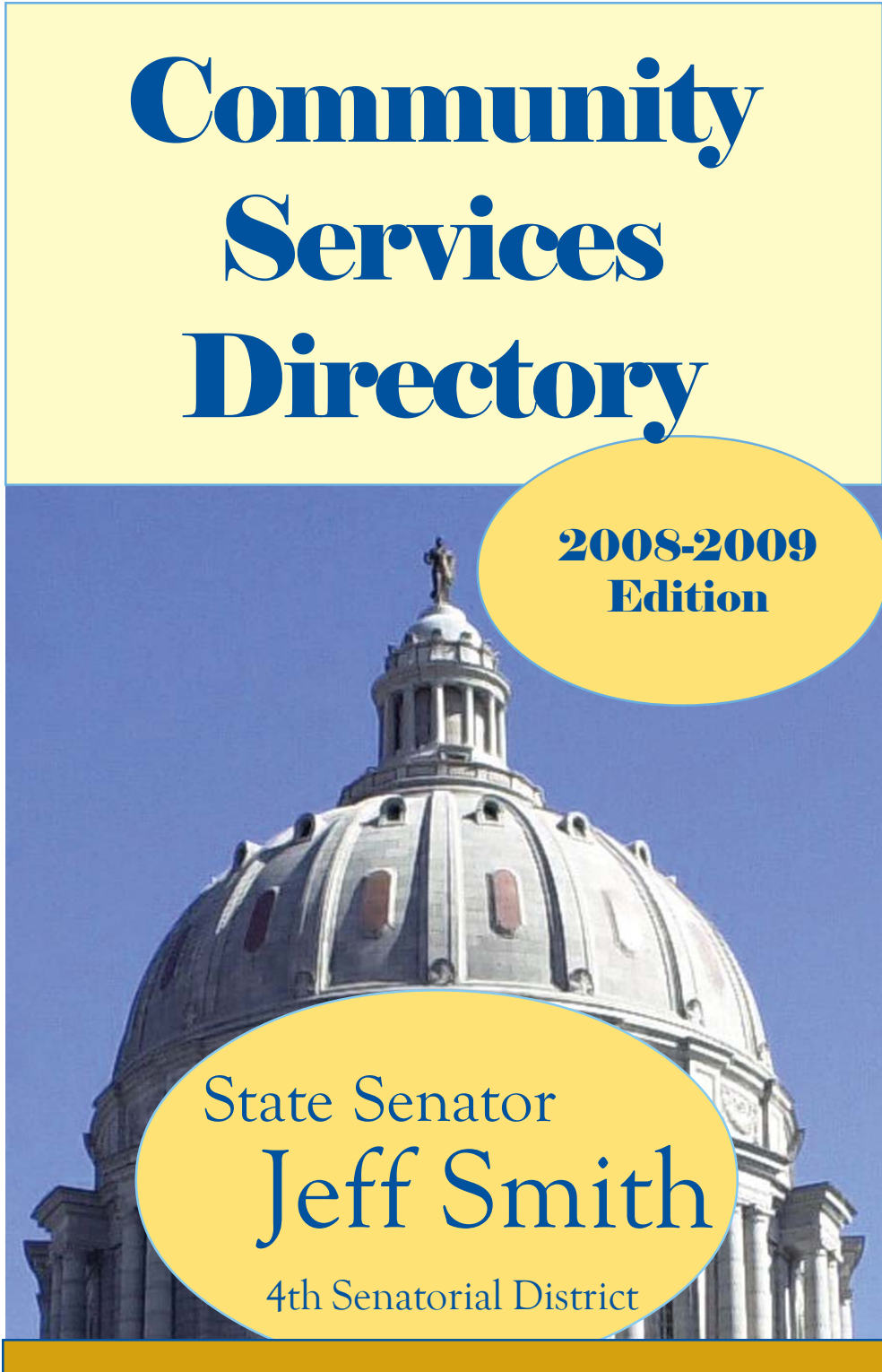


Community Services Directory

**2008-2009
Edition**

State Senator
Jeff Smith

4th Senatorial District



Dear Friends:

It is my sincere hope that the information in this booklet is useful to you. If you do not find the answers you were looking for, or if I can be of any further assistance, please feel free to contact my office. We look forward to hearing from you.

A handwritten signature in black ink that reads "Jeff". The signature is stylized and cursive.

JEFF SMITH
STATE SENATOR - DISTRICT 4

Capitol Office:
Room 425, State Capitol
Jefferson City, MO 65101
573-751-3599
FAX 573-751-0266
jeff.smith@senate.mo.gov

District Office:
4515 Olive Blvd., Ste. 210
St. Louis, MO 63108
314-361-4333

MISSOURI STATE OFFICIALS

www.mo.gov

- Governor JEREMIAH (JAY) NIXON** (573) 751-3222
 Room 216, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-6900
- Lt. Governor PETER KINDER** (573) 751-4727
 Room 224, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7480
- Secretary of State ROBIN CARNAHAN** (573) 751-4936
 Room 208, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7490
- State Auditor SUSAN MONTEE** (573) 751-4824
 Room 121, State Capitol, Jefferson City, MO 65101
- State Treasurer CLINT ZWEIFEL** (573) 751-2411
 Room 229, State Capitol, Jefferson City, MO 65101
 St. Louis Office (314) 340-7856
- Attorney General CHRIS KOSTER** (573) 751-3321
 Supreme Court Building, Jefferson City, MO 65101
 St. Louis Office (314) 340-6815

MISSOURI STATE REPRESENTATIVES

Serving District 4

ALL REPRESENTATIVES ADDRESSES ARE:

Room #, 201 W. Capitol Ave., Jefferson City, MO 65101

- | | |
|--|--|
| DISTRICT 57 - Talibdin El-Amin
Room 135AC (573) 751-2198
td.elamin@house.mo.gov | DISTRICT 64 - Rachel Storch
Room 135 (573) 751-1400
rachel.storch@house.mo.gov |
| DISTRICT 58 - James Morris
Room 116A2 (573) 751-2383
james.morris@house.mo.gov | DISTRICT 65 - Michele Kratky
Room 109G (573) 751-4220
michele.kratky@house.mo.gov |
| DISTRICT 60 - Jamilah Nasheed
Room 115J (573) 751-4415
jamilah.nasheed@house.mo.gov | DISTRICT 66 - Michael Vogt
Room 109F (573) 751-9472
michael.vogt@house.mo.gov |
| DISTRICT 61 - Chris Carter
Room 115H (573) 751-7605
chris.carter@house.mo.gov | DISTRICT 67 - Mike Colona
Room 109H (573) 751-6736
mike.colona@house.mo.gov |
| DISTRICT 62 - Dennis Wood
Room 313-3 (573) 751-2492
dennis.wood@house.mo.gov | |

FEDERAL ELECTED OFFICIALS

United States Senators

- | | |
|--|---|
| CHRISTOPHER S. BOND
274 Russell Office Building
Washington D.C. 20510
(202) 224-5721 FAX (202) 224-8149
St. Louis Office (314) 725-4484 | CLAIRE McCASKILL
SH-717 Hart Office Building
Washington D.C. 20510
(202) 224-6154 FAX (202) 228-6326
St. Louis Office (314) 367-1364 |
|--|---|

Representatives in Congress

RUSS CARNAHAN

1710 Longworth Bldg .. (202) 225-2671
Washington, D.C. 20515
St. Louis Office (314) 962-1523
11140 S. Towne Square #201
St. Louis, MO 63123

WM. "Lacy" CLAY, Jr.

434 Cannon Bldg (202) 225-2406
Washington, D.C. 20515
St. Louis Office (314) 367-1970
625 N. Euclid St., Suite 200
St. Louis, MO 63108

ST. LOUIS CITY GOVERNMENT

ELECTED OFFICIALS UNDER CITY CHARTER

Mayor Francis Slay, City Hall 622-3201
Comptroller Darlene Green 622-3287
President-Board of Aldermen Lewis Reed 622-4114
MEMBERS-Board of Aldermen (28), City Hall 622-3287

ALDERMEN IN THE 4th DISTRICT

1st Ward Charles Quincy Troupe 622-4164
4th Ward Sam Moore 289-9336
8th Ward Stephen Conway 773-4329
10th Ward Joe Vollmer 772-4289
14th Ward Stephen Gregali 752-0868
15th Ward Jennifer Florida 776-2890
16th Ward Donna Baringer 481-8024
17th Ward Joseph Roddy 622-3287
18th Ward Terry Kennedy 622-3287
19th Ward Marlene Davis 680-9168
21st Ward Bennice Jones King 389-2331
22nd Ward Jeffrey Boyd 383-2693
23rd Ward Kathy Hanrahan 646-1898
24th Ward Bill Waterhouse 622-3287
26th Ward Frank Williamson 361-3835
27th Ward Gregory Carter 382-7700
28th Ward Lyda Krewson 367-9765

ELECTED OFFICIALS UNDER STATE LAW

Circuit Attorney Jennifer Joyce 622-4941
Circuit Clerk Mariano V. Favazza 622-3241
City Treasurer Larry Williams 622-3434
Collector of Revenue Gregg Daly 622-4101
License Collector Mike McMillan 622-4582
Public Administrator Gerard Nester 622-4394
Recorder of Deeds Sharon Carpenter 622-4393
Sheriff James Murphy 622-4851, 622-4766

ST. LOUIS CITIZEN'S SERVICE BUREAU

CITY HALL (Assistance With Problems) 622-4800
OFFICE ON THE DISABLED (Voice) 622-3686
(TDD) 622-3693

POLICE

EMERGENCY	911
NON EMERGENCY POLICE	231-1212
AREA 1 Police Station , 3157 Sublette Ave. 63139	444-0100
AREA 3 Police Station 4014 N. Union	444-0001

— ABUSE/STRESS HOTLINES —

Spouse/Adult Abuse/Shelter for Battered Women	772-4535
Rape Hotline	531-2003
Aging Information & Referral	1-800-235-5503
Child Advocacy Center	535-3003
Child Abuse/Neglect	1-800-392-3738
Elderly Abuse/Neglect	1-800-392-0210
Family Services Hotline	1-800-392-1261
Parental Stress Help Line	1-800-367-2543
Safe Schools Hotline	889-7233

ADOPTION

Ever consider adopting a child? There are many children eligible for adoption in Missouri who are eagerly awaiting permanent homes. Visit the MO Dept. of Social Services Photo-adoption website at www.dss.mo.gov or call the Foster-Adoptline at **1-800-554-2222** for more information.

BLIND SERVICES

Missouri School for the Blind	776-4320
Delta Gamma Center	776-1300
Preschool services to blind and visually impaired children and their families.	
St. Louis City Special School District	454-0010
Rehabilitation Services for the Blind	877-1532 or 877-0151

BUSINESS ASSISTANCE AND REDEVELOPMENT PROGRAMS

Several resources listed here to help businesses grow as well as to resolve problems.

Community Development Agency	622-3400
Planned Industrial Expansion Authority; Land Clearance Redevelopment Authority; Land Reutilization Authority; Industrial Development Authority	
Corporation of Retired Executives	539-6600 ext. 248
Economic Development Workforce Development	589-8000
Small Business Administration	539-6600
South Grand Community Improvement District	772-5750
St. Margaret's Housing Corporation	771-4170

CHILD ABUSE PREVENTION

Missouri Children's Trust Fund. This trust was created to help citizens take part in preventing child abuse. Donations to the trust are used to support local community based prevention efforts. YOU can help. One way is to purchase a CTF license plate for \$25 (+handling fee and your own vehicle renewal cost). Your donation goes to help prevent child abuse. For more information, contact

1-888-826-4537

COLLEGE TUITION

Missouri Saving for Tuition (MOST), tax program where anyone - a parent, grandparent, relative, or friend - can open, and contribute, to a MOST account for a child's future education and receive a tax deduction 1-888-414-MOST

Website: www.missourimost.org

COMMUNITY EDUCATION CENTERS

Community schools serve the community by offering a wide variety of programs from pre-school, to senior citizen organizations, parenting classes, and more.

