



Community Service Directory

2006



*Senator Michael Gibbons
District 15*



TABLE OF CONTENTS

Crisis Services	3
Hospitals	3
Senior Citizen Services	5
Elected Officials:	
President	8
Federal	8
State Government	9
Statewide Elected Officials	11
St. Louis County Government:	
Elected Officials	12
County Government Departments	12
Hotlines	13
Recycling	17
Other Important Agencies	19
Municipalities	20
Chambers of Commerce	21
Consumer Protection	22
Counseling and Guidance	22
Employment	24
Financial Services:	
Social Security	24
Veterans Benefits	25
Social Services	25
Health:	
Medicare	26
Medicaid	26
County Health Services	27
Other Health Related Services	27
Legal	28
Tax Information	29
Transportation	30
School Districts	31
Voter Registration	32
Capital City Tours	33

CRISIS SERVICES

AA - Alcoholics Anonymous 647-3677
www.aastl.org
Aid to Family's
 with Dependent Children 800-392-1261
AIDS Hot Line 314-516-2761
Arson Hot Line 800-392-7766
Cancer Information Services ... 800-422-6237
www.hsc.missouri.edu/~ellisfischel
Child Abuse and Neglect
 Hot Line 800-392-3738
 Local 314-381-0754
Drug & Alcohol Rehabilitation
 Treatment (DART) Center 314-534-1220
 Crisis Hot Line 800-711-6402
Elderly Abuse and Neglect
 Hot Line 800-392-0210
Mental Health Crisis Hot Line .. 314-469-6644
National Suicide Hot Line 800-SUICIDE
www.suicidehotlines.com/missouri.html
Missing Children Hot Line 800-843-5678
National Runaways
 Switchboard 800-621-4000
www.nrscrisisline.org
Parental Stress Help Line 800-367-2543
Poison Control Center (Regional) 314 722-5200
Rape & Abuse Hot Line 800-303-0013
Relay Missouri (for deaf individuals)
 (TDD) 800-735-2966
 (Voice) 866-735-2460
www.relaymissouri.com
Suicide Crisis Prevention/Life Crisis
 Services Hot Line 314-647-4357
Teen Hot Line (evenings/weekends) 314-644-5886
 1423 S. Big Bend Blvd.
 St. Louis, MO 63117
Women's Crisis Hot Line 531-2003
 (domestic violence, rape or incest)
Runaway National Hot Line 800-999-9999

HOSPITALS

St. Alexius Hospital 865-7000
 3933 S. Broadway 63118
stalexiushospital.com

Barnes Jewish Hospital 747-3000
 1 Barnes Jewish Hospital Plaza 63110
www.barnesjewish.org
Cardinal Glennon
 Children's Hospital 577-5600
 1465 S. Grand Blvd. 63104
www.cardinalglennon.com
Des Peres Hospital 966-9100
 2345 Dougherty Ferry Rd. 63122
www.despereshospital.com
Forest Park Hospital 768-3000
 6150 Oakland Ave. 63139
www.forestparkhospital.com
Missouri Baptist Medical Center ... 996-5000
 3015 N. Ballas Road 63131
www.missouribaptistmedicalcenter.org
South Point Hospital 268-6000
 2639 Miami 63118
St. Anthony's Medical Center 525-1000
 10010 Kennerly Road 63128
stanthonysmedcenter.com
St. John's Mercy Medical Center ... 569-6000
 615 S. New Ballas Road 63141
mercy-fammed.com
St. Joseph's Hospital of Kirkwood .. 966-1500
 525 Couch Ave. 63122
www.stjosephkirkwood.com
St. Louis Children's Hospital 454-6000
 One Children's Place 63110
www.childrenshospitalstl.org
Pediatric Answer Line 454-5437
www.stlouischildrens.org
St. Luke's Hospital 434-1500
 232 S. Woods Mill Road 63017
stlukes-stl.com
St. Mary's Health Center 768-8000
 6420 Clayton Road 63117
www.stmarys-stlouis.com

SENIOR CITIZEN SERVICES

CORP

(County Older Resident Programs)

CORP is a division of the St. Louis County Department of Human Services. CORP provides a variety of programs and services designed to help adults 60 years of age and older live independently in their own homes as long as possible. If you are interested in participating or volunteering in the program, contact the following:

Central Info & Referral 314-615-4516

121 S. Meramec

St. Louis, MO 63105

www.stlouisco.com/dhs/corp.html

Programs Offered By CORP

Crime Prevention and Home Safety

Home Care and Repair

Information and Referral

Legal Assistance

Tax & Circuit Breaker Preparation

Transportation

Visitor/Connect

Telephone Reassurance 615-4516

(Regularly scheduled phone calls between the elderly to make sure all is well)

CLAIM

Missouri's Free Senior Health Insurance

Assistance Program 800-390-3330

www.mpcrf.org/beneficiaries/medicare_help.asp

MEAAA

The Mid-East Area Agency on Aging provides services and programs for adults 60 years or older of all income levels in St. Louis, Jefferson, Franklin and St. Charles counties. The services offered are too numerous to mention here, but included are Older Adults Transportation (OATS), Meals on Wheels, and access to Senior Centers.

Mid-East Area Agency on Aging . 636-207-0847

14535 Manchester Road

Manchester, MO 63011

mid-eastaaa.org

Elderly Abuse and Neglect

Hot Line 800-392-0210

If help is needed to tend to basic needs in the home, if minimum standards for care or cleanliness are not being met in a nursing home, or if you feel you have been swindled or taken advantage of, an investigation will be made, and you may request a copy of the report.

