)..... TTY (314) 615-4425

Salvation Army Family Haven (314) 423-7770
10740 West Page Ave.

United Way of Greater St. Louis..... (314) 421-0700

Urban League of Metropolitan St. Louis (314) 615-3600
Offers many services to the community, including, cultural enrichment, education,
employment, housing, health services and research.

Youth Emergency Service (314) 862-1334
24 Hour Hotline (314) 727-6294
6816 Washington Ave. (Counseling, temporary housing for runaways)
St. Louis, MO 63130

◆ CONSUMER PROTECTION ◆

Auto Safety Hotline 1-800-424-9393
Learn about recalls or report hazardous aspects of a car.

Better Business Bureau (314) 645-3300

Consumer Credit Counseling Services (314) 647-9004
1300 Hampton, 63139

Consumer Credit Counseling, SW 1-800-876-7069

Consumer Credit Reports

Individuals can check their credit status. A fee may be charged for the
service. 1-877-322-8228

Missouri Consumer Protection Hotline 1-800-392-8222

Missouri Dept. of Insurance Consumer Information 1-800-726-7390



**To add your name to the Missouri No Call List:
Call toll free 1-866-662-2551 or
Visit the No Call website www.moago.org.**

Office of the Missouri Attorney General,

Consumer Protection Division, St. Louis (314) 340-6815

Office of the U.S. Attorney General,

U.S. Consumer Product Safety Commission 1-800-638-2772

◆ COUNSELING SERVICES ◆

Abortion Alternatives (Birthright Counseling)	(314) 962-5300
Alcoholics Anonymous	(314) 647-3677
Al-Anon and Al-Ateen	(314) 645-1572
Child Abuse Counseling & Family Therapy	(314) 534-9350
Gamblers Anonymous	(314) 374-6442
Life Crisis Services	(314) 647-4357
ParentLink	1-800-552-8522
Planned Parenthood & Reproductive Health Services of St. Louis	
(Abortion Information & Counseling Service)	(314) 531-9684
Provident Counseling	(314) 371-6500
Information and Referral Service - United Way	(314) 421-4636
St. Vincent de Paul Criminal Justice Ministry	(314) 881-6023
Victim Service Division	(314) 615-4872
Vocational Rehabilitation (see next page for locations and phone numbers.)	
Women's Self-Help Center (24 hours) (same as Rape Hotline)	(314) 531-2003
(Emergency assistance for rape and abuse victims)	
Youth Emergency Service (YES)	(314) 862-1334
6816 Washington, 63130	
Hotline	(314) 727-6294
	1-800-899-KIDS

◆ DISABLED CITIZENS SERVICES ◆

Deaf Contact (Relay Missouri)	(Voice) 1-800-735-2466
TDD	1-800-735-2966
Delta Gamma Center for Children with Visual Impairment	(314) 776-1300
5030 McRee, 63110	
St. Louis Arc	(314) 569-2211
1816 Lackland Hill Parkway, Ste. 200, 63146	
Disability Determination Services	(314) 416-2803
7525 South Lindbergh, Ste. 220	
MERS/Missouri Goodwill Industries	VOICE (314) 241-3464
1727 Locust St., 63103	TTY (314) 241-4645
Governor's Council on Disability	1-800-877-8249
P.O. Box 1668, 3315 W. Truman Blvd., Jefferson City, MO 65102	
Jamestown New Horizons - Riding for the Disabled	(314) 741-5816
15350 Old Jamestown Rd., 63034	
(Provides horsemanship experience for the mentally & physically disabled - all ages)	

Life Crisis Services

1423 S. Big Bend Blvd., 63117 Hotline (314) 647-4357
Business Office(314) 647-3100

Metropolitan Employment &

Rehabilitation Services (MERS)(314) 831-6194
165 Cross Keys Shopping Center, 63033

Missouri Head Injury Advisory Council (573) 751-6246

Missouri Protection & Advocacy Services (314) 785-1702
1992 Innerbelt Business Center Dr., 63114 1-800-233-3958

Missouri State School for the Blind (314) 776-4320
3815 Magnolia, 63110

Paraquad, Inc. (314) 289-4200
5240 Oakland Ave., 63110 TDY (314) 289-4252

Minds Eye Information Services (314) 241-3400
9541 Church Circle Dr., Belleville, IL 62223 ext. 6221
Provides, at no charge, special radio receivers that broadcast useful information
to the blind and print handicapped newspapers and other periodicals

Rehabilitation Services for Blind(314) 877-1532
9900 Page Ave., Ste. 105, 63132-1431 TTY (314) 877-1546

St. Louis Association for Retarded Citizens (SLARC) (314) 569-2211
1816 Lackland Hill Pkwy, Suite 200, 63146

Brain Injury Association of Missouri (314) 423-6442
10270 Page., Ste., 100, 63132

Central Institute for the Deaf (314) 977-0132
4560 Clayton Ave., 63110 TDD (314) 977-0037

Center for Hearing and Speech (314) 968-4710
9835 Manchester Rd., 63119

St. Louis Society for the Blind and Visually Impaired (314) 968-9000
8770 Manchester, 63144

Transportation - Mid-East Area Agency on Aging (636) 207-1323
14535 Manchester, Manchester, MO 63011

Vocational Rehabilitation

220 S. Jefferson St., Ste. 110, 63103 (314) 877-2940
3248 Laclede Station Rd., 63143 (314) 877-1900
990 Page Ave., Ste. 104, 63132 (314) 877-1500
4040 Seven Hills Dr., Suite 257, Florissant 63033 (314) 877-3200

Wolfner Library for the Blind & Physically Handicapped 1-800-392-2614

◆ EDUCATION ◆

SCHOOL DISTRICTS IN THE 14TH SENATE DISTRICT

Ferguson-Florissant	(314) 506-9000
Administration Center - 1005 Waterford Dr., 63033-3694	
Hazelwood	(314) 953-5000
Administration Building - 15955 New Halls Ferry Rd., 63031-1227	
Normandy	(314) 493-0400
Superintendent's Office - 3855 Lucas & Hunt, 63121	
Pattonville R III	(314) 213-8001
11097 St. Charles Rd., 63074-1509	
Ritenour	(314) 493-6010
Superintendent's Office - 2420 Woodson Rd., 63114-5423	
Special School District	(314) 989-8100
Administration Offices - 12110 Clayton Rd., 63131-2516	
University City	(314) 290-4000
Administration Offices - 8346 Delcrest Dr., 63124-2167	
Wellston	(314) 290-7900
Administration Building - 6574 St. Louis Ave., 63121-5725	

◆ HIGHER EDUCATION ◆

Educational Opportunity Center	(314) 385-4005
Federal student college aid information	
University of Missouri-St. Louis	(314) 516-5000
8001 Natural Bridge Rd., 63121	
Optometry Clinic, 152 Marillac Hall	(314) 516-5131
Washington University Hilltop Campus (314) 935-6000	
One Brookings Drive, 63130	
Saint Louis University, Frost Campus	(314) 977-2222
Health & Science Ctr. (Gen. Info).....	(314) 577-8000
3635 Vista & Grand, 63110	
St. Louis Community College	(314) 539-5000
College Center - 300 South Broadway, 63102	
Florissant Valley, 3400 Pershall Rd., 63135	(314) 513-4200
Forest Park , 5600 Oakland Ave., 63110	(314) 644-9100
Continuing Education Dept.	(314) 644-9175
Meramec, 11333 Big Bend Blvd., 63122.....	(314) 984-7500
MOSTARS (Mo. Student Loan Information)	1-800-473-6757

◆ EMPLOYMENT ◆

For information about jobs or job training, contact the agencies below. programs include payment of unemployment benefits to persons temporarily out of work; bringing people and jobs together; and employment counseling, testing and training.

