







Benator Michael Gibbons
District 15







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| CRISIS SERVICES | Barnes Jewish Hospital 362-5000 1 Barnes Jewish Hospital Plaza 63110 |
|--|---|
| AA - Alcoholics Anonymous 647-3677 | www.barnesjewish.org |
| www.aastl.org | Cardinal Glennon |
| Aid to Family's | Children's Hospital 577-5600 |
| with Dependent Children 800-392-1261 | 1465 S. Grand Blvd. 63104 |
| AIDS Hot Line | www.cardinalglennon.com |
| Arson Hot Line | Compton Heights Hospital 865-6500 |
| Cancer Information Services 800-422-6237 | 3545 Lafayette 63104 |
| www.hsc.missouri.edu/~ellisfischel | Des Peres Hospital 821-5850 |
| Child Abuse and Neglect Hot Line 800-392-3738 | 2345 Dougherty Ferry Rd. 63139 |
| Local | www.despereshospital.com |
| www.nasvo.org | Forest Park Hospital 768-3000 |
| Drug & Alcohol Rehabilitation | 6150 Oakland Ave. 63139 |
| Treatment (DART) Center 569-3105 | www.forestparkhospital.com |
| Crisis Hot Line 569-2161 | • • • • • • • • • • • • • • • • • • • |
| Elderly Abuse and Neglect | Missouri Baptist Medical Center 996-5000 |
| Hot Line | 3015 N. Ballas Road 63131 |
| Missing Children Hot Line 800-843-5678 | www.bjc.org/mbmc.html |
| National Runaways | South Point Hospital 268-6000 |
| Switchboard 800-621-4000 | 2639 Miami 63118 |
| www.nrscrisisline.org | St. Anthony's Medical Center 525-1000 |
| Parental Stress Help Line 800-367-2543 | 10010 Kennerly Road 63128 |
| Poison Control Center . (Regional) 772-5200 | stanthonysmedcenter.com |
| Psychiatric Services 800-364-9687 | St. John's Mercy Medical Center 569-6000 |
| Rape & Abuse Hot Line 800-303-0013 | 615 S. New Ballas Road 63141 |
| Relay Missouri (for deaf individuals) | mercy-fammed.com |
| (TDD) 800-735-2966 | St. Joseph's Hospital of Kirkwood 966-1500 |
| (Voice) 800-735-2466 | 525 Couch Ave. 63122 |
| www.relaymissouri.com | www.stjosephkirkwood.com |
| Suicide Crisis Prevention/Life Crisis | • • |
| Services Hot Line 647-4357 | St. Louis Children's Hospital 454-6000 |
| Teen Hot Line (evenings/weekends) 644-5886 (see page 15) | One Children's Place 63110 www.childrenshospitalstl.org |
| Women's Crisis Line Hot Line 531-2003 | Pediatric Answer Line 454-5437 |
| (domestic violence, rape or incest) | St. Luke's Hospital 434-150 0 232 S. Woods Mill Road 63017 |
| HOSPITALS | stlukes-stl.com |
| | St. Mary's Health Center 768-8000 |
| Alexian Brothers Hospital 865-3333 | 6420 Clayton Road 63117 |
| 3933 S. Broadway 63118 | www.stmarys-stlouis.com |
| stalexiushospital.com | |

SENIOR CITIZEN SERVICES

CORP

(County Older Resident Programs)

CO RP is a division of the St. Louis County Department of Human Services. CO RP provides a variety of programs and services desig ned to help adults 60 years of age and older live independently in their own homes as long as possible. If you are interested in participating or volunteering in the program, contact the following:

CORP - South County

South Area Field Operation 615-4019 4556 Lemay Ferry Road St. Louis, MO 63129 www.stlouisco.com/dhs/corp.html

Programs Offered By CORP

Telephone Reassurance 615-4019 (Regularly scheduled phone calls between the elderly to make sure all is well)

CLAIM

MEAAA

The Mid-East A rea A gency on A ging provides services and programs for adults 60 years or older of all income levels in St. Louis, Jefferson, Franklin and St. Charles counties. The services offered are too num erous to m ention here, but included are Older A dults Transportation (O ATS), Meals on Wheels, and access to Senior Centers.

Mid-East Area Agency on Aging . 636-207-0847 14535 Manchester Road Manchester, MO 63011 mid-eastaaa.org

If help is needed to tend to basic needs in the home, if minimum standards for care or cleanliness are not being met in a nursing home, or if you feel you have been sw indled or taken advantage of, an investigation will be made, and you may request a copy of the report.