MEDICAID

Often a senior citizen's income is at a level eligible for Medicaid, a health assistance program administered by the state according to federal guidelines. A person can be covered by both Medicare and Medicaid if eligibility requirements are met. For information, contact

Missouri Div. of Family Services 426-9600

9900 Page Avenue

St. Louis, MO 63132

www.dss.mo.gov/cd/office/stlouiscounty.htm

Day care facilities for the elderly

Missouri Adult Day Care

Association 573-634-3566

2420 Hyde Park, Ste. A

Jefferson City, MO 65109

www.moadca.org

Centers located in 15TH Senatorial District

Bethesda Dilworth Home 968-5460

9645 Big Bend Blvd.

Webster Groves, MO 63122

www.bethesdahealth.org

Cardinal Ritter Institute 962-7501

Adult Day Care Program

7663 Watson Road

Shrewsbury, MO 63119

www.ccstl.org/cardinal_ritter

Need a Helping Hand?

Eastern Missouri Elderly Law Unit

Legal Services - Intake Dept. 534-4200

www.lsem.org

(Free legal services for the elderly, civil cases only)

Meals on Wheels 268-1523

(For a hot dinner delivered to your home)

Mid-East Area Agency on Aging . . . 636-207-0847

www.mid-eastaaa.org

Missouri Department of Revenue for

Senior Citizens Tax Relief 301-1660

www.dor.state.mo.us/tax/

(Assistance available)

Missouri Division of Health and

Senior Services- Alternative Care/

Homemaker Services 340-7300

www.dhss.mo.gov/SeniorServices/index.html

Older Adults Transportation System (OATS)

South County 894-7507

Public Service Commission 340-6807

(Help with utility billing and services)

www.psc.state.mo.us

St. Louis County Housing

Authority (Rent assistance) 428-3200

www.stlouisco.com/plan/housing/rental.html

SenioRX Program . . . Toll Free 1-800-375-1406

www.dhss.mo.gov/MoSeniorRx

WHO ARE MY ELECTED REPRESENTATIVES?

Find out at the following website:

http://www.senate.state.mo.us/zipcode/leg_lookup.htm

ELECTED OFFICIALS

President George W. Bush

The White House

1600 Pennsylvania Ave.

Washington, D.C. 20500

www.whitehouse.gov/president

Richard “Dick” B. Cheney

Office of the Vice-President

Old Executive Office Building

Washington, D.C. 20500

www.whitehouse.gov/vicepresident

White House Switchboard 202-456-1414

FEDERAL GOVERNMENT

United States Senators:

Christopher (Kit) Bond 202-224-5721

274 Russell Bldg.

Washington, D.C. 20510-2503

bond.senate.gov

St. Louis Office: 725-4484

7700 Bonhomme, Ste. 615

St. Louis, MO 63105

Jim Talent 432-5211

111 S. 10th Street, Suite 23.360

St. Louis, MO 63141

493 Russell Senate Office Building . 202-224-6154

Washington, DC 20510 Fax: 202-228-1518

talent.senate.gov

United States Congressmen:

1ST District

Rep. William L. Clay, Jr. 202-225-2406

131 Cannon Bldg.

Washington, D.C. 20515-2501

www.house.gov/clay

District Offices:

625 N. Euclid, Ste. 220 367-1970

St. Louis, MO 63108

8525 Page Blvd. 890-0349

St. Louis, MO 63144

2ND District

Rep. Todd Akin 202-225-2561

117 Cannon Bldg.
Washington, D.C. 20515
www.house.gov/akin

District Office:

301 Sovereign Ct., Ste. 201 314-590-0029
Ballwin, MO 63011

820 S. Main 636-949-6826
St. Charles, MO 63301

3RD District

Rep. Russ Carnahan 202-225-2671

1232 Longworth Building
Washington, D.C. 20515
www.house.gov/carnahan

District Offices:

8764 Manchester, Suite 202 894-3400
St. Louis, MO 63144

STATE GOVERNMENT

www.state.mo.us

15TH SENATORIAL DISTRICT

MISSOURI STATE SENATOR

Michael R. Gibbons 573-751-2853

State Capitol, Room 326
Jefferson City, MO 65101

www.senate.mo.gov/gibbons

District Office 966-2526
148 W. Adams
Kirkwood, MO 63122

15TH SENATORIAL DISTRICT

MISSOURI STATE REPRESENTATIVES

You may write to your state representative at the following Jefferson City address:

House Post Office
State Capitol
Jefferson City, MO 65101

Listed below are the names and home addresses of your area state representatives:

Michael Vogt- Dist. 66 631-0828

6035 Weber Road
St. Louis, MO 63123

www.house.state.mo.us/bills051/member/mem066.htm

Margaret Donnelly-Dist. 73 781-8555

130 S. Bemiston, Ste. 706
St. Louis, MO 63105

www.house.state.mo.us/bills051/member/mem073.htm

Jim Lembke-Dist. 85 845-8508

812 Ann Lynn Ct
St. Louis, MO 63125

www.house.state.mo.us/bills051/member/mem085.htm

T. Scott Muschany-Dist. 87 821-2040

10 Ridgeline
Warson Woods, MO 63122

www.house.state.mo.us/bills051/member/mem087.htm

Neal St. Onge-Dist. 88 636-394-2420

281 Geremma Drive
Ballwin, MO 63011

www.house.state.mo.us/bills051/member/mem088.htm

Kathlyn Fares-Dist. 91 968-1766

659 West Kirkham
Webster Groves, MO 63119

www.house.state.mo.us/bills051/member/mem091.htm

Charles Portwood-Dist. 92 636-230-0142

370 Stormy Oak Dr.
Ballwin, MO 63021

www.house.state.mo.us/bills051/member/mem092.htm

Vacant-Dist. 93

www.house.state.mo.us/bills051/member/mem093.htm

Jane Bogetto -Dist. 94-Dist. 94

www.house.state.mo.us/bills051/member/mem094.htm

Jim Avery-Dist. 95 302-5553

7939 Royal Arms Court Apt. 4
Crestwood, MO 63123

www.house.state.mo.us/bills051/member/mem095.htm

Patricia Yeager-Dist. 96 631-7194

729 Reed Avenue
St. Louis, MO 63125

www.house.state.mo.us/bills051/member/mem096.htm

STATEWIDE ELECTED OFFICIALS

Governor Matt Blunt 573-751-3222

Executive Office
P.O. Box 809A, Jefferson City, MO 65102
www.gov.mo.gov

Lt. Governor Peter Kinder 573-751-4727

State Capitol, Room 121A
Jefferson City, MO 65101
www.ltgov.mo.gov

Secretary of State Robin Carnahan 573-751-4936

State Capitol, Room 208
Jefferson City, MO 65101
www.sos.mo.gov

State Treasurer Sarah Steelman .. 573-751-2411

State Capitol, Room 229
Jefferson City, MO 65101
www.treasurer.mo.gov

State Auditor Claire McCaskill ... 573-751-4824

State Capitol, Room 224
Jefferson City, MO 65101
www.auditor.mo.gov

Attorney General Jay Nixon 573-751-3321

P.O. Box 899, Jefferson City, MO 65102
www.ago.mo.gov

St. Louis Office: 340-6816

Laclede Gas Building
720 Olive St., Suite 2150
St. Louis, MO 63101

ST. LOUIS COUNTY GOVERNMENT

www.stlouisco.com

ELECTED OFFICIALS

Charles Dooley
County Executive 615-7016

www.stlouisco.com/budget

St. Louis County Council 615-5432

41 South Central, 1st floor
Clayton, MO 63105
www.stlouisco.com/council

John Campisi, 6TH District 615-5442

41 South Central
St. Louis, MO 63105

www.stlouisco.com/council/district6.html

Skip Mange, 3RD District 615-5438

41 South Central
St. Louis, MO 63105

www.stlouisco.com/council/district3.html

Kurt Odenwald, 5TH District 615-5441

41 South Central
St. Louis, MO 63105

www.stlouisco.com/council/district5.html

Greg Quinn, 7TH District 615-5443

41 South Central
St. Louis, MO 63105

www.stlouisco.com/council/district7.html

COUNTY GOVERNMENT DEPARTMENTS

Information Desk 615-5000

Administration:

Bruce Kendrick, Director 615-7055

Health Department:

Dr. Dolores Gunn, Director 615-1600

www.stlouisco.com/doh

Highways & Traffic:

Garry Earls, Director 615-8501

www.stlouisco.com/hwyweb

Human Services:

Dr. Marilyn Robinson, Director 615-4485

www.stlouisco.com/dhs

Metropolitan Sewer District:

Jeffrey Theerman, Exec. Director 768-6200

www.msd.st-louis.mo.us

Parks & Recreation:

Lindsey Swanick, Director 615-5454

www.stlouisco.com/parks

Planning:
 Glenn Powers, Director 615-2515
www.stlouisco.com/plan

Chief of Police:
 Col. Jerry Lee 615-4260
www.stlouisco.com/police
 (emergency) 911
 (non-emergency) 889-2341

Public Works:
 Garry Earls, Director 615-7081
www.stlouisco.com/pubworks

Revenue:
 Robert H. Peterson, Director 615-7179
 Phil Muehlheausler, Assessor 615-5124
revenue.stlouisco.com

Board of Equalization 615-7195
 (to appeal property tax assessments)
 41 S. Central, 2nd floor, Clayton, MO 63105

Board of Police Commissioners 615-4260

Board of Elections 615-1800
www.stlouisco.com/elections

HOTLINES

**For directory assistance with
 toll-free numbers** 800-555-1212

AFDC Hot Line 800-392-1261
 (Aid to Families with Dependent Children)

Arson Alert Program 800-392-7766

Ask MODOT 888-275-6636

Attorney General Hot Line 800-392-8222

Auditor's Office 800-347-8597

Better Business Bureau-St. Louis 645-3300

Central MO Regional Center 888-671-1041

Child Support Payment Center .. 800-225-0530

**Child Support Customer
 Relations Help Line** 800-859-7999

Consumer Product Safety Com. .. 800-688-9889

Poison Control Hot Line 800-222-1222

Council on the Arts 340-6845

Crisis & Referral Hot Line 800-356-5395
 (Confidential - Counseling & Referral)