Equal Employment Opportunity Commission (314) 539-7800
1222 Spruce, Rm 8100, 63103

Job Corps (314) 679-0300
4333 Goodfellow, 63120 Ages 16 through 24

Missouri Commission on Human Rights (314) 340-7590
505 Washington, 63101
Missouri Department of Economic Development
Div. of Workforce Development (MO Career Centers)
4811 Delmar Blvd, 63108.....(314) 877-0916
2780 N. Lindbergh Blvd., 63114

Missouri Division of Workers' Compensation (314) 340-6865
Adjudication services for disputed workers' cases between workers and their employers/insurance carriers. Fraud and noncompliance investigations. Workplace safety. Crime victims compensation.

Missouri Div. of Labor Standards
3315 W. Truman, Jefferson City 65102
Information on wages, hours, dismissal rights (573) 751-3403

Missouri State Board of Mediation(573) 751-4091
Determine bargaining units and hold elections for public employees.

OSHA-Occupational Safety & Health Adm. 1-800-392-7743

United Way of Greater St. Louis (314) 421-0700
(Refers person seeking help with employment to a number of agencies)
1111 Olive St., 63101

Vocational Rehabilitation (see page 8 for locations and phone numbers)

Jim Casey Youth Opportunities Initiative..... (314) 863-7000
222 S. Central, Ste. 305, 63105

◆ ENVIRONMENTAL & RECYCLING ◆ INFORMATION

◆ ENVIRONMENT & CONSERVATION ◆

Audubon Society (314) 599-7390

Coalition for the Environment (314) 727-0600
6267 Delmar Blvd., Ste. 2-E, 63130

DNR Resource Information Hotline	1-800-361-4827
Guardian Angels	(314) 231-3188
Environmental Defense Fund	1-800-684-3322
(For additional information regarding recycling)	
Gateway Greening, Inc.	(314) 588-9600
Metropolitan Sewer District Household Hazardous Waste	(314) 768-2727
(This is an information line where constituents can leave their name and number and a representative will get back to them.)	
Missouri Department of Conservation	(314) 301-1500
Missouri Department of Natural Resources Hotline	1-800-334-6946
For information about a variety of topics concerning the environment, energy and state parks	
St. Louis Office	(314) 416-2960
Missouri Public Interest Research Group (MOPIRG)	(314) 454-9560
National Pesticide Telecommunications Network	1-800-858-7378
National Wildlife Federation	1-800-822-9919
Open Space Council - St. Louis Region	
c/o Lee Learning Center, 4475 Castleman Ave., 63110.....	(636) 451-6090
Sierra Club - Ozark Chapter (Eastern Missouri Group)	(314) 644-0890
Sierra Club (Legislative Hotline)	(202) 675-2394
Solid Waste Coordinator St. Louis Co Health Department	(314) 615-0600
(The County Solid Waste Coordinator's office provides up-to-date recycling locations and compost facilities currently in operation.)	

◆ MUNICIPAL CURBSIDE RECYCLING ◆

Many cities in the 14th District offer curbside recycling. To see if curbside recycling is available or to obtain more information, contact your city hall.

Municipal Drop Off Recycling Centers

University City: Drop off:

975 Pennsylvania Avenue

- ◆ # 1 & # 2 Plastic
- ◆ Glass
- ◆ Steel & aluminum cans (co-mingle section)
- ◆ Corrugated cardboard (flattened)
- ◆ Newspaper, junk mail, office paper, magazines (yellow & green container)
- ◆ Textiles i.e. old clothes, rugs, curtains, bedding, anything not soiled (plain yellow container)

Jennings:

Recycling Center, 8937 Old Lucas & Hunt, 63136(314) 869-3443

Florissant:

St. Ferdinand Parkway -- Mon.-Fri., 9 am - 6 pm; Sat. 10 am - 2 pm

◆ FOOD AND SHELTER ◆

- American Red Cross** (314) 516-2800
10195 Corporate Square, 63132-2905
- Community Action Agency of St. Louis, Inc.** (314) 863-0015
2709 Woodson Rd, 63114
- Community in Partnership Family Center** (314) 423-7770
10740 W. Page, 63132-1016
- Food Stamps** 1-800-392-1261
- Ladies of Charity Service Center Caritas** (314) 383-4207
7500 Natural Bridge Rd., Serves Zip Codes: 63120 and 63121
Thrift store: Tues - Sat 10:00 - 2:00Food Pantry: Wed & Fri 10:00 - 2:00
- Metro Ministry** (314) 534-1010
1040 S. Taylor, 63110
- New Life Evangelistic Men’s Shelter** (314) 421-3020
1411 Locust, 63103
- New Life Evangelistic Women’s Shelter**
County-9221 Delphine ans. machine (314) 421-3020 or (314) 832-3615
- Operation Food Search**.....(314) 726-5355
- St. Philippine Emergency Shelter** (314) 454-1012
1015 Goodfellow Blvd., 63112 -- Provides food and shelter
- St. Louis County Human Services** (314) 615-4453
TTY (314) 615-4425
- St. Louis Housing Resource Center** (Homeless Hotline) (314) 802-5444
(Other Bus.) (314) 802-5440
TTY (314) 802-5438

◆ HEALTH RELATED SERVICES ◆

- Alzheimer’s Association** 1-800-980-9080
St. Louis Chapter, 9374 Olive Blvd., 63132 (314) 432-3422
- ALS Association**(314) 432-2991
2258 Weldon Parkway, 63146 1-888-873-8539
- Birth & Death Records**(314) 615-1720
111 S. Meramec, 1st Floor
- Missouri Dept. of Health-Vital Records**(573) 751-6400
- Cancer Information** 1-800-422-6237
- Health Education & Disease Prevention**(314) 615-0600

John C. Murphy Family Health Center and Medical Examiners Office

6065 Helen, 63134..... (314) 522-6410

Pine Lawn Health Center(314) 679-7800

4000 Jennings Station Road, 63121

PAKT Community Resource Center (314) 524-2710

Public Health Sanitation (314) 615-0600

(Enforces ordinances and standards for food, pools and sewage)

Vector Control (mosquito and rodent control.)(314) 615-8935

Salvation Army (314) 535-0057

3949 Forest Park Ave.

St. Louis County Department of Health (314) 615-0600

Tel-Link (Pre-natal care referrals) MO Dept. of Health 1-800-835-5465

✧ **MEDICARE** ✧

If you are eligible for Social Security monthly benefits and 65 or older, you are also eligible for Medicare for health benefits. There is no cost to you for the hospital part of Medicare (Part A), which pays for a large portion of any hospitalization you may require.