Fanning CEC , 3410 Giles 63116	865-4894
Ford CEC , 1383 Clara 63112	383-7001
Hamilton CEC , 5819 Westminister 63112	367-6996
Nottingham CEC , 4915 Donovan 63109	352-1163
Shaw CEC , 5329 Columbia Ave 63139	776-4327
Sherman CEC , 3942 Flad 63110	772-9550
Walbridge CEC , 5019 Alcott 63120	261-8282
Williams CEC , 3955 St. Ferdinand 63113	652-4548
Yeatman CEC , 4265 Athlone 63115	261-8134

CONSUMER PROTECTION OR INFORMATION

Better Business Bureau	645-3300
Consumer Affairs Office	444-8846
U.S. Department of Health & Human Services	
Consumer Protection — Office of Attorney General	1-800-392-8222
Federal Information Center	1-800-688-9889
Provides information on all government programs and activities. 24 hours.	
U.S. Consumer Product Safety Commission	1-800-363-3732
Will answer questions about the safety of a product or handle complaints.	

COUNSELING & GUIDANCE

Alanon & Alateen	645-1572
AA—Alcoholics Anonymous	647-3677
Birthright Counseling	962-5300
Community Psychological Services	516-5824
Consumer Credit Counseling	647-9004
Council on Alcoholism & Drug Abuse	962-3456
Serves adolescents, young adults and their families. Drug education programs for schools and other groups. Hotline deals with adverse drug reactions, referral.	
Life Crisis Services	647-3100
Hotline (24 hours)	647-HELP
Crisis intervention for suicidal & emotionally distraught people.	
Planned Parenthood	865-1850
Psychological Service Center	935-6555
Outpatient mental health clinic operating within the Psychology Department of Washington University, dealing with relationship difficulties, depression, low self-esteem, anger, and aggression.	
Rape Hotline	531-2003
THEOS (They Help Each Other Spiritually)	822-3111
Interdenominational self-help support group for recently widowed men and women under retirement age.	
United Way	421-4636

CRIME PREVENTION

- Anonymous Drug/Gang Hotline** 241-COPS
Neighborhood Watch (Public Affairs) 444-5606
 A program sponsored by the St. Louis Police Department which brings neighbors on a street together to learn how to fight crime.
Operation Safestreet 622-3444
 Offers deadbolt locks for front and back doors, peephole window for front door, window locks for first floor windows, basement door barricade, basement window bars and smoke detectors.

EDUCATION

- St. Louis Comm. College at Forest Park, 5600 Oakland** 644-9100
College for Living 569-1324
 Provides continuing education for persons with developmental disabilities at local community college settings.
Education Grants and Loans
Educational Opportunity Centers 352-4113
 Counselors help match your interests and capabilities with suitable job training or career education; help on GED, selecting a college or vocational school, apply for admission, and financial aid, identify your academic weaknesses; obtain tutoring. FREE.
Federal Student Information Center 1-800-433-3243
 P.O. Box 84, Washington, D.C. 20044. 8 a.m.-7 p.m.
Inquiries concerning receipt or processing of Free Application For Federal Student Aid (FAFSA). Mon.-Fri. 8 a.m.-7 p.m., or to request duplicate copies of documents, contact: (319) 337-5665
Student Financial Aid Information Service Center 1-800-473-6757
 P.O. Box 6730, Jefferson City 65102
GED Test Center 340-3654
International Institute, 3654 S. Grand 63118 773-9090
Literacy Council 776-7102
 Organization of trained volunteers that provides one-to-one instruction for adults who are non-readers or beginning readers. Also provides English language classes for non-English speaking people.
Parents as Teachers Program 432-0749
 Free program for children under age three. Parent educator makes home visits, uses "play time" activities to test hearing, vision, language and physical development.
Scholarship Foundation of St. Louis 725-7990
 Provides interest-free loans, based on need, to high school graduates in technical schools and colleges on undergraduate and graduate levels.
Thomas Dunn Memorials 353-3050
 Offers free adult education classes.

ST. LOUIS PUBLIC SCHOOLS

- Adult Education Division** 367-5000
Board of Education - Board Member's Office 345-2376
Central Office 231-3720
Division of Special Education 633-5300
 Free programs for students with these handicaps: mental & physical, behavior disordered, learning disabled, speech & language impaired. Home/hospital teaching services provided if too ill to attend school.
Transportation Office of Voluntary Interdistrict Desegregation 721-8657

EMERGENCY SHELTERS & HELP

Catholic Charities	371-HELP
Salvation Army Hope Center , 3740 Marine	773-0980
Emergency care center to meet the needs of children, birth to age nine, who are abused, neglected or abandoned.	
Housing Resource Center , 800 N. Tucker	802-5444
Provides information and referral to households experiencing any type of housing crisis - rent/mortgage/utility delinquency, homelessness, etc. 8 a.m. to 8 p.m., 7 days a week. Eviction/Foreclosure Prevention - Hotline callers who are delinquent in rent or mortgage are referred to this in-house prevention program. Successful applicants receive up to one month's worth of the delinquent amount, followed by one year of case management with a housing counselor. Relocation Assistance - Hotline callers residing in housing that is doubled-up/overcrowded, condemned, or otherwise inadequate are referred to this in-house prevention program.	
Prescription Drugs , The research-based pharmaceutical industry has had a long-standing tradition of providing prescription medicines free of charge to physicians whose patients might not otherwise have access to necessary medicines.	
Christian Service Center , 1000 N. 19th	231-1515
Temporary shelter for families.	
Crisis Nursery	768-3201
Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.	
Harbor House	652-3310
In-resident alcohol & drug rehabilitation programs for men and women.	
Harbor Light , 3010 Washington	652-3310
Low cost housing for homeless men.	
Isaiah 58 Ministries , 2149 S. Grand	776-1410
Provides Family Crisis Ministry for low income families and individuals including emergency food, clothing and loans to assist with payment of rent, utilities and medical necessities.	
Karen Catholic Worker House	621-4052
Provides long term & emergency shelter for women.	
Lutheran Family & Children Services	787-5100
New Life Evangelistic Center (Christian outreach ministry)	421-3020
Programs include free counseling, emergency housing, financial assistance, food, dental clinic, clothing store; weekly job listings.	
St. Martha's Hall	533-1313
Temporary shelter for abused or threatened women and their children. Provides support groups; counseling; assistance through legal, medical, social and governmental agencies.	
St. Patrick Center , 800 N. Tucker	802-0700
St. Peter & Paul Shelter	621-5520
St. Vincent de Paul Society	531-2183
Limited financial assistance provided on an individual basis.	
Salvation Army Family Haven , 3744 Lindell	534-1250
United Way	421-4636
Women's Safe House	772-4535
For women and children. Can stay up to 60 days (can be extended). \$4 per family. Fees can be waived. 24 hour hotline.	
YWCA Sexual Assault Center	726-6665
YES (Youth Emerg. Services)	727-6294