MEDICAID

Often a senior citizen's income is at a level eligible for Medicaid, a health assistance program administered by the state according to federal guidelines. A person can be co vered by both Medicare and Medicaid if eligibility requirements are met. For information, contact

Missouri Div. of Family Services 426-9600 9900 Page Avenue St. Louis, MO 63132 www.dss.mo.gov/dfs/

Day care facilities for the elderly

Centers located in 15TH Senatorial District

Bethesda Dilworth Home 968-5460 9645 Big Bend Blvd.
Webster Groves, MO 63122 www.bethesdahealth.org

Need a Helping Hand?

| Need a Helping Hand? | ELECTED OFFICIALS | |
|---|--|--|
| Eastern Missouri Elderly Law Unit Legal Services - Intake Dept 534-4200 www.lsem.org (Free legal services for the elderly, civil cases only) | President George W. Bush The White House 1600 Pennsylvania Ave. Washington, D.C. 20500 | |
| Meals on Wheels | www.whitehouse.gov/president Richard "Dick" B. Cheney | |
| Mid-East Area Agency on Aging 636-207-0847 www.mid-eastaaa.org | Office of the Vice-President Old Executive Office Building Washington, D.C. 20500 www.whitehouse.gov/vicepresident | |
| Missouri Department of Revenue for Senior Citizens Tax Relief 301-1660 | White House Switchboard 202-456-1414 | |
| www.dor.state.mo.us/tax/ (Assistance available) | FEDERAL GOVERNMENT | |
| Missouri Division of Health and | United States Senators: | |
| Senior Services- Alternative Care/ Homemaker Services | Christopher (Kit) Bond 202-224-5721 274 Russell Bldg. Washington, D.C. 20510-2503 bond.senate.gov | |
| Older Adults Transportation System (OATS) South County | St. Louis Office: | |
| Public Service Commission | Jim Talent | |
| St. Louis County Housing Authority (Rent assistance) | 493 Russell Senate Office Building . 202-224-6154 Washington, DC 20510 Fax: 202-228-1518 | |
| G 1 DV D T N T 1 0 (| United States Congressmen: | |
| SenioRX Program Toll Free 1-866-556-9316 www.missouriseniorx.com | 1ST District Rep. William L. Clay, Jr 202-225-2406 | |
| WHO ARE MY ELECTED | 415 Cannon Bldg. Washington, D.C. 20515-2501 | |
| REPRESENTATIVES? | www.house.gov/clay | |
| Find out at the following website: | District Offices: 625 N. Euclid, Ste. 220 | |
| http://www.senate.state.mo.us/zipcode/leg_lookup.htm | 8525 Page Blvd 890-0349 St. Louis, MO 63144 | |

| 2ND District Rep. Todd Akin 202-225-2561 | Margaret Donnelly-Dist. 73 |
|---|--|
| 501 Cannon Bldg. Washington, D.C. 20515 www.house.gov/akin | St. Louis, MO 63117 www.house.state.mo.us/bills041/member/mem073.htm |
| District Office: 1023 Executive Parkway, Ste. 18 878-0513 St. Louis, MO 63141 | Jim Lembke-Dist. 85 |
| 820 S. Main 636-949-6826 St. Charles, MO 63301 | www.house.state.mo.us/bills041/member/mem085.htm Catherine Hanaway-Dist. 87 |
| 3RD District | 10 Ridgeline Warren Waada MO 63122 |
| Rep. Richard A. Gephardt 202-225-2671 1226 Longworth Building | Warson Woods, MO 63122 www.house.state.mo.us/bills041/member/mem087.htm |
| Washington, D.C. 20515 dickgephardt.house.gov | Neal St. Onge-Dist. 88 636-394-2420 281 Geremma Drive |
| District Offices: 11140 S. Towne Square, Ste. 201 894-3400 St. Louis, MO 63123 | Ballwin, MO 63011 www.house.state.mo.us/bills041/member/mem088.htm |
| Boatman's Bank Building 636-937-6399 998 E. Gannon Drive Festus, MO 63028 | Kathlyn Fares-Dist. 91 |
| STATE GOVERNMENT | www.house.state.mo.us/bills041/member/mem091.htm |
| 15TH SENATORIAL DISTRICT MISSOURI STATE SENATOR | Charles Portwood-Dist. 92 636-230-0142 370 Stormy Oak Dr. |
| Michael R. Gibbons 573-751-2853 State Capitol, Room 226 Jefferson City, MO 65101 | Ballwin, MO 63021 www.house.state.mo.us/bills041/member/mem092.htm Jody Stefanick-Dist. 93 636-227-9787 |
| www.senate.state.mo.us/gibbons District Office | 1740 Highview Circle Ct. Ballwin, MO 63021 |
| 148 W. Adams Kirkwood, MO 63122 | www.house.state.mo.us/bills041/member/mem093.htm |
| 15TH SENATORIAL DISTRICT MISSOURI STATE REPRESENTATIVES | Richard G. Byrd-Dist. 94 |
| You may write to your state representative at the following Jefferson City address: | www.house.state.mo.us/bills041/member/mem094.htm |
| House Post Office State Capitol Jefferson City, MO 65101 | Jim Avery-Dist. 95 |
| • | www.mouse.state.mo.us/omso41/memoe1/memo95.fttm |
| Listed below are the names and home addresses of your area state representatives: | Patricia Yeager-Dist. 96 |
| Michael Vogt- Dist. 66 | St. Louis, MO 63125 www.house.state.mo.us/bills041/member/mem096.htm |
| www.house.state.mo.us/bills041/member/mem066.htm | |