You may check on Medicare benefits with the Social Security Administration at 1-800-772-1213

TTY 1-800-325-0778

www.ssa.gov

Local Social Security Offices:

5669 Delmar Blvd.

8151 Clayton Road

815 Olive Street

1785 N. New Florissant Rd.

9525 Lewis & Clark Blvd.

✧ **MEDICAID** ✧

Medicaid is a health assistance program administered by the state according to certain federal guidelines. Benefits are available to persons who are temporarily or permanently disabled, as well as low-income families and others.

Medicaid pays for visits to the doctor; immunization against diseases such as measles, tetanus and polio; ambulance services in case of emergency; in-patient hospital care; yearly eye examinations; children’s glasses; laboratory and X-ray services; home health care services; family planning services; certain dental work and certain prescriptions and nursing home care for eligible recipients.

Division of Family Services - Income Maintenance (314) 426-9600

9900 Page, 63132

✧ **PREGNANCY COUNSELING** ✧

Abortion Alternatives (314) 962-5300

Birthright Counseling

2206 South Brentwood, 63144

Planned Parenthood & Reproductive Health Services of St. Louis

(Abortion Information & Counseling Service) (314) 531-7526
4251 Forest Park Ave.

◆ HOSPITALS ◆

Barnes-Jewish Hospital (314) 362-5000
#1 Barnes-Jewish Hospital Plaza, 63110

Barnes West County Hospital /BJC Health System (314) 996-8000
12634 Olive Blvd., 63104.....or (314) 996-8410

Cardinal Glennon Children’s Hospital (314) 577-5600
1465 S. Grand Ave. (Poison Control) (314) 772-5200

Christian Hospital (Northwest)/BJC Health System (314) 953-6000
1225 Graham Rd., 63031

(Northeast) 11133 Dunn Rd., 63136 (314) 653-5000

Forest Park Hospital (314) 768-3000
6150 Oakland Ave., 63134

DePaul Health Center (314) 344-6000
12303 DePaul Drive, Bridgeton 63044

Barnes Jewish Hospital/BJC Health System (314) 747-3000
#1 Barnes Jewish Hospital Plaza, 63110

St. Alexis Hospital (Jefferson Campus) (314) 268-6000
2639 Miami St., 63118

Missouri Baptist Medical Center/BJC Health System (314) 996-5000
3015 N. Ballas Rd.

St. Anthony’s Medical Center (314) 525-1000
10010 Kennerly Rd., 63128

St. John’s Mercy Medical Center (314) 569-6000
615 S. New Ballas Rd., Creve Coeur, 63141

St. Joseph’s Hospital of Kirkwood (314) 966-1500
525 Couch Ave., 63122

**St. Louis Children’s Hospital at
Washington Univ./BJC Health System** (314) 454-6000

One Childrens Place, 63110
Pediatric Answer Line (314) 454-KIDS

St. Louis Connectcare (314) 361-2273
5535 Delmar Blvd.

St. Louis University Hospital (314) 577-8000
3635 Vista at Grand, 63104

- St. Luke's Hospital** (314) 434-1500
232 S. Woods Mill Rd., Chesterfield, 63017
- St. Mary's Health Center** (314) 768-8000
6420 Clayton Rd., Richmond Heights, 63117
- Shriner's Hospital for Crippled Children** (314) 432-3600
2001 S. Lindbergh
- Veterans Administration Hospitals**
- John Cochran Hospital** (314) 289-6459
915 North Grand, 63106
- Jefferson Barracks Hospital** (314) 652-4100
#1 Jefferson Barracks Drive, St. Louis, MO 63125

◆ HOUSING ◆

- Beyond Housing**.....(314) 533-0600
4156 Manchester Ave., 63110
- Community Action Agency of St. Louis, Inc.** (314) 863-0015
- Housing Authority - St. Louis County** (314) 428-3200
- Home Improvement Grants (North County)** (314) 615-8232
- Neighborhood Housing Services of St. Louis**.....(314) 533-0600
(Insurance counseling for homeowners and renters; neighborhood revitalization programs; and educational program for people who want to become homeowners)
- Salvation Army - Transitional Housing Program**.....(314) 776-0688

◆ INSURANCE ◆

The Missouri Department of Insurance is responsible for investigating rates, claims concerning adjustment practices and answering inquiries of concern. Homeowners, automobile and long term care guides are available upon request.

Department of Insurance 1-800-726-7390
P.O. Box 690, Jefferson City, MO 65102

- Missouri Division of Insurance**(314) 340-6830
111 North 7th Street, St. Louis, MO 63101 Mon. - Fri., 8:00 a.m. to 5:00 p.m.
- Missouri Health Insurance Pool** 1-800-843-6447

◆ LEGAL SERVICES ◆

All citizens have a right to legal counsel regardless of their ability to pay. If you have a question about Missouri's laws or need legal advice, please contact one of the agencies or organizations listed below:

- Public Defender - St. Louis County** (314) 615-4778
100 S. Central, 2nd Floor, 63105

- Lawyer Referral Service**(314) 621-6681
 Can assist in locating an attorney. Small fee.
- Legal Services of Eastern Missouri** (314) 534-4200
 4232 Forest Park Ave., 63108 or 1-800-444-0514
 (Handles cases with consumer, landlord-tenant, and other problems for low-income clients who are eligible; and for the elderly, free of charge)
- Gateway Legal Services**.....(314) 534-0404
 200 N. Broadway, Ste. 950, 63102
 Provides legal services to lower income persons. They handle Social Security cases and have experience with Medicaid, general relief, food stamps, consumer law and bankruptcy. Reduced fees may apply.
- Missouri Commission on Human Rights** (314) 340-7590
 505 Washington, 63101
- Missouri Protection & Advocacy Services** (314) 785-1702
 2941 S. Brentwood Blvd., 63144
 (Services limited to people with developmental disabilities.)
- Small Claims Information Line** (314) 615-8091
 7900 Carondelet, Room 224, 63105
 (Provides easy, inexpensive way to file a claim for \$3,000 or less)
- Victims Service Division**(314) 615-4872
 St. Louis County Prosecuting Attorney's Office--1st Floor, 7900 Carondelet, 63105
 (Serves victims in St. Louis County - guides them through social service and criminal justice systems, accompanies them during court appearances, helps replace food stamps, credit cards and personal papers, offers emotional support, works with orders of protection through domestic violence, provides services to victims in juvenile courts)

◆ **MENTAL HEALTH SERVICES** ◆

- BJC Behavior Health Services** (314) 729-4004
 343 S. Kirkwood Rd, Ste. 200, Kirkwood 63122
- Barnes Jewish Hospital** (314) 747-3000
 216 S. Kingshighway, 63110
- Bellefontaine Habilitation Center** (314) 340-6000
 10695 Bellefontaine Road, St. Louis 63137
- Div. Of Alcohol & Drug Abuse Regional Office** (314) 877-0370
 5400 Arsenal St., Room A-419, St. Louis 63139
- Hawthorne Children's Psychiatric Hospital** (314) 512-7800
 1901 Pennsylvania, St. Louis 63133
- Mental Health Assn. Of Greater St. Louis** (314) 773-1399
 1905 S. Grand Blvd., 63104

State Senator Rita Heard Days

These inside pages of my 2009 Community Services Directory contain information about bills I worked on in the General Assembly this year, as well as information about how your tax dollars are working for you.