EMPLOYMENT

AARP — Senior Community Service Employment Program	367-6777
For adults 55+. Provides on-the-job training for a 20 hour week; salary and fringe benefits paid by Program. Call for details.	
Employment Security Office , 4811 Delmar	877-0916
Graffiti Eradication Program	772-4646
c/o Operation Brightside, 4646 Shenandoah 63110.	
A year-round program for 18-23 year old young adults who are paid for work on important environmental improvement and community development projects.	
Job Search Assistance Program	340-4700
Free service thru Human Development Corporation, 3446 S. Grand.	
Project JESS	644-1913
Employment placement for developmentally disabled.	
SLATE — St. Louis Agency on Training & Employment	589-8000

ENERGY ASSISTANCE

Cooling Information Help (HDC)	535-7607
Emergency Energy Assistance Program (HDC)	535-7607
Energy Conservation (HDC)	535-7607
Missouri Energycare	773-5900
Helps elderly, disabled and low-income residents meet their heating/cooling needs; works with utilities to prevent cut-offs; promotes use of weatherization materials, etc.	
Urban League	652-8228

ENVIRONMENT

American Lung Association	645-5505
	or 1-800-LUNG-USA
Coalition for the Environment	727-0600
Conservation & Renewal Energy Information	1-800-363-3732
	1-877-337-3463
Provides information for homeowners about energy conservation and renewable resources.	
Conservation Federation of Missouri	(573) 634-2322
Department of Natural Resources	1-800-361-4827
Earth Ways - St. Louis Environment Organization	531-1996
Environmental Defense Fund	1-800-225-5333
(Information, especially about recycling)	
Environmental Protection Agency (EPA)	1-800-223-0425
Missouri Conservation Commission	(636) 441-4554
Missouri Energy Resources Project	645-7752
Non-profit educational organization focusing on energy and conservation for teachers.	
Missouri Public Interest Research Group	454-9560
National Resources Defense Council	(212) 727-2700
National Wildlife Federation	(703) 438-6000
Sierra Club (Grass Roots - Environment)	644-0890

FAMILIES & CHILDREN

Many services have a fee "Based On Ability To Pay."

Catholic Family Services	544-3800
Provides professional counseling to those experiencing stress.	

Catholic Services for Children & Youth	854-5700
Provides services for children in their own homes, adoptive and foster homes, residential group care; and services for unmarried and single parents.	
Child Center of Our Lady	383-0200
Serves emotionally disturbed children through age 17.	
Child Day Care Association of St. Louis	531-1412
Information and referral to help parents select day care programs.	
Child Life Services	454-6178
Located in St. Louis Children's Hospital, this department works with patients and families to develop ways to cope with fear, anxiety, and separation from friends & family by using play, recreation, and education techniques.	
Christian Family Services	968-2216
Family counseling agency. Services include adoptions, foster homes, homes for unwed mothers. Fees based on ability to pay.	
Crisis Nursery	768-3201
Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.	
Division of Child Support Enforcement 111 N. 7th	340-7400
Domestic Violence Hotline	1-877-946-6854
Domestic Violence Intervention Partnership	877-2012
Provides Victim Advocates	
Family Resource Center	534-9350
Prevention and treatment of child abuse and neglect through individual, group and family therapy; emphasis upon parent training and home-based service; preschool program for abused and neglected children.	
Isaiah 58 Ministries , 2149 S. Grand	776-1410
Family Crisis Ministry for low income families/individuals. Emergency food, clothing and loans to assist with rent, utilities and medical.	
Jewish Family & Children's Service	993-1000
Offers service to those with emotional problems. Counseling, service to unmarried mothers, homemaker service, resettlement services.	
Kids in the Middle	909-9922
Counseling agency for separated, divorced and remarried families.	
La Leche League of Greater St. Louis	424-3900
Latchkey Kids , South Side YMCA, 3150 Sublette	644-3100
Latchkey is quality low cost child care for working parents. It runs Monday-Friday, before and after school. There is a program for students in 1/2 day kindergarten. Transportation from the school to the Y and other latchkey sites is often provided.	
Lutheran Family & Children's Services	534-1515
Counseling in problems of family relationships, child behavior, marital conflict, unwed parents; adoption services.	
Midtown Catholic Family Services , 1202 S. Boyle	534-1180
Program offers group sessions to families as means of preventing/treating child abuse. Parents join anonymously without fear of rejection.	
Provident Counseling	533-8200
Counseling to individuals and families in areas of child behavior, marriage, divorce, family relationships, problem drinkers, unmarried parenthood, adoption, the elderly, preretirement planning, stress management, divorce adjustment.	
Raven (Rape and Violence End Now)	289-8000
Help for men involved in domestic violence and rape. 24 hours.	
Suicide Hotline	647-4357
Suicide Hotline-Kids under 21	644-5886

- Suicide Crisis Intervention** 647-HELP
- T.L.C. for Kids** 725-5660
Provides screened full-time/part-time nannies, babysitters, nurses aides and "Round-the-Clock" caregivers.
- Villa Maria Center** 664-4715
Provides comprehensive program for unmarried and single parents. Includes counseling, educational program, maternity residence.