DIG Rite 800-344-7483

Dislocated Workers/Training 800-877-8249

**Division of Family Services
 Hot Line** 800-392-3738
www.dss.state.mo.us/can.htm

**Division of Senior Services
 Hot Line** 800-392-0210
www.dhss.state.mo.us/Senior-Services/ps.htm

Don't Call List 866-289-9633

EEOC St. Louis 539-7800

Economic Develop. Programs ... 800-523-1434

Emissions Locations 888-748-1247

Energy Conservation Info 800-361-4827

Environmental Spills 800-424-8802
 MO Dept. Natural Resources 573-634-2436

**Fair Housing and Equal Opportunity
 Hot Line** 800-669-9777

Family Care Registry 866-422-6872

Family Support Payment Center .. 800-225-0530

Father's Rights 800-435-7323

**Federal Deposit Insurance
 Corp. - Chicago** 800-944-5343
www.fdic.gov

Federal Communications Com. .. 888-225-5322

Federal Elections Com. 800-424-9530

Federal Information Operator ... 800-688-9889

Fire Marshall 800-392-7766

First Stop Shot-Eco. Dev. 800-523-1434

Food Stamp Eligibility 800-392-1261

Foster Parents 800-554-2222

**Governor's Council on
 Disability Hot Line** 800-877-8249
www.gcd.ia.mo.gov/contact.shtml

Highway & Trans./permits 800-877-8499
Housing Discrimination 800-669-9777
Insurance-Consumer Problems . . . 800-726-7390
Legal Services 534-4200
www.mobar.org/lpmonline/referral.htm
Long-Term Care Ombudsman Program 918-8222
www.ltcop-stl.org
Medicaid-Medical Services 800-392-2161
 Appeals/Reviews 800-392-8030
Medicaid-Providers 800-392-0938
Medicare Information 800-633-4227
www.momedicare.com
Missouri Bar Lawyer Referral . . . 573-636-3635
www.mobar.net/pamphlet/referral.htm
Missouri Commission on the Humanities 781-9660
Missouri Dental Association 573-634-3436
www.modental.org
Missouri Medical Association . . . 573-636-5151
www.msma.org
Missouri Senate Hot Line 800-877-5982
 (bill tracking information - Jan.- May)
www.senate.state.mo.us
Missouri Natural Resources 800-334-6946
 (for information)
www.dnr.state.mo.us
MOST Program (Higher Ed.) . . . 888-414-6678
National Hwy Traffic Safety 800-424-9393
National Resources Info 800-361-4827
Occupational Safety & Health . . . 800-392-7743
Operation Game Thief 800-392-1111
Organ Donor Program 800-366-6791
OSHA (Occupational Safety & Health Administration) 425-4249
www.osha.gov
Public Assistance Inquiry/Complaints Information Hot Line 800-392-1261

Public Service Commission
Consumer Hot Line 800-392-4211
Relay MO/Deaf Phone Service . . . 800-735-2966
 Non-Impaired 800-735-2466
Runaway/Troubled Youth
National Hot Line 800-621-4000
School Violence 866-748-7047
SIDS Resources 800-421-3511
Small Business Administration 539-6600
Social Security Information 800-772-1213
www.ssa.gov
Social Services-Civil Rights 800-776-8014
State Parks & Historic Sites 800-334-6946
Suicide Hot Line 800-SUICIDE
Tourism 800-877-1234
Unemployment-Claims/Requests . . . 800-320-2519
Utility Complaints 800-392-4211
Waste In State Government 800-347-8597
Welfare Fraud 800-392-1261
Wolfner State Library 800-392-2614
Women's Entrepreneurial Training Program 595-4586
Women's Support and Community Services 314-531-2003
 (help for abused women)
Veterans Administration 800-827-1000
www.mvc.state.mo.us
United Way Voluntary Action Center . 539-4063

RECYCLING INFORMATION

Affton 631-3400
Southside Recycling Center, 4076 Bayless Road at Highway 55
Accepts aluminum, cardboard, newspaper, phone books and junk mail.

Crestwood 314-621-1853
Curb-side service from Midwest Waste

Fenton 314-621-1853
Curb-side service from Midwest Waste

Glendale 636-947-5959
Curb-side service from Midwest Waste

Kirkwood 822-5828
Kirkwood Recycling Center, 350 S. Taylor, open 24 hours. Accepts magazines, newspapers, cardboard, telephone books, mixed paper, glass, aluminum, and steel.

Optional curb-side service from Earth Circle 664-1450
Fee of \$50 for 6 months. Weekly pickup. Accepts #1 & #2 plastic, aluminum, steel, telephone books, office paper, newspaper, junk mail, magazines, and glass.

Manchester 567-1800
Curb-side service from IESI,
See Oakland for what is accepted

Marlborough
Recycling dumpster, 7826 Wimbeldon

Oakland 544-7400
Curb-side service from IESI. Weekly pickup. Accepts plastic bags, newspapers, magazines, catalogs, cardboard, paper bags, paperboard, white and colored paper, junk mail, glass, aluminum, steel, tin, #1, #2, #3, #4, #5, #6 and #7 plastic, telephone books and scrap metal.

Shrewsbury 645-7441
Shrewsbury Recycling Center, 7309 Melbourne, near the Public Works garage. Accepts newspaper, glass, aluminum, steel, #1 & #2 plastics, and telephone books.

Sunset Hills
Curb-side service available at extra fee through trash service.
Excel (314) 739-8338
Midwest Waste 314-621-1853

Valley Park 636-544-7400
Curb-side service through IESI, see
Oakland for what is accepted

Warson Woods 567-1800
Curb-side service from Onyx,
Accepts #2 plastic, glass, aluminum, steel and newspaper

Webster Groves 636-947-5959
Curb-side service from Midwest Waste

Wilbur Park 631-3400
Closest facility: Southside Recycling Center, 4076 Bayless Road at Highway 55
Accepts aluminum, cardboard, newspaper, phone books and junk mail.

Winchester 636-947-5959
Curb-side service from Midwest Waste

For areas of unincorporated St. Louis County, contact the Department of Health 286-9200.

For further information, contact the St. Louis County Department of Health, Waste Management Hotline at 286-9200

For newspaper recycling facilities, check your local schools and churches for receptacles provided by Abitibi Consolidated.
Please call 381-3700
or check their Web site at
www.paperretriever.com.

YOU MAY WISH TO CONTACT OTHER IMPORTANT AGENCIES

Planning an outing?