Please feel free to contact me about legislative issues that are important to you. It is an honor and privilege to serve you and represent your interests in the Missouri Senate.



Educational Matters

Instituting Major Reforms for Schools Across Our State

Senate Bill 291 makes sweeping reforms to our state's education system. I sponsored one provision in the bill that allows school districts in Missouri to maintain permanent records in a digital or electronic format.

Other reforms include ensuring Proposition A money (repeal of casino loss limits) goes toward schools, and creating the Missouri Senior Cadets Program and the School Flex Program.

Senate Bill 291 will also require each public school to develop teaching standards by June 30, 2010. According to the legislation, teachers must have students actively participate and be successful in the learning process; create forms of assessment to monitor and manage student learning; be prepared and knowledgeable of content; maintain students' on-task behavior; stay current on instructional knowledge; and act in a responsible and professional manner.

“

It's important that we make improvements to our current educational system. And we can only do that through legislation. ”



Making Every Cent Count



With a constitutionally mandated budget deadline of May 8, 2009, my colleagues and I worked diligently for the citizens we represent in our district to create a fiscally responsible budget.

House Bills 1-13 make up the state's budget (which begins July 1, 2009). These House bills allocate funds to specific state programs and departments. For example, House Bill 2 appropriates money to elementary and secondary education and House Bill 11 allocates funds to the Department of Social Services.

The FY 2010 budget contained a \$63 million increase for our state's

K-12 school foundation formula while fully funding the formula for the fourth year in a row.

The budget also includes an increase in higher education, funding for health care services, and money designated toward projects that will help create jobs and improve our state's infrastructure.

It also includes the largest budget reserve totalling \$966 million for spending in future budget years.

How Our State Dollars Work For You

The projects below are included in the FY 2010 operating budget regarding education, health care services, and historic sites, parks, and other recreational items for the St. Louis area.

- \$674.5 million - K-12 schools
- \$50.1 million - St. Louis Community College
- \$20.3 million - St. Louis Psychiatric Rehabilitation Center
- \$18.6 million - St. Louis Developmental Disabilities Treatment Center
- \$17.7 million - Bellefontaine Habilitation Center
- \$16.2 million - St. Louis Veterans Home
- \$15.1 million - Metro St. Louis Psychiatric Center
- \$12 million - Regional Convention & Sports Complex Authority (Dome)
- \$10.9 million - Harris Stowe-State University
- \$682,400 - Babler State Park
- \$570,532 - Cuivre River State Park
- \$292,946 - Mastodon State Historic Site
- \$257,614 - Route 66 State Park
- \$223,722 - Scott Joplin House State Historic Site
- \$201,372 - First Missouri State Capitol State Historic Site

Distribution of Each Tax Dollar

FY 2010 Missouri Operating Budget

All Funds: \$23.110 Billion

- 1 - Judiciary, Public Safety & Corrections (6.08¢)
- 2 - Public Debt (0.40¢)
- 3 - Health & Mental Health (9.11¢)
- 4 - All Other Agencies* (4.52¢)
- 5 - Economic Development, Labor & Insurance (2.19¢)
- 6 - Agriculture, Conservation & Natural Resources (2.29¢)
- 7 - Social Services (32.34¢)
- 8 - Employee Benefits (4.13¢)
- 9 - Highways & Transportation (9.81¢)
- 10 - Desegregation Settlement (0.04¢)
- 11 - Elementary & Secondary Education (23.43¢)
- 12 - Higher Education (5.66¢)

* Revenue, Office of Administration, Elected Officials,
General Assembly, Real Estate



Source: Missouri Senate Appropriations Committee

Sen. Days' Sponsored Bills:

- SB 20 - Amends laws relating to unsecured loans of \$500 or less.
- SB 21 - Creates an advance voting system for elections.
- SB 22- Modifies the ballot requirements for elections.
- SB 53- Allows adopted persons 18 and over to obtain copies of their original birth certificate under certain circumstances.
- SB 54- Authorizes a court to appoint a standby guardian for a minor or an incapacitated adult.
- SB 55- Modifies provisions relating to education.
- SB 320- Requires health carriers to provide coverage for prosthetic devices under certain conditions.
- SB 321 - Creates a commission to study the death penalty in Missouri.
- SB 443 - Allows the State Board of Education to make modifications to a Special Administrative Board that is governing a lapsed school district.
- SB 463- Requires health carriers to provide coverage for the treatment and diagnosis of eating disorders.
- SB 535- Creates the crime of breaching airport security.
- HB 272 (managed in the Senate) - Establishes the Alzheimer's State Plan Task Force (see box at right).



Alzheimer's is a progressive and fatal brain disease. According to the Alzheimer's Association, approximately 5.3 million citizens in the United States are living with this devastating disease.

The Legislature has recognized the crucial need to study the effects of Alzheimer's on our state's citizens. A bill I handled in the Senate, House Bill 272, does just that.

An 18-member task force created by the bill will assess the current and future impact of Alzheimer's disease and related symptoms on Missourians; examine the existing services and resources for those diagnosed with dementia, their families, and caregivers; and develop recommendations to respond to the escalating public health situation regarding Alzheimer's disease.

With the creation of this task force, Missouri will join a worldwide effort to find new and better ways to treat this disease that affects so many.

- St. Louis Psychiatric Rehabilitation Center** (314) 877-6500
5300 Arsenal St., St. Louis 63139
- St. Louis Regional Center** (314) 340-6500
211 N. Lindbergh, St. Louis 63141
- St. Louis Developmental Disabilities Treatment Centers** (314) 340-6702
211 N. Lindbergh, St. Louis 63141
- Provident Counseling**(314) 371-6500
2650 Olive St.

◆ SENIOR CITIZEN SERVICES ◆

◇ MEDICARE/SOCIAL SECURITY ◇

If you are eligible for Social Security monthly benefits and 65 or older, you are also eligible for Medicare for health benefits. There is no cost to you for the hospital part of Medicare (Part A), which pays for a large portion of any hospitalization you may require.

You may check on Medicare benefits with the Social Security Administration at..... 1-800-772-1213

www.ssa.gov

Local Social Security Offices:

- 5669 Delmar Blvd. 8151 Clayton Road
- 815 Olive Street 1785 N. New Florissant Rd.
- 9525 Lewis & Clark Blvd.

◇ MEDICAID ◇

Medicaid is a health assistance program administered by the state according to certain federal guidelines. Benefits are available to persons who are temporarily or permanently disabled, as well as low-income families and others.

Medicaid pays for visits to the doctor; immunization against diseases such as measles, tetanus and polio; ambulance services in case of emergency; in-patient hospital care; yearly eye examinations; children’s glasses; laboratory and X-ray services; home health care services; family planning services; certain dental work and certain prescriptions and nursing home care for eligible recipients.

For more information, contact:

Division of Family Services - Income Maintenance (314) 426-9600
9900 Page, 63132

◇ PRESCRIPTION DRUGS FOR LOW INCOME SENIORS ◇

Missouri Rx Program 1-800-375-1406

www.morx.mo.gov

You May Be Eligible If You Are:

- A resident of the State of Missouri; and
- 65 years of age or older and enrolled in Medicare; or age 18 – 64, disabled and enrolled in Medicare; and
- Single with an annual gross income of \$19,600 or less; or married with an annual gross income of \$26,400 or less; and
- Enrolled in a Medicare Prescription Drug Plan (Part D). To learn more about the Part D or to choose and enroll in a Part D plan that’s best for you, visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227) toll-free.