CHILDREN'S DIVISION

- City Office, 3545 Lindell** 933-7000
- Adoption** 340-6974
- Child Abuse Treatment** 301-7800
- Child Support Enforcement** 340-7400

FOOD HELP

Emergency help is often available when someone is without food. These organizations may be able to help. For more information call:

- Dial HELP** 371-4357
- New Life Evangelistic Center** 421-3020
- Operation Food Search** 726-5355
- Salvation Army** 535-0057
- St. Vincent de Paul Society** 531-2183
- United Way** Information and Referral 421-0700

FOSTER CARE

Consider becoming a foster parent and give a child a home when they cannot be with their own families. For more information call 340-6864. Additional information can be found at www.dss.state.mo.us/dfs/cps.

- City CASA** 552-2352
City CASA volunteers change the lives of children in foster care by speaking for them in court and helping them move out of foster care and into safe, nurturing homes where they can reach their potential and have hope for a positive future.
- FACC** 1-800-FOSTER3
For people interested in fostering and adopting as well as support for foster care parents.

GENERAL ASSISTANCE

- Citizens Service Bureau, City Hall** 622-4800
8 a.m. to 5 p.m. Monday through Friday. Call CSB with questions and complaints related to any problem the city government deals with.
- Dial HELP** 371-4357
General information and referral service on community resources.
- First Call for Help (United Way)** 421-4636
St. Louis area information on human-care services.
- Neighborhood Stabilization Team** City Hall 622-4628

GRACE HILL NEIGHBORHOOD SERVICES

- 2600 Hadley 539-9500
Grace Hill is a multi-service social service agency that provides direct services within the self-help traditions of the Settlement House movement through neighborhood organization. Primary focus on female heads of households, their dependent children and the elderly.
Its programs include:
M.O.R.E. Program – a self-sufficiency program which enables clients to solve crisis within their neighborhoods, obtain community outreach training, job training, and to volunteer

their time to help others.

Grace Hill Neighborhood Health Centers, Inc.

Grace Hill, 2600 Hadley	241-2200
Water Tower, 4308 N. Grand	898-1717
Soulard, 2220 Lemp Ave.	814-8680
South, 3400 S. Jefferson	577-6232
St. Patrick's, 800 N. Tucker	802-0711
Head Start Programs , various locations	539-9529
Midtown Catholic Family Services	534-1180
Siteman Cancer Center	454-5599
Women's Business Center , 2324 N. Florissant Ave	539-9840

HEALTH

362 Mom's	362-6667
American Cancer Society	286-8100
American Lung Association	645-5505
Information on lung health, asthma, tuberculosis, clean air programs. Volunteers welcome.	
Health Care for Kids , 4055 Lindell Blvd.	535-0007
Provides "urgent care" for children - open 3 to 11 p.m. Monday through Friday and from 10 a.m. to 8 p.m. on the weekends.	
Pediatric Answer Line	454-KIDS
Answers questions about your child's health.	
Poison Center at Cardinal Glennon Hospital	772-5200

HOUSING

Catholic Common Housing	241-5600
H.O.P.E (Housing Options Provided for the Elderly)	776-0155
4265 Shaw, St. Louis 63110. Housing option consultation, education to community resources for housing option development within Missouri.	
Housing Resource Center 800 N. Tucker	802-5444
Missouri Housing Development Commission	877-1350
St. Louis Housing Authority	531-4770
Assistance for individuals, families and special programs for seniors.	
St. Patrick Center, 800 N. Tucker	802-0700
St. Patrick Center is a multi-service agency serving those who are homeless and at risk of becoming homeless in St. Louis city and county. Emphasis is placed on those who experience mental illness or chemical dependence and those living at the poverty level.	
Programs Include:	
Drug and Alcohol Program offers counseling, education, fellowship, group meetings and after-care.	
Employment, Training, Job Placement Program offers full-service screening, training, employability counseling, and job placement programs for homeless and at-risk clients and homeless veterans.	
BEST (Building Employment Skills for Tomorrow) is an on-the-job training program that teaches homeless, mentally ill or recovering individuals janitorial, repair and light remodeling skills.	
Independence Housing Program helps newly employed families find market-rate housing.	

Living Skills Center Program offers six-week courses on nutrition, budgeting, decision-making, parenting, and esteem building to teach homeless and poor single parents life skills.

Other programs St. Patrick Center offers:

Rosati Center Program is a residential care facility that provides 29 beds of transitional housing for homeless mentally ill individuals who have been referred from agencies or hospitals. Residents receive counseling and learn daily-living skills.

Women's Shelter Program provides homeless, mentally ill or chemically dependent women with a safe place at night and Shamrock Club services in the daytime.

St. Louis Transitional Hope House 382-3801

INSURANCE PROBLEMS

CLAIM Program 1-800-390-3330

CLAIM (Community Leaders Assisting the Insured of Missouri) is a FREE program of the Department of Insurance, Financial Institutions and Professional Registration. The program is designed to make available trained, certified volunteers in each of the 34 state senatorial districts to help senior citizens with health insurance questions. These volunteers assist consumers with the complicated paperwork associated with health insurance.

Missouri Department of Insurance, Financial Institutions and

Professional Registration 1-800-726-7390

Truman Office Building, Jefferson City, MO 65101

Insurance Division - St. Louis Office

11 N. 7th, Rm. 229 63101

Workers' Compensation Insurance Information 1-800-775-2667

LEGAL ASSISTANCE

Aid for Victims of Crime 652-3623

24 Hour Crime Victims Hotline 652-3623

Catholic Legal Assistance Ministry 977-3993

Civil Rights Enforcement Agency 622-3301

Lawyer's Reference Service 621-6681

Legal Services of Eastern Missouri 534-4200

Public Defender 340-7656

Victim/Witness Assistance Unit 622-4373

Support services and professional counseling for victims of crime.

MEDICAL INFORMATION

Patient Advocate Foundation 1-800-532-5274

PAF is a national non-profit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job discrimination and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys. PAF seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

AIDS Help Metro Program, St. Louis 612-5188

AIDS Prevention Bureau 877-2890

American Red Cross, 4050 Lindell 658-2000

AIDS testing and counseling. Fee involved.