National Weather Service 636-441-8467
Forecasts and Temperatures
Lambert Field

www.crh.noaa.gov/lxx

Vital Records, Department of Health

Birth 573-751-6387
Death 573-751-6387
Marriage and Divorce 573-751-6387

www.health.state.mo.us/BirthAndDeathRecords/BirthAndDeathRecords.html

Department of Insurance

(Regarding consumer inquiries and complaints involving insurance)

Jefferson City Office 573-751-2640
St. Louis Office 340-6830
Hot Line 800-726-7390

www.insurance.state.mo.us

Mental Health Association 773-1399

1905 S. Grand
St. Louis, MO 63104

www.mhagstl.org

National Council on Alcoholism

and Drug Abuse (St. Louis Area) 962-3456

8790 Manchester
St. Louis, MO 63144

www.ncada-stl.org

St. Louis County Family Mental

Health Services

Central Office 615-1760
South County Office 615-4072

www.stlouisco.com/doh/hlthctr/fmh_ctr/fmh.html

St. Louis County Animal Control 726-6655

South Office

www.stlouisco.com/doh/environ/animals/animals.html

St. Louis County Library

Headquarters 994-3300

(Offers delivery services for shut-ins or handicapped)

1640 S. Lindbergh Blvd.
St. Louis, MO 63131

www.slcl.lib.mo.us

MUNICIPALITIES

www.stlouisco.com/scripts/communities/

Afton 314-615-5000
Crestwood 729-4700
Fenton 636-343-2080
Glendale 965-3600
Grantwood Village 842-4409
Kirkwood 822-5802
Mackenzie 725-0625
Manchester 636-227-1385
Marlborough 962-5055
Oakland 965-4600
St. George 631-1295
Shrewsbury 647-5795
Sunset Hills 849-3400
Twin Oaks 636-225-7873
Valley Park 636-225-5171
Warson Woods 965-3100
Webster Groves 963-5300
Wilbur Park 631-3963
Winchester 636-391-0600

CHAMBERS OF COMMERCE

Affton Chamber of Commerce

10203 Gravois Road
Affton, MO 63123 849-6499
FAX 849-6399

www.afftonchamber.com

Crestwood-Sunset Hills Area Chamber of Commerce

9058 A Watson Road
Crestwood, MO 63126 843-8545
FAX 843-8526

www.ourchamber.com

Fenton Area Chamber of Commerce

1720-F West Park Center Dr.
Fenton, MO 63026 636-717-0200
FAX 636-717-0214

www.fentonmochamber.com

Kirkwood Area Chamber of Commerce

138 W. Madison
Kirkwood, MO 63122-4201 821-4161
FAX 821-5229

www.kirkwoodarea.com

South St. Louis County Chamber of Commerce

6921 S. Lindbergh
St. Louis, MO 63125 894-6800
FAX 894-6888

www.southcountychamber.com

Webster Groves/Shrewsbury Area Chamber of Commerce

46 West Lockwood Avenue
Webster Groves, MO 63119 962-4142
FAX 962-9398

www.webstershrewsburychamber.com

West County of St. Louis Chamber of Commerce

14811 Manchester Rd., Ste. 100
Wildwood, MO 63011-4913 636-230-9900
FAX 636-230-9912

www.westcountychamber.com

CONSUMER PROTECTION

It has been said the best defense is a good offense. The best protection against being defrauded or deceived is careful shopping. The agencies listed below are not just places to go when you have a grievance but are good places to check the record of particular products or businesses before you make a purchase.

Better Business Bureau

12 Sunnen Drive, Ste. 121 645-3300
St. Louis, MO 63143-1400

FAX 645-2666

www.stlouis.bbb.org

Trade Offense Division - Consumer Fraud

Enforcement 340-6816
FAX 340-7957

Office of the Attorney General
Wainwright State Office Building
111 N. Seventh St., Suite 204
St. Louis, MO 63101

www.ago.state.mo.us/consumers.htm

Complaint Section Hot Line 800-392-8222

COUNSELING & GUIDANCE

There are times when you just need someone to talk to. In addition to our churches and synagogues, there are several counseling and guidance centers serving children and adults in St. Louis County.

Alcohol & Drug Abuse

Regional Office 877-0370
FAX 877-0392

St. Louis Psychiatric Rehabilitation Center
Mail Stop A419, 4th Floor
5400 Arsenal
St. Louis, MO 63139

www.dmh.missouri.gov/ada/org/districts.htm

Rehabilitation Services

for the Blind-South Office 877-0151
FAX 877-0168

2 Campbell Plaza, Floor 3B
St. Louis, MO 63139

www.dss.mo.gov/dfs/rehab/index.htm

Division of Children and**Youth Services** 340-6904

Wainwright State Office Building
111 N. Seventh Street, Room 331
St. Louis, MO 63101

www.dss.state.mo.us

Missouri Protection and**Advocacy Services** 961-0679

(protecting human and legal rights for people with disabilities)

2941 South Brentwood
St. Louis, MO 63144

www.moadvocacy.org

Productive Living Board for**St. Louis County Citizens with****Developmental Disabilities** 314-726-2606

FAX 314-726-1907

121 Hunter, Suite 200
St. Louis, MO 63124

www.plboard.com

St. Louis Crisis Nursery South 768-3201

6150 Oakland
St. Louis, MO 63139

www.crisisnurserykids.com

St. Louis Metro Alliance for the**Mentally Ill** 966-4670

134 W. Madison
St. Louis, MO 63122

mo.nami.org/stlouis2.html

St. Louis Regional Center for the**Developmentally Disabled** 314-340-6500

FAX 314-340-6522

211 N. Lindbergh Blvd.
St. Louis, MO 63141

www.dmh.missouri.gov/slrc/index.htm

County Office 314-301-3900

FAX 314-301-3904

SLRC - St. Louis City Office

3101 Chouteau

St. Louis, MO 63103

Self-Help Center 966-4980

(Mental Health Center)

135 West Monroe
Kirkwood, MO 63122

Missouri Vocational Rehabilitation

Central Office 877-222-8963

FAX 573-751-1441

3024 Dupont Circle

Jefferson City, MO 65109-0525

www.vr.dese.mo.gov

EMPLOYMENT

There are two parts to getting a job. First, you have to know it's available, and second, you have to have the required qualifications. For the location of the largest file of available jobs and to apply for unemployment compensation, contact