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STATEWIDE ELECTED OFFICIALS

St. Louis, MO 63101

| OTTCIALD | COUNTIOUERN | |
|--|--|--|
| Governor Bob Holden 573-751-3222 | www.stlouisco.com | |
| Executive Office | ELECTED OFFICIALS | |
| P.O. Box 720, Jefferson City, MO 65102 www.gov.state.mo.us St. Louis Office | Charles Dooley County Executive | |
| Wainwright State Office Building 111 N. Seventh St., Suite 929 St. Louis, MO 63101 | St. Louis County Council 615-5432 41 South Central, 1st floor Clayton, MO 63105 | |
| Lt. Governor Joe Maxwell 573-751-4727 State Capitol, Room 121A Jefferson City, MO 65101 www.ltgov.state.mo.us St. Louis Office: 340-7228 | www.stlouisco.com/council John Campisi, 6TH District 615-5442 41 South Central St. Louis, MO 63105 www.stlouisco.com/council/district6.html | |
| Wainwright State Office Building 111 N. Seventh St., Suite 259 St. Louis, MO 63101 | Greg Quinn, 7TH District 615-5443 41 South Central St. Louis, MO 63105 | |
| Secretary of State Matt Blunt 573-751-2379 State Capitol, Room 208 Jefferson City, MO 65101 www.sos.state.mo.us | www.stlouisco.com/council/district7.html COUNTY GOVERNMENT DEPARTMENTS Information Desk 615-5000 | |
| St. Louis Office: | Administration: James E. Baker, Director | |
| State Treasurer Nancy Farmer 573-751-2411 State Capitol, Room 229 Jefferson City, MO 65101 www.sto.state.mo.us | Jacquelynn Meeks, Director | |
| State Auditor Claire McCaskill . 573-751-4824 State Capitol, Room 224 800-347-8597 Jefferson City, MO 65101 www.auditor.state.mo.us | Human Services: Marilyn Robinson, Director | |
| Attorney General Jay Nixon 573-751-3321 P.O. Box 899, Jefferson City, MO 65102 www.ago.state.mo.us | Metropolitan Sewer District: Willie Horton, Exec. Director | |
| St. Louis Office: | Parks & Recreation: Genie Zarzewski, Director 615-PARK (7275) www.stlouisco.com/parks | |

ST. LOUIS

COUNTY GOVERNMENT

| Planning: Glenn Powers, Director 615-5186 | Council on the Arts |
|---|--|
| www.stlouisco.com/plan | (Confidential - Counseling & Referral) |
| Chief of Police: Col. Ronald Battelle 615-4260 | DIG Rite 800-344-7483 |
| www.stlouisco.com/police | Dislocated Workers/Training 800-877-8249 |
| (emergency) 911 | Division of Family Services |
| (non-emergency) 889-2341 Public Works: | Hot Line 800-392-1261 <u>www.dss.state.mo.us/can.htm</u> |
| Gary Earls, Director 615-2559 | Division of Senior Services |
| www.stlouisco.com/pubworks | Hot Line |
| Revenue: Norris Acker, Director 615-7179 | www.dhss.state.mo.us/Senior_Services/ps.htm |
| Phil Muehlheausler, Acting Assessor 615-5124 | Don't Call List |
| revenue.stlouisco.com | EEOC St. Louis |
| Board of Equalization 615-7195 | Economic Develop. Programs 800-523-1434 |
| (to appeal property tax assessments) | Emissions Locations 888-748-1247 |
| 41 S. Central, 2nd floor, Clayton, MO 63105 | Employment of People |
| Board of Police Commissioners 615-4260 | with Disabilities |
| Board of Elections 951-0100 | Energy Conservation Info 800-523-2929 |
| www.stlouisco.com/elections | Environmental Spills 800-424-8802 MO Dept. Natural Resources 573-634-2436 |
| | Fair Housing and Equal Opportunity |
| HOTLINES | Hot Line 800-669-9777 |
| For directory assistance with | Family Care Registry 866-422-6872 |
| toll-free numbers 800-555-1212 | Family Support Payment Center 800-225-0530 |
| AFDC Hot Line 800-392-1261 | Father's Rights 800-435-7323 |
| (Aid to Families with Dependent Children) | Federal Deposit Insurance |
| Arson Alert Program 800-392-7766 | Corp Chicago 800-944-5343 |
| Ask MODOT 888-275-6636 | www.fdic.gov |
| Attorney General Hot Line 800-392-8222 | Federal Communications Com. 888-225-5322 |
| Auditor's Office 800-347-8597 | Federal Elections Com 800-424-9530 |
| Auto Dealer's Complaints 800-877-3994 | Federal Information Operator 800-688-9889 |
| Better Business Bureau-St. Louis 645-3300 | Fire Marshall |
| Central MO Regional Center 888-671-1041 | First Stop Shot-Eco. Dev 800-523-1434 |
| Child Support Payment Center . 800-225-0530 | Food Stamp Eligibility 800-392-1261 |
| Child Support Customer | Foster Parents |
| Relations Help Line 800-859-7999 | Governor's Council on |
| Consumer Product Safety Com 800-688-9889 | Disability Hot Line 800-877-8249 www.gov.state.mo.us/boards/cgi/boards.cgi |