✧ Other information for pharmaceutical assistance:

Prescription Drug Information Assistance (CLAIM)..... 1-800-390-3330

CLAIM assists persons needing prescription drugs to locate appropriate sources for medicines.

Veteran’s Administration 1-877-222-8387

Veterans can call to see if they are eligible for prescription drug benefits

Seniors can ask their physician for free samples. If seniors are not eligible under the Missouri Rx program, they can ask their physician for a 90-day supply that provide a savings.

Many services for senior citizens are available. If you are having problems with utility bills, bus transportation, rent, food stamps, medical care, tax returns, or other things, one of the following agencies may be able to help you.

Adult Abuse 1-800-392-0210

Information regarding abuse, neglect or exploitation of people over 60, handicapped adults between the ages of 18 and 59, or residents in long-term care facilities is relayed to representatives of the Division of Aging for action.

Alzheimer’s Disease and Related Disorders Association

St. Louis Chapter (314) 432-3422

Circuit Breaker (314) 301-1660

Includes questions about Senior Citizen Tax Relief (Circuit Breaker), for retirees 65 or over on rent paid or real estate taxes. For information and tax forms, call or write: 2510 S. Brentwood, Ste. 300, St. Louis 63144.

CORP - County Older Resident Programs (314) 615-4516

Dept. of Health & Senior Services (314) 340-7300

For information on in-home services such as personal care, homemaker assistance, and alternative and institutionalized care for seniors.

North County “Handyman Program”(314) 615-7446

Monday through Friday 8:30 - 12:30

Day Care for Adults

American Red Cross - Adult day care

1625 Washington, Florissant 63033 (314) 921-5118

- Cardinal Ritter Senior Services** (314) 962-7501
7663 Watson Rd., 63119
- JCC Adult Day Services** (314) 442-3245
6 Millstone Campus Dr., Suite 3000
- Long-Term Care Information - Ombudsman** (314) 918-8222
(Options for long-term care facilities; fees; level of care; facility inspection files; Medicare/Medicaid information. Nursing home directories upon request.)
- Older Adult Community Action Program (OACAP)** (314) 993-2671
- Insurance**
- BJC Plus & Oasis** (314) 362-7587
(Help with insurance, Medicare and health care billings age 55 and over. Enrollment .. free. Other services are also available.)
- CLAIM** 1-800-390-3330
(Insurance questions/claims for seniors.)
- Legal Services of Eastern Missouri (Elderly Law Unit)** (314) 534-4200
(Free legal services for the elderly)
- Meals On Wheels - Hot lunches delivered to your home, call** (314) 268-1523
- Mid-East Area Agency on Aging** (314) 869-1450
1570 Chambers Rd., 63136
- National Eye Care Project** 1-800-222-3937
(Professional medical eye care is available for the needy elderly at no cost to the patient, prescription and glasses not included.)
- OATS-Bus Transportation Information** (314) 894-1701
- The Older Women's League (O.W.L.)** (314) 725-5862
(To promote the image and status of mid-life and older women)
- Golden Opportunities** (314) 542-4900
St. Luke's Hospital, 232 S. Woods Mill Rd., 63017
- Visiting Nurse Association** (314) 918-7171

◆ TAXES ◆

Each year new federal and state legislation brings changes in our tax laws. Hopefully, some of these new laws bring tax relief to most, if not all of us. In any event they do make the task of preparing income tax returns a challenging one.

Missouri Department of Revenue

Income Tax Division (314) 877-0178
2510 S. Brentwood, Suite 300, 63144
Mon. - Fri., 8:00 a.m. - 4:30 p.m.

Tax Form Request Hotline 1-800-877-6881

Circuit Breaker Tax Relief for Senior Citizens(314) 615-5500
TTY (314) 615-3746

▼ For help with filing tax returns (no fee for low-income persons), contact

Internal Revenue Service (Voice Recorded Info)..... (314) 612-4002
1222 Spruce St., Rm. 5203, 63103
2218 N. Hwy 67, Florissant

Federal Tax Information 1-800-688-9889
Federal Tax Assistance By Phone 1-800-829-1040

◆ TRANSPORTATION ◆

For information about our state highways, transportation services, law enforcement assistance, or auto and driver's licenses, contact:

MOTOR VEHICLE AND DRIVERS LICENSING

▼ **Department of Revenue - Licensing & Titles**(573) 751-4509
Truman Bldg., Jefferson City, MO 65105
www.dor.mo.gov/mvdl/offloc/

▼ Motor Vehicle & Driver's License Contract Offices

Bridgeton - 12350 Natural Bridge (314) 298-0127
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

Clayton - 32 North Central..... (314) 863-5331
Mon-Fri 9:00 - 5:00; 1st & Last Sat 9:00 - 1:00

Deer Creek - 3238 Laclede Station Rd. (314) 645-1044
Mon-Fri, 8:30 - 5:00; 1st & Last Sat 9:00 - 12:00

Ferguson - 728 S. Florissant Rd. (314) 521-2360
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

Florissant - 620 North Highway 67 (314) 921-3446
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

North County - 10990 New Halls Ferry Rd. (314) 867-3003
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

Olivette - 9652 Olive Street Rd. (314) 692-8222
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

Overland - 9506 Lackland Rd. (314) 890-0860
Mon-Fri 9:00 - 5:00; 1st & Last Sat 9:00 - 1:00

South County - 27 Ronnie's Plaza (314) 843-5223
Mon-Fri 9:00 - 5:00; Sat 9:00 - 1:00

▼ **Motor Vehicle & Driver's License Testing (Highway Patrol)**

- Hazelwood** - 7250 N. Lindbergh, Hazelwood Plaza(314) 731-4418
Mon. - Fri., 7:30 a.m. - 6:00 p.m.
- Ballwin** - 15425 Manchester Rd.(636) 256-3951
#13 Ballwin Plaza Shopping Center
Mon. - Fri., 8:00 a.m. - 5:00 p.m.
- Jennings** - 8501 Lucas & Hunt Rd.(314) 877-2222
Jennings State Office Building
Mon. - Fri., 8:00 a.m. - 5:00 p.m.
- Maplewood** - 3256 Laclede Sta. Rd., Ste 100.....(314) 877-0199
Deer Creek Center
Mon. - Fri., 8:00 a.m. - 5:00 p.m.