Missouri Division of**Employment Security** 573-751-3215

421 E. Dunklin St.

P.O. Box 59

Jefferson City, MO 65104

www.dolir.state.mo.us/es

Work Force Development Center**Department of Economic Development**

2780 N. Lindbergh 63114-1108 877-2748

www.ded.mo.gov/employment/workforcedevelopment

Workers' Compensation 314-340-6865

FAX 314-340-6915

111 N. Seventh St., Room 250

St. Louis, MO 63101

www.dolir.state.mo.us/wc

*For specialized guidance, training, and preparation
for job interviews, try*

Missouri Vocational Rehabilitation

Central Office 877-222-8963

FAX 573-751-1441

3024 Dupont Circle

Jefferson City, MO 65109-0525

www.vr.dese.mo.gov

St. Louis Southwest VR 866-206-8948

FAX 314-416-2905

7545 South Lindbergh Blvd., Ste.120

St. Louis, MO 63125

FINANCIAL SERVICES

SOCIAL SECURITY

Almost every American reaching age 65 today is eligible for Social Security benefits on that birthday. Check your eligibility with our nearest Social Security district office at least 3 months before your

65th birthday. You may apply for these benefits at age 62 if you prefer, but early payment will reduce the monthly benefit amount for the rest of your life. Your Social Security district office can give you specific personal information. Take your birth certificate and Social Security card with you when you visit the SSA office.

Social Security Administration

Office 800-772-1213
3890 South Lindbergh, Ste. 220
Sunset Hills, MO 63127

www.ssa.gov

The Social Security Office also makes determinations on claims for disability benefits. Benefits are paid to people who are totally disabled, if they have worked five of the last ten years.

A new program has taken the place of the federal-state programs of public assistance payments to aged, blind or disabled individuals. You may apply for this assistance, called "supplemental security income payments," at the SSA office.

VETERANS' BENEFITS

The federal government has made numerous special benefits available to veterans. To check on questions concerning disability benefits, veterans' pensions, scholarships and loans under the GI bill, contact

**Veterans Administration Regional Office -
Veterans Benefits** 552-9885

400 S. 18th St., Rm. 107

St. Louis, MO 63103

www.mvc.dps.mo.gov

State Approving Agency -

Veterans Education 573-751-3487
P.O. Box 480

Jefferson City, MO 65102

www.dese.state.mo.us/divcareered/veterans_ed_index.htm

Missouri WWII and Korean Conflict

Veterans' Award Recognition Programs

..... 1-866-834-3431 (Toll Free)

Office of the Adjutant General

Attn: WWII Award

OR Attn: Korean Conflict Award

PO Box 1808

2302 Militia Drive

Jefferson City, MO 65102

These programs award a medal, medallion and certificate to Missouri veterans who served during either WWII or Korean Conflict.

www.moguard.com

SOCIAL SERVICES

People who are without adequate means of support may be eligible for general assistance, aid to

dependent children, food stamps, Medicaid, or other programs administered by the state Department of Social Services.

Eligibility for these programs is determined by your level of income, number of people in your family, and the value of personal belongings. You must apply in person to the

Division of Family Services 426-9600

9900 Page Avenue

St. Louis, MO 63132

www.dss.mo.gov/cd/office/stlouiscounty.htm

HEALTH

MEDICARE

People who are over 65 years of age or have been entitled to Social Security disability payments for 24 or more consecutive months are eligible for Medicare.

Medicare is a federal program that consists of two parts - hospital insurance and medical insurance. Hospital insurance helps pay the cost of inpatient hospital care as well as certain kinds of follow-up care. Medical insurance helps pay the cost of physicians' services, outpatient hospital services, and certain medical items and services not covered by hospital insurance.

People who use the medical insurance program must pay a basic monthly premium. Medicare hospital insurance is free of charge to people who are insured under Social Security.

Making informed decisions about home health or nursing homes can be difficult. Medicare has information that can help at www.Medicare.gov or call 1-800-Medicare.

For more information concerning Medicare benefits, contact

Social Security Administration

Office 800-772-1213

www.ssa.gov

St. Louis County Offices:

2160 Tenbrook Road 636-282-6052
Arnold, MO 63010

3890 South Lindbergh, Ste. 220 .. 800-772-1213
Sunset Hills, MO 63127

MEDICAID

Medicaid is a health assistance program administered by the state according to certain federal guidelines. Ten percent of all Americans benefit from the program, which exists in every state except Arizona.

Medicaid pays for visits to the doctor; immunization

for diseases such as measles, tetanus and polio; ambulance services in case of emergency; inpatient hospital care; yearly eye examinations; children's glasses; laboratory and X-ray services; home health care; family planning; and certain dental work and prescriptions. For more information, contact

Division of Family Services 314-426-8401
9900 Page Ave.
St. Louis, MO 63132
www.dss.state.mo.us/dms

COUNTY HEALTH SERVICES

Numerous specialized health services are available from the St. Louis County Health Department, including chest X-rays, service to crippled children and adults, dental care for low-income families, and treatment for venereal disease. These services are available at area clinics throughout the county. For further information or the location of the clinic nearest you, contact

County Health Division 615-0600
111 S. Meramec
Clayton, MO 63105
www.stlouisco.com/doh

For special information regarding Missouri's Food Stamp Program, contact

Food Stamp Information 426-9600
www.dss.state.mo.us/dfs/fstamp

OTHER HEALTH RELATED SERVICES

Missouri Regional Poison Center at SSM Cardinal Glennon Children's Hospital
. 314-722-5200
. 1-800-222-1222

St. Louis Cord Blood Bank at SSM Cardinal Glennon Children's Hospital . . . 314-268-2787
The St. Louis Cord Blood Bank is the second largest facility of its kind in the world. The bank collects cord blood donations through 30 facilities and 400 obstetrician offices across eastern Missouri and southern Illinois, and donations are used worldwide.