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| Highway & Trans./permits 800-877-8499 | Public Service Commission |
|--|---|
| Housing Discrimination 800-669-9777 | Consumer Hot Line 800-392-4211 |
| Insurance-Consumer Problems . 800-726-7390 | Relay MO/Deaf Phone Service 800-735-2966 |
| Legal Services 534-4200 | Non-Impaired 800-735-2466 |
| www.mobar.net/legalser | Runaway/Troubled Youth |
| Long-Term Care Ombudsman | National Hot Line 800-621-4000 |
| Program | School Violence 866-748-7047 |
| www.ltcop-stl.org Medicaid-Medical Services 800-392-2161 | SIDS Resources 800-421-3511 |
| Appeals/Reviews | Small Business Administration 539-6600 |
| Medicaid-Providers 800-392-0938 | Social Security Information 800-772-1213 |
| Medicare Information 800-633-2273 www.momedicare.com | Civil Rights 800-776-8014 <u>www.ssa.gov</u> |
| | State Parks & Historic Sites 800-334-6946 |
| Missouri Bar Lawyer Referral 573-636-3635 www.mobar.org/pamphlet/referral.htm | Tourism 800-877-1234 |
| Missouri Commission | Unemployment-Claims/Requests 800-320-2519 |
| on the Humanities 781-9660 | Utility Complaints 800-392-4211 |
| Missouri Dental Association 573-634-3436 | Waste In State Government 800-347-8597 |
| www.modental.org | Welfare Fraud 800-392-1261 |
| Missouri Medical Association 573-636-5151 | Wolfner State Library 800-392-2614 |
| www.msma.org | Women's Entrepreneurial |
| Missouri Senate Hot Line 800-877-5982 | Training Program 595-4586 |
| (bill tracking information - Jan May) www.senate.state.mo.us | Women's Support and |
| Missouri Natural Resources 800-334-6946 (for information) | Community Services |
| www.dnr.state.mo.us | Veterans Administration 800-827-1000 <u>www.mvc.state.mo.us</u> |
| MOST Program (Higher Ed.) 888-414-6678 National Hwy Traffic Safety 800-424-9393 | Voluntary Action Center 539-4063 |
| · | |
| National Resources Info 800-361-4827 | |
| Occupational Safety & Health 800-392-7743 | |
| Operation Game Thief 800-392-1111 | |
| Organ Donor Program 800-366-6791 | |
| OSHA (Occupational Safety & Health Administration) | |
| Public Assistance Inquiry/Complaints Information Hot Line 800-392-1261 | |

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RECYCLING INFORMATION

| | Sunset Hills |
|--|--|
| RECYCLING INFORMATION | Curb-side service available at extra fee |
| Affton | through trash service. Diamond Waste |
| Accepts aluminum, cardboard, newspaper, phone books and junk mail. | Twin Oaks 636-947-5959 Curb-side service from Midwest Waste |
| Crestwood | Valley Park |
| Fenton | service. Accepts glass, aluminum, steel, tin, #1 & #2 plastic, newspaper, telephone books, paperboard, mixed paper, and grocery bags. |
| Glendale | Warson Woods 567-1800 Curb-side service from Onyx, |
| Kirkwood | Accepts #2 plastic, glass, aluminum, steel and newspaper |
| open 24 hours. Accepts magazines, newspapers, cardboard, telephone books, mixed paper, glass, aluminum, and steel. | Webster Groves 636-947-5959 Curb-side service from Midwest Waste |
| Optional curb-side service from Earth Circle | Wilbur Park |
| junk mail, magazines, and glass. Manchester 567-1800 | Winchester |
| Curb-side service from Onyx, Accepts #2 plastic, glass, aluminum, steel and newspaper | For areas of unincorporated St. Louis County, contact the Department of Health |
| Marlborough | |
| Recycling dumpster, 7826 Wimbeldon | For further information, contact the St. Louis County Department of Health, Waste |
| Oakland | Management Hotline at 286-9200 |
| Accepts plastic bags, newspapers, magazines, catalogs, cardboard, paper bags, paperboard, white and colored paper, junk mail, glass, aluminum, steel, tin, #1, #2, #3, #4, #5, #6 and #7 plastic, telephone books and scrap metal. | For newspaper recycling facilities, check your local schools and churches for receptacles provided by Abitibi Consolidated. Please call |
| Shrewsbury | or check their Web site at www.paperretriever.com. |
| Shrewsbury Recycling Center, 7309 Melbourne, near the Public Works garage. Accepts newspaper, glass, aluminum, steel, #1 & #2 plastics, and telephone books. | www.paperroutever.com. |