✧ **PUBLIC TRANSIT SERVICES** ✧

- AMTRAK** - Information & Reservations 1-800-872-7245
551 S. 16th St.
- Metro Bus Lines** (General Information) (314) 231-2345
transitinformation@metrostlouis.org 707 North 1 Street, St. Louis, 63102
- Call-A-Ride** (314) 534-4144
Metro offers North County residents a ride service. Rides may be scheduled up to 7 days in advance.
- Call-A-Ride Plus/Bi-State** (314) 652-2600
(Transportation for the disabled)
- Handicapped/Mid-East Area Agency on Aging** (636) 207-1323
14535 Manchester Rd., Manchester 63011
- OATS — Bus Transportation Information** (North of 40) (314) 894-0517

✧ **STREET & HIGHWAY INFORMATION** ✧

- Department of Transportation - District 6 Office** (314) 340-4100
1590 Woodlake Dr., Chesterfield, MO 63107
- Traffic Division - City of St. Louis** (314) 647-3111
1900 Hampton Ave., 63139
- St. Louis County Highways and Traffic Dept.** (314) 615-8549
121 S. Meramec, Clayton 63105
- Missouri Department of Transportation**
Customer Service 1-888-275-6636

◆ **UTILITIES/ENERGY INFORMATION** ◆

- Ameren U.E.** (314) 342-1111
(Inquiries about your bill, to obtain meter reading or discuss credit)
Report outage(314) 342-1000

Gas Leaks (Laclede)	(314) 342-0800
Laclede Gas	(314) 621-6960
Community Action Agency of St. Louis, Inc.	(314) 863-0015
(Energy assistance, Weatherization)	(314) 863-0015
Metropolitan Sewer District	(314) 768-6200
(Customer service and credit information)	
Mo American Water Co. (Credit information)	(314) 991-0333
To report leaks (24 hours)	(Ext. 420) (314) 991-3404
AT&T Residential Repair Center (Voice Recorded Message) ..	1-800-246-8464

✧ **NOTICE REQUIRED ON UTILITY CUTOFFS** ✧

During the winter heating season, Missouri gas and electric utilities regulated by the Missouri Public Service Commission must give customers at least ten days written notice before service may be disconnected and additional written or personal contact at least 96 hours prior to disconnection. Additionally, no disconnections may occur on any day in which the temperature is forecast to be below 30 degrees.

These rules, which are in effect between Nov. 1 and March 31, require also that customers whose service is about to be cut off be told that they might qualify for financial aid to help pay their utility bills. Elderly or handicapped customers who register with utilities in advance are given even greater protection by the new rules.

Customers can get more information on these regulations by calling:

Missouri Public Service Commission	1-800-392-4211
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◆ **VETERANS BENEFITS** ◆

The federal government has made many special benefits available to veterans. For questions concerning disability benefits, veterans' pensions, scholarships and loans under the GI Bill, contact a representative of Veterans' Affairs at one of the following locations:

American Red Cross Blood Services	(314) 658-2000
4050 Lindell, 63108	
Missouri Veterans Commission	(573) 751-3779
12 Floor, Jefferson State Office Building.....	1-866-VET-INFO
P.O. Drawer 147, Jefferson City, MO 65102	1-866-838-4636
400 S. 18th St., Room 107, St. Louis, MO 63103-2271	(314) 552-9885
St. Louis County Office of Veterans' Services	(314) 615-4413
121 S. Meramec Ave., Clayton 63105	
North County, 21 Village Sq., Hazelwood 63042	(314) 615-7414
South County, 4546 Lemay Ferry, 63129	(314) 615-4038
Veterans' Benefits	1-800-827-1000
400 S. 18th St., St. Louis, MO 63103	
Education Benefits	1-888-442-4551

Veterans' Administration Hospitals

- John Cochran Hospital** (314) 652-4100
915 North Grand, 63106 1-800-228-5459
- Jefferson Barracks Hospital** (314) 652-4100
#1 Jefferson Barracks Drive, St. Louis, MO 63125

◆ VOLUNTEER ORGANIZATIONS ◆

- Big Brothers Big Sisters**(314) 361-5900
4625 Lindell Blvd., Ste. 501

A Big Brother or Big Sister serves as a friend, role model, mentor and confidant. The focus is on spending time with a child. Ages 5 - 17 served; volunteers need valid drivers license and insurance. Must attend training session.

- Foster Grandparents**(314) 961-8000 ext. 242

If you are 60 years of age or older and have a low income, you can work part-time with children with special needs and receive a stipend of \$2.65 per hour (non-taxable). Call for more information.

- Long Term Care Volunteers**(314) 918-8222

For nursing home advocacy. Available during daytime hours.

- Family & Community Services**(314) 615-4516

Regularly scheduled phone calls between the elderly to make sure all is well.

◆ VOTER REGISTRATION ◆

Voting is the right and responsibility of all qualified citizens. Eligible voters are required to be at least 18 years of age, a resident of the state and a citizen of the United States.

Upon reaching 18 or moving to Missouri, anyone desiring to register to vote can do so by taking valid identification to a local registration location. This must be done by the fourth Wednesday prior to any election in order to vote in that particular election. After registering, you're eligible to vote in any election.

To obtain a list of the registration locations nearest you, contact the St. Louis County Board of Election Commissioners at 314-615-1800. You can register at the election board office and at most libraries, city halls, division of motor vehicle offices and school district offices.

◆ ABSENTEE BALLOTS ◆

County residents can request an absentee ballot by mail, or in person or with the assistance of a relative or a guardian by contacting the St. Louis County Election Board, 12 Sunnen Dr., Maplewood, MO 63143.

LEGISLATIVE INFORMATION

A Toll-Free Phone Call Away

1-800-877-5982



Toll-free assistance is available for state residents. The Senate Communications staff is prepared to answer questions concerning Senate bill status, committee hearings, floor debate, etc. The toll-free number is 1-800-877-5982.

Internet access available on the Senate Home Page:
www.senate.mo.gov

GOVERNMENT OFFICES

▼ To learn who the elected officials are for your area, call:

County Election Board (314) 615-1800
League of Women Voters (314) 961-6869

◆ FEDERAL

Federal Information Center 1-800-688-9889
United States Legislative Branch (Library of Congress Internet Resource Page):
<http://thomas.loc.gov/>

UNITED STATES SENATORS

Christopher “Kit” Bond	274 Russell Senate Office Bldg.....	(202) 224-5721
bond.senate.gov	Washington, D.C. 20510	FAX: (202) 224-8149
(District Office)	7700 Bonhomme, Ste. 615.....	(314) 725-4484
	St. Louis, MO 63105	FAX: (314) 727-3548

Claire McCaskill 717 Hart Senate Office Bldg.....(202) 224-6154
 mccaskill.senate.gov Washington, D.C. 20510
 (District Office) 5850A Delmar Blvd.....(314) 367-1364
 St. Louis 63112 FAX: (314) 361-8649

UNITED STATES REPRESENTATIVES

William L. Clay, Jr. 415 Cannon House Office Bldg.(202) 225-2406
 1st District Washington, D.C. 20515.....
 (St. Louis City Office) 625 N. Euclid, Ste. 220(314) 367-1970
 St. Louis 63108 FAX: (314) 367-1341
 (St. Louis County Office) 8525 Page, St. Louis 63114.....(314) 890-0349
 FAX: (314) 427-6320

Todd Akin 117 Cannon House Office Bldg.(202) 225-2561
 2nd District Washington, D.C. 20515..... FAX: (202) 225-2563
 (District Office) 301 Sovereign Ct., Ste. 20..... (314) 590-0029
 Ballwin, MO 63011

Russ Carnahan 1232 Longworth Bldg.....(202) 225-2671
 3rd District Washington, D.C. 20515..... FAX: (202) 225-7452
 (District Office) 8764 Manchester Rd., Ste 203..... (314) 962-1523
 St. Louis, MO 63144 FAX: (314) 962-7169

Visit the Missouri State Government Home Page on the Internet

Internet Address: <http://www.state.mo.gov>

Missouri on-line offers access to the Executive, Judicial and Legislative Branches and to most departments of state government. Other helpful information is also available.