CDC Sexual Transmitted Disease 1-800-227-8922

HIV/AIDS 1-800-342-AIDS

Metropolitan St. Louis AIDS Program 612-5188

634 N. Grand, Rm. 436. Free testing & counseling. Appointment only.

Reach St. Louis	865-1600
St. Louis Effort for AIDS	645-6451
Case Management Services	362-5574
Childhood Cancer Information Service of Missouri	1-800-4-CANCER
Lead Poisoning Clinic, 634 N. Grand	612-5450
Lead Education	573-526-4911
MC+ Program	1-888-275-5908
Medicaid	1-800-392-2161
Medicare	1-800-633-4227
Missouri Dept. of Health & Senior Services	340-7300
Missouri Division of Family Services 3545 Lindell	933-7000
Temporary Assistance, Housing and Medical Assistance.	
Poison Center at Cardinal Glennon Hospital	772-5200
St. Louis Connect Care	361-2273
Social Security Administration	1-800-772-1213
South St. Louis Office, 4365 Chippewa, St. Louis 63116	
CWE Office, 5669 Delmar 63112	
Visiting Nurses Association	918-7171

MENTAL HEALTH

Department of Mental Health offers programs to assist the community.

Division of Alcohol and Drug Abuse	877-0370
Division of Comprehensive Psychiatric Services	677-8000
Network of Care for Developmental Disabilities	1-800-358-7665
Provides services for individuals with developmental disabilities and their families.	

METROPOLIS ST. LOUIS

Want to get more involved in making our city a great place to be? One way is to join and be a part of Metropolis St. Louis. Founded in 1997 by a small group of young people, they are now over 1000 strong and working to create and promote an environment in the City of St. Louis that attracts and retains young people. They believe in a city committed to its people, economically and racially diverse, that looks forward to the future without neglecting its history and encourages growth and opportunity, with a strong central city and a growing, vibrant young population. Metropolis has action-oriented projects, meetings, newsletters and more. For further information you can contact them at **Metropolis St. Louis, P.O. Box 8735, St. Louis 63101**, Phone: **206-3246**, or on the web at **www.mstl.org**.

NEIGHBORHOOD ASSISTANCE PROGRAMS

Citizens Service Bureau	622-4800
Housing Conservation District	622-3352
Operates in parts of nine wards. Inspects buildings where there has been a change of ownership or tenants to determine whether the building meets requirements of city's conservation ordinance, including overcrowding.	
Neighborhood Stabilization Office	622-4628
Consists of neighborhood liaison officers who serve as a link between City Hall and the neighborhoods. They help resolve problems and work closely with neighborhood associations.	
Operation SafeStreet	622-3444
Acts as an adviser to neighborhood crime-prevention groups. Provides a home-security package at minimal or no cost to all city residents, as well as free smoke detectors.	

NEIGHBORHOOD ORGANIZATIONS

Academy-Sherman Park Neighborhood Assn. , 5054 Cates, 63108	367-8019
Bevo Area Comm. Improvement , 4705 Ridgewood 63116	352-0141
Central West End Assn. , 4902 Laclede Ave., 63108	367-2220
Cheltenham Neighborhood Assn. , 5916 Wise Ave., 63110	645-4418
Citizen Service Bureau , City Hall, Rm. 234	622-4661
Clifton Heights Neighborhood Assn. , 6131 Simpson Ave., 63139	645-0953
Dutchtown South , 4204 Virginia, 63111	352-4865
Fanning Neighborhood Assoc. , 3539 Giles 63116	772-6623
FPSE Housing Corp. , 4471 Arco Ave., 63110	533-6704
Grand Oak Hill Community Corp. , 4168 Juniata, 63116	865-5530
Hill 2000 Neighborhood Assn. , 2213 Sublette, 63110	773-3560
Hi-Point Residents Neighborhood Assn. , 6828 W. Park Ave., 63139	235-8876
Kings Area Neighborhood Assn. , 5154 Ashland, 63115	385-0768
Lindenwood Neighborhood Assn. , P.O. Box 1272, 63074	636-239-3376
North Side Community Center , 4120 Maffitt, 63113	531-4161
Northwest Concerned Neighbors , 5815 Maffitt, 63112	261-5683
Penrose Self-Reliant Neigh. Assn. , 4725 Penrose, 63115	385-2522
Shaw Neighborhood , 2211 S. 39th, 63110	771-3101
Skinker DeBaliviere Comm. Council , 6008 Kingsbury , 63112	862-5122
Southwest Garden Neighborhood Assn. , 4950 Southwest Ave., 63110	772-6082
Tiffany Community Association , 3811 Blaine, 63110	771-1585
Tower Grove Heights Association , 3735 Connecticut 63116	772-5982
West End Concerned Neighbors , 5969 Page, 63112	727-1645

PARENTING PROGRAMS

Parentlink	1-800-552-8522
A network of resources aimed to help parents raise their children. Provides information, programs, workshops and materials.	
Parents As Teachers	771-4626
Self-help and peer support, group sessions on parenting.	

PRINCE HALL FAMILY SUPPORT CENTER

4411 N. Newstead, 63115	877-2000
Provides a wide variety of health and human services at one location with a mix of state and private-sector agencies. Some of the services available:	
Comprehensive Health Clinic II	381-9990
Provides adult medicine, OB/GYN, pediatrics, podiatry, dental, pharmacy, family planning, mammography, hypertension control, diabetes control and laboratory services. The clinic is a part of the St. Louis Comprehensive Health Program.	
Computer Village	877-2257
Teaches practical computer skills to youth and adults	
Department of Health and Senior Services	877-2100
Division of Child Support Enforcement	340-7400
Division of Family Services (DFS) Children's Services.	877-2300
Division of Family Services/Temp. Assistance & Food Stamps.	877-2400
Family Court-Juvenile Division	552-2000
Fortress Outreach	389-6100
Provides emergency shelter and safe housing to battered women and their children.	
Hopewell Center.	531-1770
Helps chronically mentally ill patients readjust to the community.	
Missouri Mentoring Partnership	877-2012

Recruits and trains local individuals to be mentors.	
Places for People	535-5600
Provides services to the chronically mentally ill.	
Respond, Inc.	727-3687
Support organization to match up with an agency.	
St. Louis ConnectCare Dialysis Unit	381-7696
Offers hemodialysis and a peritoneal program for individuals with kidney disease.	
WIC	361-5728
A food program to help infants and children up to age five and pregnant and/or breast feeding mothers.	