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| YOU MAY WISH TO CONTACT OTHER IMPORTANT AGENCIES | St. Louis County Family Mental Health Services Central Office |
|--|---|
| Planning an outing? National Weather Service | South County Office |
| Forecasts and Temperatures Lambert Field | www.stlouisco.com/doh/hlthctrs/fmh_ctr/fmh.html St. Louis County Animal Control 726-6655 South Office |
| A friend in trouble? | www.stlouisco.com/doh/environ/animals/animals.html |
| Drug, Alcohol, Rehabilitation and | WWW.Stiousec.com/ doil/ environ/ difficulty |
| Treatment (DART) Central Office 569-3105 | St. Louis County Library |
| Crisis Hot Line | Headquarters |
| 1307 Lindbergh Plaza Center St. Louis, MO 63132 | (Offers delivery services for shut-ins or handicapped) |
| Vital Records, Department of Health | 1640 S. Lindbergh Blvd. |
| Birth 573-751-6387 | St. Louis, MO 63131 www.slcl.lib.mo.us |
| Death | www.sici.no.mo.us |
| Marriage and Divorce 573-751-6382 | |
| www.health.state.mo.us/BirthAndDeathRecords/ | MUNICIPALITIES |
| BirthAndDeathRecords.html | |
| Department of Insurance | www.stlouisco.com/scripts/communities/ |
| (Regarding consumer inquiries and complaints involving | |
| Jefferson City Office 573-751-2640 | Affton 849-6499 |
| St. Louis Office | Crestwood |
| Hot Line | Fenton 636-343-2080 |
| www.insurance.state.mo.us | Glendale |
| AA-Alcoholics Anonymous 647-3677 | Grantwood Village 842-4409 |
| 2683 S. Big Bend Blvd. | Kirkwood 822-5802 |
| St. Louis, MO 63143 | |
| www.aastl.org | Mackenzie |
| Mental Health Association | Manchester 636-227-1385 |
| St. Louis, MO 63104 | Marlborough |
| www.mhagstl.org | Oakland |
| National Council on Alcoholism | St. George 631-1295 |
| and Drug Abuse (St. Louis Area) 962-3456 | Shrewsbury |
| 8790 Manchester | Sunset Hills |
| St. Louis, MO 63144 | |
| www.ncada-stl.org | Twin Oaks |
| Suicide Crisis Prevention/ | Valley Park |
| Life Crisis Services 647-4357 | Warson Woods |
| Teen Hot Line (evenings/weekends) 644-5886 1423 S. Big Bend Blvd. | Webster Groves |
| St. Louis, MO 63117 | Wilbur Park 631-3963 |

Winchester 636-391-0600

St. Louis, MO 63117

www.suicidehotlines.com/missouri.html

CHAMBERS OF COMMERCE

| Affton Chamber of Commerce |
|--|
| 10205 Gravois Road |
| |
| Affton, MO 63123 849-6499 |
| FAX 849-6399 |
| www.afftonchamber.com |
| |
| |
| Crestwood-Sunset Hills Area Chamber of |
| Commerce |
| 9058 A Watson Road |
| |
| Crestwood, MO 63126 843-8545 FAX 843-8526 |
| |
| www.ourchamber.com |
| |
| The state of the sale of Commence |
| Fenton Area Chamber of Commerce |
| 1749 Gilsinn Lane |
| Fenton, MO 63026 636-343-3839 |
| FAX 636-343-6367 |
| |
| www.fentonmochamber.com |
| |
| Kirkwood Area Chamber of Commerce |
| 138 W. Madison |
| |
| St. Louis, MO 63122-4201 821-4161 |
| FAX 821-5229 |
| www.kirkwoodarea.com |
| |
| |
| South St. Louis County Chamber of Commerce |
| 6921 S. Lindbergh |
| St. Louis, MO 63125 894-6800 |
| www.southcountychamber.org |
| www.southcountychamber.org |
| |
| Webster Groves/Shrewsbury Area Chamber of |
| • |
| Commerce |
| 46 West Lockwood Avenue |
| Webster Groves, MO 63119 962-4142 |
| FAX 962-9398 |
| www.webstershrewsburychamber.com |
| www.weostersinewsburychamber.com |
| |
| West County of St. Louis Chamber of |
| |
| Commerce |
| 16419 Village Plaza View Drive |
| Wildwood, MO 63011-4913 636-458-6200 |
| FAX 636-458-6710 |
| |
| www.westcountychamber.com |

CONSUMER PROTECTION

It has been said the best defense is a good offense. The best protection against being defrauded or deceived is careful shopping. The agencies listed below are not just places to go when you have a grievance but are good places to check the record of particular products or businesses before you make a purchase.

| purchase. |
|--|
| Better Business Bureau 12 Sunnen Drive |
| Trade Offense Division - Consumer Fraud |
| Enforcement |
| Complaint Section Hot Line 800-392-8222 |
| |

COUNSELING & GUIDANCE

There are times when you just need someone to talk to. In addition to our churches and synagogues, there are several counseling and guidance centers serving children and adults in St. Louis County.

| children and adults in St. Louis County. | , ser ving |
|--|------------|
| Alcohol & Drug Abuse Regional Office St. Louis Psychiatric Rehabilitation Center Mail Stop A116 | 644-8000 |
| 5300 Arsenal St. Louis, MO 63139 www.modmh.state.mo.us/ada/index.html | |
| Rehabilitation Services for the Blind-South Office 2 Campbell Plaza, Suite 300 St. Louis, MO 63139 www.dss.state.mo.us/dfs/rehab/rehab.htm | 877-0151 |