◆ STATE ELECTED OFFICIALS

Governor Jeremiah (Jay) Nixon 573-751-3222
 Executive Office
 P.O. Box 720
 Jefferson City, MO 65102
www.governor.mo.gov

Lt. Governor Peter Kinder.....573-751-4727
 State Capitol, Room 224
 Jefferson City, MO 65101
www.ltgov.mo.gov

Secretary of State Robin Carnahan 573-751-4936
 State Capitol, Room 208
 Jefferson City, MO 65101
www.sos.mo.gov

State Treasurer Clint Zweifel 573-751-2411
 State Capitol, Room 229
 Jefferson City, MO 65101
www.treasurer.mo.gov

State Auditor Susan Montee.....573-751-4824
 State Capitol, Room 121A
 Jefferson City, MO 65101
www.auditor.mo.gov

Attorney General Chris Koster..... 573-751-3321
 P.O. Box 899
 Jefferson City, MO 65102
www.ago.mo.gov

St. Louis Office:314-340-6816
 Old Post Office, 815 Olive St., Suite 200
 St. Louis, MO 63101

◆ STATE LEGISLATURE

Name/ District	Email and Capitol Address	St. Louis Telephone	Jefferson City
Sen. Rita Heard Days 14th Sen. District	Rm. 220, State Capitol	(314) 877-2650	(573) 751-4106
Rep. Gina Walsh 69th District	Room 109A, State Capitol gina.walsh@house.mo.gov	(314) 869-6146	(573) 751-6845
Rep. Sharon Pace 70th District	Room 105I, State Capitol sharon.pace@house.mo.gov	(314) 389-0099	(573) 751-4726
Rep. Don Calloway 71st District	Room 105F, State Capitol don.calloway@house.mo.gov	(314) 382-7676	(573) 751-4468
Rep. Maria Chappelle-Nadal 72nd District	Room 105B, State Capitol maria.chappelleNadal@house.mo.gov	(314) 725-7288	(573) 751-4265
Rep. Steve Webb 75th District	Room 135AB, State Capitol steve.webb@house.mo.gov	(314) 831-5636	(573) 751-9760
Rep. Michael Spreng 76th District	Room 109I, State Capitol michael.spreng@house.mo.gov	(314) 524-6453	(573) 751-9628
Rep. Michael Corcoran 77th District	Room 130DA, State Capitol michael.corcoran@house.mo.gov	(314) 427-1536	(573) 751-0855
Rep. Margo McNeil 78th District	Room 116AI, State Capitol margo.mcneil@house.mo.gov	(314) 972-1990	(573) 751-5365
Rep. Al Liese 79th District	Room 115D, State Capitol al.liese@house.mo.gov	(314) 434-0593	(573) 751-1832
Rep. Ted Hoskins 80th District	Room 317B, State Capitol ted.hoskins@house.mo.gov	(314) 524-6647	(573) 751-0169
Rep. Jake Zimmerman 83rd District	Room 101D, State Capitol jake.zimmerman@house.mo.gov	(314) 983-0553	(573) 751-4163

TO WRITE YOUR STATE REPRESENTATIVE:
 Representative's Name
 201 W. Capitol Ave., State Capitol
 Jefferson City, MO 65101

TO WRITE YOUR STATE SENATOR:
 Senator Rita Heard Days
 201 W. Capitol Ave., State Capitol
 Jefferson City, MO 65101

◆ TOUR THE CAPITAL CITY ◆

The agencies listed below have tours available. Reservations can be made by calling the number listed with each agency. Our Jefferson City office will be glad to help arrange a tour for you. Call early to set dates and times.

- STATE CAPITOL TOURS** (573) 751-2854
 Seven days a week on the hour, 8-12 and 1-4 pm. No tours on New Year's Day, Easter, Thanksgiving and Christmas.
- GOVERNOR'S MANSION** (573) 751-7929
 Tuesdays and Thursdays 10 am-12 noon and 1-3 pm. No tours during August and December except for the traditional Christmas Candlelight Tours held during the holiday season. Groups (10 or more) by appointment only.
- JEFFERSON LANDING HISTORIC SITE** (573) 751-3475
 Tuesday - Saturday, 10:00 am-4:00 pm. No tours on New Year's Day, Easter, Thanksgiving and Christmas. (Reservations recommended for groups of 10 or more).
- HIGHWAY PATROL SAFETY ED. CENTER & MUSEUM** (573) 526-6149
 Weekdays 9 am to 3 pm.
- RUNGE CONSERVATION NATURE CENTER** (573) 526-5544
 Open Monday-Saturday, 8 am to 5 pm and Sunday, 12 - 5 pm
- SUPREME COURT BUILDING** (573) 751-4144
 Reservations are required.

◆ STATE DEPARTMENTS ◆

- Missouri State Operator** (573) 751-2000
 (Assistance in finding a state agency number.)
- Administration** (573) 751-3311
 State Capitol, Room 125
 P.O. Box 809, Jefferson City, MO 65102
- Agriculture** (573) 751-3359
 1616 Missouri Blvd.
 P.O. Box 630, Jefferson City, MO 65102
- Conservation** (573) 751-4115
 2901 W. Truman Blvd.
 P.O. Box 180, Jefferson City, MO 65102
 St. Louis Phone (Powder Valley) (314) 301-1500
- Corrections & Human Resources** (573) 751-2389
 P.O. Box 236, Jefferson City, MO 65102
 Constituent Services (573) 526-2695
 Probation and Parole, St. Louis (314) 340-3801
- Economic Development** (573) 751-4962
 P.O. Box 1157, Jefferson City, MO 65102
 St. Louis Phone (314) 340-6808

Community & Economic Development	1-800-523-1434
Tourism	1-800-877-1234
Elementary & Secondary Education	(573) 751-4212
P.O. Box 480, Jefferson City, MO 65102	
Health and Senior Services	(573) 751-6400
P.O. Box 570, Jefferson City, MO 65102	
St. Louis County Vital Records Phone	(314) 615-1720
Jefferson City Vital Records Phone	(573) 751-6387
Senior Services (St. Louis County)	(314) 340-7300
Higher Education	(573) 751-2361
3515 Amazonas Dr., Jefferson City, MO 65109	
Insurance, Financial Institutions and	
Professional Registration	(573) 751-4126
301 W. High St. Room 530, Jefferson City, MO 65102	
Consumer Hotline	1-800-726-7390
St. Louis Phone	(314) 340-6830
Labor & Industrial Relations	(573) 751-4091
3315 W. Truman Blvd., Jefferson City, MO 65109	
Mental Health	1-800-364-9687
1706 E. Elm	
P.O. Box 687, Jefferson City, MO 65102	
Natural Resources	1-800-334-6946
P.O. Box 176, Jefferson City, MO 65102	
St. Louis	(314) 416-2960
Public Safety	(573) 751-4905
P.O. Box 749, Jefferson City, MO 65102	
Revenue	(573) 751-4450
P.O. Box 311, Jefferson City, MO 65102	
Income Tax Refund Information	1-800-877-6881
See Page 19 for St. Louis Numbers	
Social Services	(573) 751-4815
P.O. Box 1527, Jefferson City, MO 65102	
St. Louis County Family Services	(314) 426-9601
Child Support Enforcement	
Non-custodial parents A-K	(314) 877-2700
Non-custodial parents L-Z	(314) 877-3050
Transportation	Toll Free 1-888-275-6636
P.O. Box 270, Jefferson City, MO 65102	
St. Louis District Office	(314) 340-4100