RESPITE CARE

Respite care services provide people caring constantly for someone a way to have occasional rest. Some area groups offering respite-care services include:

ARCH Respite Office of St. Louis	569-0247
Cardinal Ritter Institute at Cardinal Carberry Senior Living Campus	461-8000
Children's Home Society of Missouri	968-2350
Edgewood Children's Center	968-2060
Jewish Center for Aged of Greater St. Louis	434-3330
Judevine Center for Autistic Children	849-4440
Marlborough House	962-0015
Residential Support Program-Easterfield Lodge	644-6507
Ranken Jordan Extended Pediatric Care	872-6400
St. Louis Crisis Nursery	768-3899
St. Louis Peregrine Society	781-6775
United Cerebral Palsy Assoc.	994-1600

SENIOR CITIZEN ASSISTANCE

Aging Information	1-800-235-5503
Association on Aging with Developmental Disabilities	647-8100
Programs assisting seniors with the desire to live as independently as possible.	
Available City-wide Transportation (A.C.T.)	383-4600
Transportation for seniors to medical appointments, clinics and shopping.	
Cardinal Ritter Institute	962-7501
Provides adult day care services.	
Isaiah 58 Ministries	776-1410
2149 S. Grand. Provides Older Adults' Center.	
Grace Hill Neighborhood Services , 2600 Hadley	898-1700
Nourishment and meeting places for persons over 60. Home visit service offers counseling and health services and provides volunteer opportunities for older adults.	
Grand-Oak Hill Community Corporation 4168 Juniata	865-5530
Senior Lunch Program. Also, weatherization kits and some transportation and meal delivery.	
H.O.P.E. (Housing Options Provided for the Elderly) 4265 Shaw	776-0155
Housing option consultation, education to community, resource for housing option development within Missouri.	
Meals on Wheels	268-1523
Missouri Dept. of Health and Senior Services	340-7300
Nursing Home Ombudsman Program, Div. of Senior Services	340-7353
Provides information and referral regarding nursing home placement, regulations, residents' rights and complaints about nursing homes.	

Program of Alternative Care for The Elderly (PACE)	771-5800
Provides social activities, nutrition and preventive health care management for the frail elderly who reside with a family. Assigns support staff for individuals who live alone and who need a minimal level of nursing home care or supervision and assistance for part of their daily care.	
St. Elizabeth Adult Day Care Center	772-5107
Adult day care for persons 60+; must have adequate mobility and need no more than moderate help with eating and toileting. Program includes leisure time activities, self-care training, information and referral, meals and snacks.	
St. Louis Area Agency on Aging (SLAAA)	612-5900
Provides programs and services for the city's elderly. Maintains a listing of senior citizen apartments and nursing home facilities. Meals at nutrition centers, home delivered meals, distribution of surplus food.	
Home Delivered Meals	612-5918
Senior Citizens and Handicapped Bus Fare Discounts	231-2345
Medicare card accepted on all buses any time. Reduced fare.	
Senior Home Security Home Services, Inc.	531-9779
Provides assistance in home repair, weatherization, security, some plumbing, carpentry. Cost based on income.	

SUPPORT GROUPS

Al Anon	645-1572
Alcoholics Anonymous	647-3683
Free To Be Me (Overeaters Anonymous)	638-6070
Mental Health Association of St. Louis	773-1399
Neighborhood Association	771-0803
Nicotine Anon	832-9279
Parkinson's Disease Information	362-3299
Postpartum Depression Referral	362-MOMS
Recovery, Inc. (For persons with nervous symptoms)	770-9865
Survivors of Suicide	647-3100
Womens Support & Community Services	531-2003

UTILITY PROBLEMS

Consumer Advocate (Office of the Public Counsel)	573-751-4857
This office represents consumers on utility matters.	
Consumer Hotline (toll free)	1-800-392-4211
Public Service Commission	
St. Louis Office	207-8001

VETERANS

St. Louis City Dept. of Human Services Veterans Services	612-5957
Veterans Administration & Outreach	1-800-827-1000
Veterans Psychiatric Abuse/Fraud Hotline	729-2854

VICTIMS OF CRIME

Community Psychological Service	516-5824
Outpatient psychological service to rape victims (free).	
Crime Victims Advocacy Service of St. Louis	652-3623
Life Crisis Service	647-4357
Suicide crisis intervention hotline.	

MADD Mothers Against Drunk Driving	426-1595
Survivor of Incest Anon	995-1901
Teen Hotline (KUTO - Kids Under Twenty-one)	644-5886

VITAL RECORDS/STATE

www.dhss.mo.gov/BirthAndDeathRecords

To request a birth or death certificate from a local health department, you may download the application and submit it in person or by mail to the nearest local health department. To request a certified copy of a marriage license contact the Recorder of Deeds in the county where the license was obtained. To request a certified copy of a divorce decree contact the Circuit Clerk in the county where the decree was granted. If necessary you can request these documents from the Department of Health and Senior Services in Jefferson City.