Child Education Courses SSM Health & Wellness 314-776-3627
. or 1-866-776-3627 (toll free)
SSM Cardinal Glennon Children's Hospital offers various nominal-cost community programs for children and parents. Programs include baby-sitting courses, first aid courses and self-esteem workshops.

Car Seat Check 1-866-776-3627 (toll free)
SAFE KIDS-St. Louis, SSM Cardinal Glennon Children's Hospital. Parent education on how to properly install car seats and secure children.

Adolescent Weight Loss Programs - Way to Go Kids! 314-776-3627
This group program at Hyland Education and Training Center in South County is an eight-week program for teen-agers that focuses on healthy eating and fitness.

Bike, Skating, Scooter and Skateboard Safety - Safety on Wheels 314-768-5311
. or 1-800-818-9494
Child education (ages 5-12) about proper safety on wheels and wearing of helmets.

Footprints Across Missouri 314-268-4110
. 1-877-557-2847
Footprints is a nationally recognized program at Cardinal Glennon that provides medical and emotional services for families whose children face life-threatening or serious illnesses. The program , which provides advance care planning and care coordination, recently expanded its mission of caring to five other health care institutions in Missouri as part of a three-year grant.

LEGAL

The Supreme Court has ruled that arrested people are entitled to legal counsel regardless of whether they can afford it or not. However, questions often come up about the various laws and regulations that govern our daily lives. For professional assistance contact:

Bankruptcy Court/St. Louis 539-2315

Board of Probation and Parole South County 842-7374
4452 S. Lindbergh
St. Louis, MO 63127
www.doc.mo.gov/division/prob/prob.htm

FBI-St. Louis 589-2500
241-5357

Lawyers Referral and Information Service 621-6681
1 Metropolitan Square
St. Louis, MO 63102-2733
www.mobar.org/pamphlet/referral.htm

Legal Services of Eastern Missouri 534-4200
 4232 Forest Park
 St. Louis, MO 63108
www.lsem.org

Missouri Bar 573-635-4128

Missouri Bar 573-635-7400
 (Attorney discipline)
www.mobar.org

Missouri Commission on Human Rights 340-7590
 505 Washington
 St. Louis, MO 63101
www.dolir.state.mo.us/hr

Missouri Protection and Advocacy Services 961-0679
 (Limited to people with disabilities - mental & physical)
 2941 S. Brentwood
 St. Louis, MO 63144

Public Defender - St. Louis County 615-4778
 100 S. Central, 2nd floor
 Clayton, MO 63105
www.publicdefender.state.mo.us

TAX INFORMATION

Each year, new federal and state legislation brings changes in our tax laws. Some of these new laws bring tax relief to most, if not all of us. In any event, they do make the task of preparing income tax returns a challenging and sometimes frustrating one. For information and assistance, contact

Federal Tax Information 800-829-1040
 Refunds 800-829-4477
 Order Forms 800-829-3676
 1222 Spruce St.
 St. Louis, MO 63103
www.irs.gov

Income Tax and Business Assistance Missouri Department of Revenue
 Business 314-877-0177
 Income 314-877-0178
 3256 Laclede Station Rod., Ste. 101
 Maplewood, MO 63143-3753
www.dor.state.mo.us/tax

Missouri Department of Revenue
 Individual Income Tax (written questions)
 P.O. Box 2200
 Jefferson City, MO 65105
www.dor.state.mo.us

Department of Revenue - Criminal Investigation Bureau 877-0393
 3250 Laclede Station Rd.
 Deer Creek Center
 Mapelwood, MO 63143
www.dor.state.mo.us/cib

TRANSPORTATION

For special assistance on transportation or to obtain information about our state highways, statewide law enforcement assistance or drivers' license examinations, try the following:

Bi-State Transportation Agency 231-2345
 (for bus schedules - Metrolink)
www.metrostlouis.org

AMTRAK 800-872-7245
www.amtrak.com or 331-3301
 Kirkwood Station 966-6475
 Tickets: 550 S. 16th St.

Taxicabs:
 County Cab 991-5300
 or 993-8294
 Laclede Cab 652-3456
 Yellow Cab 361-2345

Missouri Highway Patrol Troop C Headquarters 340-4000
 599 S. Mason Road
 St. Louis, MO 63141
www.mshp.dps.mo.gov

Missouri Highway & Transportation Department 340-4100
 1590 Woodlake Drive
 Chesterfield, MO 63017-5712
www.modot.state.mo.us

West County License Office 636-230-0643
 #12 Ballwin Plaza
 15425 Manchester Road
 Ballwin, MO 63011
revenue.stlouisco.com/licensing/state.asp

Ballwin Drivers Examinations Office 636-256-3951
 #13 Ballwin Plaza
 15425 Manchester Road
 Ballwin, MO 63011

SCHOOL DISTRICTS

Affton School District	638-8770
8701 Mackenzie Rd. St. Louis, MO 63123 www.affton.k12.mo.us	
Bayless School District	631-2244
4530 Weber Road St. Louis, MO 63123 info.csd.org/baylesshome.html	
Kirkwood School District	213-6101
11289 Manchester Road Kirkwood, MO 63122 www.kirkwood.k12.mo.us	
Lindbergh R-VIII School District	729-2480
4900 South Lindbergh St. Louis, MO 63126 www.lindbergh.k12.mo.us	
Parkway School District	415-8100
455 N. Woods Mill Road Chesterfield, MO 63017 www.pkwy.k12.mo.us	
Rockwood School District	636-938-2200
111 E. North St. Eureka, MO 63025 www.rockwood.k12.mo.us	
Valley Park School District	636-932-3500
One Main Street Valley Park, MO 63088 www.vp.k12.mo.us	
Webster Groves School District	961-1233
400 E. Lockwood Ave. Webster Groves, MO 63119 www.webster.k12.mo.us	
Special School District	989-8100
12110 Clayton Road St. Louis, MO 63131 www.ssd.k12.mo.us	