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| Disability Determinations Unit 1845 Borman Ct., Suite 200 St. Louis, MO 63146 | 340-4600 |
|---|------------|
| Division of Children and Youth Services | 340-6904 |
| Missouri Protection and Advocacy Services | |
| members.socket.net/~mopasjc/MOP&A.h | <u>ıtm</u> |
| Productive Living Board for St. Louis County Citizens with Developmental Disabilities 121 Hunter, Suite 200 St. Louis, MO 63124 www.plboard.com | 726-6016 |
| | 768-3201 |
| St. Louis Metro Alliance for the Mentally Ill 134 W. Madison St. Louis, MO 63122 mo.nami.org/stlouis2.html | 966-4670 |
| St. Louis Regional Center for the Developmentally Disabled | 340-6500 |
| Self-Help Center (Mental Health Center) 135 West Monroe Kirkwood, MO 63122 | 966-4980 |
| Vocational Rehabilitation 7435 Watson, Suite 100B Kenrick Plaza Shopping Center Shrewsbury, MO 63119 | 301-1600 |

EMPLOYMENT

There are two parts to getting a job. First, you have to know it's available, and second, you have to have the required qualifications. For the location of the largest file of available jobs and to apply for unemployment compensation, contact

| Missouri Division of |
|---|
| Employment Security 573-751-3215 |
| 421 E. Dunklin St. |
| P.O. Box 59 |
| Jefferson City, MO 65104 |
| www.dolir.state.mo.us/es |
| TT 1 T |

Work Force Development Center Department of Economic Development

| 9244 Watson Road 63126 | 842-3600 |
|-------------------------------------|-------------------|
| 6821 S. Broadway 63111 | 301-7900 |
| 2780 N. Lindberg 63114 | 877-2748 |
| www.ded.state.mo.us/employment/work | <u>kforcedeve</u> |
| lopment | |

| Workers' Compensation | 340-6865 |
|------------------------------|----------|
| 111 N. Seventh St., Room 250 | |
| St. Louis, MO 63101 | |

www.dolir.state.mo.us/wc

For specialized guidance, training, and preparation

for job interviews, try
Missouri Vocational

Rehabilitation 573-751-3251 3024 W. Truman Blvd.

Jefferson City, MO 65101 Vocational Rehabilitation

St. Louis, MO 63119 www.vr.dese.state.mo.us

FINANCIAL SERVICES

SOCIAL SECURITY

Almost every American reaching age 65 today is eligible for Social Security benefits on that birthday. Check your eligibility with our nearest Social Security district office at least 3 months before your

www.vr.dese.state.mo.us

65th birthday. You may apply for these benefits at age 62 if you prefer, but early payment will reduce the monthly benefit amount for the rest of your life. Your So cial Security district office can give you specific personal inform ation. Take y our birth certificate and Social Security card with you when you visit the SSA office.

Social Security Administration Office

10777 Sunset Office Dr., Ste 10 . 800-772-1213 Sunset Hills, MO 63127

www.ssa.gov

The Social Security Office also m akes determinations on claims for disability benefits. Benefits are paid to people who are totally disabled, if they have worked five of the last ten years.

A new program has taken the place of the federal-state programs of public assistance payments to aged, blind or disabled in dividuals. You may apply for this assistance, called "supplemental security income payments," at the SSA office.

VETERANS' BENEFITS

The federal government has made numerous special benefits available to veterans. To check orquestions concerning disability benefits, veterans' pensions, scholarships and loans under the GI bill, contact

www.mvc.state.mo.us

SOCIAL SERVICES

People who are without adequate means of support may be eligible for general assistance, aid to dependent children, food stamps, Medicaid, or other programs administered by the state D epartment of Social Services.

Eligibility for these programs is determined by your level of income, number of people in your family,

and the value of personal belongings. Y ou must apply in person to the

HEALTH

MEDICARE

People who are over 65 years of age or have been entitled to Social Security disability payments for 24 or m ore consecutive m onths are eligible for Medicare.

Medicare is a federal program that consists of two parts - hospital in surance and m edical insurance. Hospital insurance helps pay the cost of inpatient hospital care as well as certain kinds of follow -up care. Medical insurance helps pay the cost of physicians' services, outpatient hospital services, and certain medical items and services not covered by hospital insurance.

People w ho use the m edical insurance program must pay a basic m onthly prem ium. Medicare hospital insurance is free o f charge to people w ho are insured under Social Security.

Making informed decisions about hom e health or nursing hom es can be difficult. Medicare has information that can help at www.Medicare.gov or call 1-800-Medicare.

For m ore inform ation concerning Medicare benefits, contact

Social Security Administration Office

Office 800-772-1213 www.ssa.gov

St. Louis County Offices:

2160 Tenbrook Road 636-282-6052 Arnold, MO 63010

10777 Sunset Office Dr., Ste. $10\,$. $800\mbox{-}772\mbox{-}1213$ Sunset Hills, MO $63127\,$

MEDICAID

Medicaid is a health assistance program administered by the state according to certain federal guidelines. Ten percent of all Americans benefit from the program, which exists in every state except Arizona.