Missouri Department of Health, Division of Vital Records

P.O. Box 570, Jefferson City, MO 65102-0570

Birth, Death and Marriage Records	(573) 751-6387
City Hall Vital Records	613-3016

VOLUNTEERING

The Volunteer Center of the United Way of Greater St. Louis works to strengthen the community by promoting effective volunteer experiences. It helps link individuals who want to volunteer with agencies that need them and also connects companies to hundreds of time-limited, hands-on volunteer projects. For additional information, contact Rick Skinner - United Way Volunteer Center at **539-4284** or at websites: www.stl.unitedway.org or www.stl-cares.org

WOMEN'S ASSISTANCE

Also see "Families & Children" and "Emergency Shelter & Help"

Catholic Charities	531-0511
Isaiah's Ministries , 2149 S. Grand	776-1410
Provides Single Parents' Support Group with special education programs.	
Legal Advocates for Abused Women	535-5229
Advocacy for victims abuse - provides legal advocacy for victims of abuse.	
Marian Hall Agencies	854-5700
Parents As Teachers , 516 Loughborough	771-4626
At the Carondelet Area Community School	353-1599
516 Loughborough at the Carondelet Area Community School.	
Provides services to answer the needs of women who are mothers through group discussions, lectures and workshops; referral services in the area of physical and mental health, social services and counseling; drop-in service and child care program.	
New Careers For Homemakers	644-9262
Free services to identify skills, interests and abilities; explore current labor market info.; learn about non-traditional jobs/training opportunities and how to conduct creative job search. Skill training in certain occupational areas available at nominal fees.	
Our Lady's Inn	869-1711
Provides emergency shelter and care for homeless pregnant women 18+ at any stage of pregnancy. Counseling, parent training; help with adoptive procedures if victims of rape or incest. Support groups; court advocates. Referrals for housing and further counseling.	
O.W.L. - Older Women's League , 438 N. Skinker	725-5862
Woman's Place , 2716 Suitton P., Maplewood, 63143	645-4841
Women's Safe House	772-4535
For women in crisis and their children. Group & individual counseling.	

Women's Support and Community Services	646-7500
24 Hour Hotline	531-2003
Provides services to physically, sexually and emotionally abused women including victims of rape or incest. Support groups; court advocates. Referrals for housing and further counseling.	
The Women's Safehouse	772-4535
P.O. Box 63010, St. Louis 63163.	
Shelter and support for battered women and their children.	
YWCA Women's Resource Center	726-6665

YOUTH PROGRAMS

Boys Club of St. Louis	772-5661
Girls Inc. of St. Louis	385-8088
Henry Shaw Academy	577-9423
Offers many exciting hands on and experience-oriented programs and activities in areas of Science, Ecology and Natural History for different age groups of young people 4 through 18. More information available from the Missouri Botanical Garden.	
Human Development Corporation	367-5585
Adult and youth services.	
Mathews Dickey Boys and Girls Club	772-4535
P.O. Box 63010, St. Louis 63163.	
YMCA Leader's Club , South City, 3150 Sublette	389-1511
Volunteer work and marketable job skills are the focus.	
YMCA Monsanto Family Center , 5555 Page	367-4646
YWCA	531-1115, 481-2422

— IMPORTANT PHONE NUMBERS —

Note - Contact Neighborhood organizations for special programs they may sponsor.

AACORN	531-7023
Alliance for Animal Legislation , P.O. Box 270024 63126	994-1000
Alzheimer's Disease Association	432-3422
American Red Cross	658-2000
Arts & Education Fund	535-3600
Blind & Physically Handicapped Library Services	1-800-392-2614
Bus & Metrolink Information	231-2345
Civil Rights Enforcement Agency	622-3301
Connect Care	361-2273
Consumer Fraud Hotline	1-800-392-8222
Driver's License Exam , 4626 S. Kingshighway	752-3177
Drug Abuse Help: BASIC	621-9009
Emergency Services (Connect Regional)	361-2273
Election Board	622-4336
Federal Information Center	1-800-688-9889
Federal Tax Forms (ordering)	1-800-829-1040
Food Stamps	426-9600
Forest Releaf	533-5323
Health Department	658-1054
Hearing & Speech Centers	968-4760

Immigration and Naturalization	1-800-375-5283
International Institute	773-9090
Jury Supervisor's Office	622-4457
League of Women Voters	961-6869
Legislative Hotline (Public Library)	539-0376
Lost Pets - Humane Society	647-8800
Animal Protective Association	645-4610
City Pound	353-5838
Marriage License Bureau	622-3257
Mental Health Association	773-1399
Missouri Botanical Garden	577-5100
Missouri Botanical Garden Answering Service	577-5143
Missouri Department of Transportation	340-4100
Motor Vehicle Licensing, 4628 S. Kingshighway	481-8668
NAACP	361-8600
Narcotics Anonymous	830-3232
Police, Central Patrol, 919 N. Jefferson	444-2500
Police, South Patrol, 3157 Sublette	444-0100
Police, North Patrol, 4014 N. Union	444-0001
Postal Service Offices	1-800-275-8777
Rabies Control	353-5838
RCGA (Chamber of Commerce)	231-5555
Safe Connections (Rape & Abuse help)	531-2003
Statewide Road Conditions Hotline	1-800-222-6400
STD (Sexually Transmitted Diseases)	
Info (City Health Div.)	612-5200
National Hotline (STD & AIDS)	919-361-8488
STL Association for Gifted Children	878-5029
STL City Office on the Disabled	622-3686
SIDS (Sudden Infant Death Program)	1-800-221-7437
Suicide/Crisis Intervention	647-HELP
Talking Tapes	646-0500
TDD Emergency Only (Contact St. Louis)	837-7470
Tourist Information	869-7100
Tower Grove Park	771-2679
Traffic Violation Bureau	622-3577
Urban League	615-3600
Zip Code Information	1-800-ASK-USPS

VISIT THE SENATE HOME PAGE

www.senate.mo.gov



LINKS TO THE HOUSE OF REPRESENTATIVES, STATEWIDE ELECTED OFFICIALS AND ALL STATE DEPARTMENTS CAN BE ACCESSED AT THIS INTERNET ADDRESS

The Missouri Senate web page offers you current bill status information, committee lists, session schedules, legislative calendars, daily journals, links to each Senator's web page and much more.

LIVE DEBATE

Through a link on the Senate web page you can listen to live debate while in session. A link to House debate is also available.



Senator Smith working for the 4th District on the Senate Floor.

MISSOURI STATE SENATE
SENATOR JEFF SMITH
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Jefferson City MO 65101



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