◆ ST. LOUIS COUNTY GOVERNMENT ◆

www.co.st-louis.mo.us

41 South Central Clayton, MO 63105.....(314) 615-5000
County Executive - Charlie A. Dooley (314) 615-7016
County Council, District 1 - Hazel Erby (314) 615-5436
County Prosecuting Attorney - Robert McCullough..... (314) 615-2610

◆ COUNTY DEPARTMENTS ◆

Economic Council (314) 615-7663
Elections, Board of (314) 615-1800
Electrical Code Supervisor (314) 615-7161
Emergency Management (314) 628-5400
Health (314) 615-0600
Highways & Traffic (314) 615-8501
Housing Authority (314) 428-3200
Human Services (314) 615-4453
Included in the services offered by the St. Louis County office of Human Services are older resident programs, youth programs, veterans services, home improvement and first-time home buyer programs.
Judges 21st Judicial Circuit (314) 615-8029
Judicial Administration (314) 615-2666
Justice Services (314) 615-5245 or 615-5752
Municipal Courts (314) 615-8760
Parks & Recreation (314) 615-7275
Personnel (314) 615-5429
Planning (314) 615-5186
Police (St. Louis County) (314) 889-2341
Public Works (314) 615-5184
Revenue (314) 615-5500
 Assessor (314) 615-2555
 Collector (314) 615-5500
 Licensing (314) 615-5107
 Recorder of Deeds (314) 615-2500
Sheriff - St. Louis County (314) 615-4724
Spirit of St. Louis Airport (636) 532-2222

◆ TOWNS, CITIES & VILLAGES ◆

(Municipalities in the 14th Senatorial District)

Bel-Nor , 8416 Natural Bridge, 63121	(314) 381-2834
Bel-Ridge , 8920 Natural Bridge, 63121	(314) 429-2878
Bellerive , 8416 Natural Bridge, 63121	(314) 382-5377
Berkeley , 6140 N. Hanley, 63134	(314) 524-3313
Beverly Hills , 7150 Natural Bridge, 63121	(314) 382-6544
Breckenridge Hills , 9623 St. Charles Rock Road, 63114.....	(314) 427-6868
Bridgeton , 11955 Natural Bridge Road, 63044	(314) 739-7500
Calverton Park , 52 Young Drive, 63135.....	(314) 524-1212
Charlack , 8401 Midland, 63114	(314) 427-4715
Cool Valley , 100 Signal Hill Drive, 63121	(314) 521-3500
Country Club Hills , 7422 Eunice, 63136	(314) 261-0845
Dellwood , 1415 Chambers Road, 63135	(314) 521-4339
Edmundson , 4440 Holman Lane, 63134	(314) 428-7125
Ferguson , 110 Church St., 63135	(314) 521-7721
Flordell Hills , 5645 Jennings Road, 63136	(314) 382-5524
Florissant , 955 Rue St. Francois, 63031.....	(314) 921-5700
Glen Echo Park , 7206 Henderson Rd., 63121	(314) 382-7355
Greendale , 7717 Natural Bridge Rd., Room 202	(314) 383-2577
Hanley Hills , 7713 Utica Dr., 63133	(314) 725-0909
Hazelwood , 415 Elm Grove Lane, 63042-1917	(314) 839-3700
Hillsdale , 6428 Jesse Jackson Ave., 63121	(314) 381-0288
Kinloch , 5990 Monroe Ave., 63140	(314) 521-3335
Maryland Heights , 212 Millwell Dr., 63043	(314) 291-6550
Normandy , 7700 Natural Bridge, 63121	(314) 385-3300
Northwoods , 4600 Oakridge Blvd, 63121	(314) 385-8000
Norwood Court , 7560 Norwalk Lane, 63121	(314) 385-0715
Overland , 9119 Lackland Road, 63114	(314) 428-4321
Pagedale , 1420 Ferguson Ave., 63133	(314) 726-1200
Pasadena Hills , 3915 Roland Blvd., 63121	(314) 382-4453
Pasadena Park , P.O. Box 210357, 63121	(314) 383-0010
Pine Lawn , 6250 Steve Marre Ave., 63121	(314) 261-5500
St. Ann , 10405 St. Charles Rock Road, 63074	(314) 427-8009
St. John , 8944 St. Charles Rock Rd., 63114	(314) 427-8700
Sycamore Hills , 2501 Hartland Ave., 63114	(314) 426-5750
University City , 6801 Delmar Blvd., 63130	(314) 862-6767

Uplands Park , 6390 Natural Bridge, 63121.....	(314) 383-1856
City of Velda City , 2803 Maywood Ave., 63121	(314) 382-6600
Velda Village Hills , 3501 Avondale, 63121	(314) 261-7221
Vinita Park , 8374 Midland Blvd., 63114	(314) 428-7373
Vinita Terrace , 8027 Page Ave, 63130	(314) 427-4488
Wellston , 1414 Evergreen, 63133	(314) 553-8000
Woodson Terrace , 9351 Guthrie Ave., 63134.....	(314) 427-2600

PARKS IN ST. LOUIS COUNTY

Park Name	Address	Park Hours
Afton White Rodgers		
Community Center	9801 Mackenzie Rd, 63123	Call 638-2100
Bee Tree	2701 Finestown Rd, 63129	Sunrise to sunset
Black Forest	9822 Perrin Ave, 63125	Sunrise to sunset
Bohrer, George H.	5705 S. Lindbergh Blvd, 63123	Sunrise to sunset
Classe, Ferdinand M.	3259 Baumgartner Rd, 63129	Sunrise to sunset
Cliff Cave	806 Cliff Cave Rd 63129	Sunrise to sunset
Clydesdale	9517 Green Park Rd, 63123	Sunrise to sunset
Grants Trail	3902 Reavis Barracks Rd, 63125	Sunrise to sunset
Jefferson Barracks	251 Cy Rd, 63125	Sunrise to sunset
Kennedy, W.C. Complex	6050 Wells Rd, 63128	Call 894-3088
Laumeier, Henry H.	12580 Rott Rd, 63127	Call 821-1209
Lemay	236 Fannie Ave, 63125	Sunrise to sunset
Lower Meramec	4800 Meramec Bottom. 63128	Sunrise to sunset
Ohlendorf	4444 Spring Dr, 63125	Sunrise to sunset
Robert Winter	10400 Bauer Rd, 63128	Sunrise to sunset
Suson	6073 Wells Rd, 63128	Sunrise to sunset
Sylvan Springs	300 Halsey Rd, 63125	Sunrise to sunset

Please visit our website at www.stlouisco.com/parks