Medicaid pays for visits to the doctor; immunization for diseases such as measles, tetanus and polio; ambulance services in case of emergency; inpatient hospital care; yearly eye examinations; children's glasses; laboratory and X-ray services; home health care; family planning; and certain dental work and prescriptions. For more information, contact

Division of Family Services 314-426-8401 9900 Page Ave. St. Louis, MO 63132

www.dss.state.mo.us/dms

COUNTY HEALTH SERVICES

Numerous specialized health services are available from the St. Louis County Health Department, including chest X-rays, service to crippled children and adults, dental care for low-income families, and treatment for venereal disease. These services are available at area clinics throughout the county. For further information or the location of the clinic nearest you, contact

County Health Division 615-0600 111 S. Meramec Clayton, MO 63105 www.stlouisco.com/doh

For special information regarding Missouri's Food Stamp Program, contact

Food Stamp Information 426-9600 www.dss.state.mo.us/dfs/fstamp.htm

LEGAL

The Supreme Court has ruled that arrested people are entitled to legal counsel regardless of whether they can afford it or not. However, questions often come up about the various laws and regulations that govern our daily lives. For professional assistance contact:

| Bankruptcy Court/St. Louis | 539-2315 |
|---|-----------|
| Board of Probation and Parole | |
| South County | 842-7374 |
| 4452 S. Lindbergh | |
| St. Louis, MO 63127 | |
| www.corrections.state.mo.us/division/pr | ob/prob.h |
| <u>tm</u> | |
| FBI-St. Louis | 589-2500 |
| | 241-5357 |

| Lawyers Referral and Information Service |
|---|
| Legal Services of Eastern Missouri |
| Missouri Bar 573-635-4128 |
| Missouri Bar 573-635-7400 (Attorney discipline) www.mobar.org |
| Missouri Commission on Human Rights |
| Missouri Protection and |
| Advocacy Services |
| Public Defender - |
| St. Louis County |

TAX INFORMATION

Each year, new federal and state legislation brings changes in our tax laws. Some of these new laws bring tax relief to most, if not all of us. In any event, they do make the task of preparing income tax returns a challenging and sometimes frustrating one. For information and assistance, contact

| Federal Tax Information | 800-829-1040 |
|-------------------------|--------------|
| Refunds | 800-829-4477 |
| Order Forms | 800-829-3676 |
| 1222 Spruce St. | |
| St. Louis, MO 63103 | |
| www.irs.gov | |

| Missouri Department of Revenue . 301-1660 Refunds | Missouri Highway & Department |
|--|---|
| Income Tax and Business Assistance | West County License #12 Ballwin Plaza 15425 Manchester Ro Ballwin, MO 63011 revenue.stlouisco.com Ballwin Drivers Exar |
| Missouri Department of Revenue (written questions) P.O. Box 2200 Jefferson City, MO 65105 www.dor.state.mo.us | Office |
| Department of Revenue - Criminal Investigation Bureau 340-6905 | SCHOOL |
| 111 N. Seventh, Room 234 St. Louis, MO 63101 www.dor.state.mo.us/cib | Affton School District 8701 Mackenzie Rd. St. Louis, MO 63123 www.affton.k12.mo.u |
| For special assistance on transportation or to obtain information about our state highways, statewide law enforcement assistance or drivers' license | Bayless School Distri 4530 Weber Road St. Louis, MO 63123 info.csd.org/baylessho |
| examinations, try the following: Bi-State Transportation Agency 231-2345 (for bus schedules - Metrolink) www.bi-state.org | Kirkwood School Dis 11289 Manchester Ro Kirkwood, MO 63122 www.kirkwood.k12.m |
| AMTRAK 800-872-7245 www.amtrak.com or 331-3301 Kirkwood Station 966-6475 | Lindbergh R-VIII Sc 4900 South Lindbergl St. Louis, MO 63126 www.lindbergh.k12.m |
| Taxicabs: County Cab 991-5300 or 993-8294 Laclede Cab 652-3456 Yellow Cab 361-2345 | Parkway School Distr 455 N. Woods Mill Re Chesterfield, MO 630 www.pkwy.k12.mo.u |
| Missouri Highway Patrol Troop C Headquarters | Rockwood School Dis 111 E. North St. Eureka, MO 63025 www.rockwood.k12.r |
| www.mshp.state.mo.us | Valley Park School I |

| Missouri Highway & Transportation Department |
|---|
| West County License Office 636-230-0643 #12 Ballwin Plaza 15425 Manchester Road Ballwin, MO 63011 revenue.stlouisco.com/licensing/state.asp |
| Ballwin Drivers Examinations Office |

SCHOOL DISTRICTS

| Affton School District |
|---|
| Bayless School District |
| Kirkwood School District |
| Lindbergh R-VIII School District 729-2480 4900 South Lindbergh St. Louis, MO 63126 www.lindbergh.k12.mo.us |
| Parkway School District |
| Rockwood School District 636-938-2200 111 E. North St. Eureka, MO 63025 www.rockwood.k12.mo.us |
| Valley Park School District 636-225-4151 356 Meramec Station Road Valley Park, MO 63088 www.vp.k12.mo.us |