COLLEGES

St. Louis Community College	539-5000
300 S. Broadway St. Louis, MO 63102 www.stlcc.cc.mo.us	
Meramec Campus	984-7500
11333 Big Bend Kirkwood, MO 63122 www.stlcc.cc.mo.us/mc	
Principia College, Elsah, IL	(618) 374-2131
c/o The Principia Corporation 13201 Clayton Road St. Louis, MO 63131-1099	
434-2100 www.prin.edu/college	

University of Missouri-St. Louis 516-5000
8001 Natural Bridge Road
St. Louis, MO 63121
www.umsl.edu

Washington University 935-5000
One Brookings Drive
St. Louis, MO 63130
www.wustl.edu

Webster University 968-6900
470 E. Lockwood Ave.
Webster Groves, MO 63119
www.webster.edu

VOTER REGISTRATION

Voting is the right and responsibility of all qualified citizens. The only requirements are that you be at least 18 years old and that you be registered. Following is information on how to go about meeting the second requirement - getting registered.

Upon turning 17 or moving to Missouri, anyone desiring to register to vote in the state can do so by taking valid identification to a local registration location. This must be done by the 4th Wednesday prior to any election in order to vote in that particular election.

After becoming 18 and registering, you're eligible to vote in any election.

To obtain a list of the registration locations nearest you, contact the St. Louis County Board of Election Commissioners at 951-0100, or check any of the following places in your neighborhood.

-- local library

-- city hall or

-- local school district office

If the need should arise for you to vote by absentee ballot, you can do so by mail or in person or a relative or guardian may apply for you at the county election board office, 12 Sunnen Drive, Suite 126, St. Louis, MO 63143.

Absentee ballots may be obtained if a person is absent from the county on election day, ill or disabled, has religious beliefs or practices preventing voting in person, is employed by an election authority or is in the armed forces.

Once you've applied for and received the absentee ballot, be sure to fill out all information on the envelope provided. The ballot then must be sent by mail or delivered in person to the election authority.

CAPITAL CITY TOURS

STATE CAPITOL 573-751-2854

Monday to Friday on the half hour, from 8 to 11:30 a.m. and 1 to 4 p.m. when the legislature is in session; otherwise on the hour.

All four floors of the State Capitol are open to the public. A guided tour lasting 30 minutes is recommended. On the tour, visitors will see the House of Representatives; the House Lounge, which contains the Thomas Hart Benton mural, "A Social History of the State of Missouri;" the rotunda and the murals of Frank Brangwyn; the Missouri State Museum; and other historic and decorative features of the building.

GOVERNOR'S MANSION 573-751-7929 www.missourimansion.org

The Governor's Mansion, home of Missouri's first families since 1871, is open for tours from 10 a.m. to 12 noon and 1 to 3 p.m. each Tuesday and Thursday except in August and December. Christmas candlelight tours are held during the holiday season. Reservations are required for groups of 10 or more. Mansion tours are accessible for people with disabilities. The Governor's Garden is available for public use, including picnics, concerts, and weddings.

JEFFERSON LANDING 573-751-3475 www.mostateparks.com/jeffersonland.htm

Daily from 8:30 a.m. to 4:30 p.m.

Jefferson Landing, one of the few remaining 19th century riverfront landings, is located on the south bank of the Missouri River between the Capitol and the Governor's Mansion. The Landing consists of three buildings: the Union Hotel, the Lohman Building, and the Christopher Maus House. The Union Hotel, once known as the Missouri Hotel, houses a gallery for art, craft, and educational exhibits. The Lohman Building served as a "boat store" and now serves as a visitors' center and support facility for the Missouri State Museum. Slide shows and a museum are available to the public.

SUPREME COURT BUILDING 573-751-3676 www.osca.state.mo.us/sup/index.nsf

Scheduled by appointment.

Located across the street from the Capitol Building, the Supreme Court Building houses the offices of the Missouri Attorney General, as well as the State Supreme Court. Reservations are required for tours. Tours are provided when court is not in session.

HIGHWAY PATROL HEADQUARTERS 573-526-6149 www.mshp.dps.mo.gov

Weekdays from 8 a.m. to 12:00 noon and 1 to 5 p.m. (Reservations required for groups of more than 10 people.)

The Missouri State Highway Patrol's Safety Education Center and Law Enforcement Museum features law enforcement antiques and guns, alcohol, drug, and seat belt displays.

RUNGE CONSERVATION NATURE CENTER 573-526-5544 www.conservation.state.mo.us/areas/cnc/runge

The Runge Conservation Nature Center is a 27,000 square foot facility, accessible to people with disabilities and features Missouri's habitats and wildlife, including a 3,400 gallon aquarium, a wildlife viewing area, library, art gallery, classrooms, and an auditorium.

The facility is located in the midst of 120 acres of forests and fields with five hiking trails.

MORE IMPORTANT NUMBERS

*We welcome your input and suggestions!
Please contact my staff and let us know your
thoughts. Through periodic review, every effort
is being made to keep this directory current and
up-to-date. If you are aware of any corrections
or changes that have not been made, we would
appreciate hearing from you.*

SENATOR MICHAEL GIBBONS

State Capitol Building

Senate Post Office

Jefferson City, MO 65101

573-751-2853

e-mail: gibbonsupdate@senate.state.mo.us