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Webster Groves School District . . . 961-1233 400 E. Lockwood Ave. Webster Groves, MO 63119 www.webster.k12.mo.us Special School District 989-8100 12110 Clayton Road St. Louis, MO 63131 www.ssd.k12.mo.us

| COLLEGES | |
|--|----------|
| St. Louis Community College 300 S. Broadway St. Louis, MO 63102 www.stlcc.cc.mo.us | 539-5000 |
| Meramec Campus | 984-7500 |
| Principia College, Elsah, IL (618) c/o The Principia Corporation 13201 Clayton Road | 374-2131 |
| St. Louis, MO 63131-1099 www.prin.edu/college | 434-2100 |
| University of Missouri-St. Louis 8001 Natural Bridge Road St. Louis, MO 63121 www.umsl.edu | 516-5000 |
| Washington University One Brookings Drive St. Louis, MO 63130 www.wustl.edu | 935-5000 |
| Webster University | 968-6900 |

VOTER REGISTRATION

Voting is the right and responsibility of all qualified citizens. The only requirements are that you be at least 18 years old and that you be registered. Following is information on how to go about meeting the second requirement - getting registered.

Upon turning 17 or moving to Missouri, anyone desiring to register to vote in the state can do so by taking valid identification to a local registration location. This must be done by the 4th Wednesday prior to any election in order to vote in that particular election. After

becoming 18 and registering, you're eligible to vote in any election.

To obtain a list of the registration locations nearest you, contact the St. Louis County Board of Election Commissioners at 951-0100, or check any of the following places in your neighborhood.

- -- local library
- -- city hall or
- -- local school district office

If the need should arise for you to vote by absentee ballot, you can do so by mail or in person or a relative or guardian may apply for you at the county election board office, 12 Sunnen Drive, Suite 126, St. Louis, MO 63143. Absentee ballots may be obtained if a person is absent from the county on election day, ill or disabled, has religious beliefs or practices preventing voting in person, is employed by an election authority or is in the armed forces.

Once you've applied for and received the absentee ballot, be sure to fill out all information on the envelope provided. The ballot then must be sent by mail or delivered in person to the election authority.

CAPITAL CITY TOURS

STATE CAPITOL 573-751-2854

Monday to Friday on the half hour, from 8 to 11:30 a.m. and 1 to 4 p.m. when the legislature is in session; otherwise on the hour.

All four floors of the State Capitol are open to the public. A guided tour lasting 30 minutes is recommended. On the tour, visitors will see the House of Representatives; the House Lounge, which contains the Thomas Hart Benton mural, "A Social History of the State of Missouri;" the rotunda and the murals of Frank Brangwyn; the Missouri State Museum; and other historic and decorative features of the building.

GOVERNOR'S MANSION 573-751-7929 www.missourimansion.org

The Governor's Mansion, home of Missouri's first families since 1871, is open for tours from 10 a.m. to 12 noon and 1 to 3 p.m. each Tuesday and Thursday except in August and December. Christmas candlelight tours are held during the holiday season. Reservations are required for groups of 10 or more. Mansion tours are accessible for people with disabilities. The Governor's Garden is available for public use, including picnics, concerts, and weddings.

JEFFERSON LANDING 573-751-3475 www.mostateparks.com/jeffersonland.htm

Daily from 8:30 a.m. to 4:30 p.m.

Jefferson Landing, one of the few remaining 19th century riverfront landings, is located on the south bank of the Missouri River between the Capitol and the Governor's Mansion. The Landing consists of three buildings: the Union Hotel, the Lohman Building, and the Christopher Maus House. The Union Hotel, once known as the Missouri Hotel, houses a gallery for art, craft, and educational exhibits. The Lohman Building served as a "boat store" and now serves as a visitors' center and support facility for the Missouri State Museum. Slide shows and a museum are available to the public.

SUPREME COURT

BUILDING 573-751-4144

www.osca.state.mo.us/sup/index.nsf

Scheduled by appointment.

Located across the street from the Capitol Building, the Supreme Court Building houses the offices of the Missouri Attorney General, as well as the State Supreme Court. Reservations are required for tours. Tours are provided when court is not in session

HIGHWAY PATROL

HEADQUARTERS 573-526-6149

www.mshp.state.mo.us

Weekdays from 8 a.m. to 12:00 noon and 1 to 5 p.m. (Reservations required for groups of more than 10 people.)

The Missouri State Highway Patrol's Safety Education Center and Law Enforcement Museum features law enforcement antiques and guns, alcohol, drug, and seat belt displays.

RUNGE CONSERVATION

NATURE CENTER 573-526-5544 www.conservation.state.mo.us/areas/cnc/runge

The Runge Conservation Nature Center is a 27,000 square foot facility, accessible to people with disabilities and features Missouri's habitats and wildlife, including a 3,400 gallon aquarium, a wildlife viewing area, library, art gallery, classrooms, and an auditorium.

The facility is located in the midst of 120 acres of forests and fields with five hiking trails.

MORE IMPORTANT NUMBERS

| We welcome your input and suggestions! |
|--|
| Please contact my staff and let us know your |
| thoughts. Through periodic review, every |
| effort is being made to keep this directory |
| current and up-to-date. If you are aware of |
| any corrections or changes that have not |
| been made, we would appreciate hearing |
| from you |

SENATOR MICHAEL GIBBONS
State Capitol Building
Senate Post Office
Jefferson City, MO 65101
573-751-2853

e-mail: gibbonsupdate@senate.state.mo.us