AN ACT

To amend chapter 376, RSMo, by adding thereto one new section relating to the 
treatment of eating disorders.

Be it enacted by the General Assembly of the State of Missouri, as follows:

Section A. Chapter 376, RSMo, is amended by adding thereto one new
section, to be known as section 376.845, to read as follows:

376.845. 1. For the purposes of this section the following terms
shall mean:

(1) "Eating disorder", Pica, Rumination Disorder, Avoidant/Restrictive Food Intake Disorder, Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Other Specified Feeding or Eating Disorder, and any other eating disorder contained in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association where diagnosed by a licensed physician, psychiatrist, psychologist, clinical social worker, licensed marital and family therapist, or professional counselor duly licensed in the state where he or she practices and acting within their applicable scope of practice in the state where he or she practices;

(2) "Health benefit plan", shall have the same meaning as such term is defined in section 376.1350; however, for purposes of this section "health benefit plan" does not include a supplemental insurance...
policy, including a life care contract, accident-only policy, specified
disease policy, hospital policy providing a fixed daily benefit only,
Medicare supplement policy, long-term care policy, short-term major
medical policy of six months or less duration, or any other
supplemental policy;
(3) "Health carrier", shall have the same meaning as such term is
defined in section 376.1350;
(4) "Medical care", health care services needed to diagnose,
prevent, treat, cure, or relieve physical manifestations of an eating
disorder, and shall include inpatient hospitalization, partial
hospitalization, residential care, intensive outpatient treatment, follow
up outpatient care, and counseling;
(5) "Pharmacy care", medications prescribed by a licensed
physician for an eating disorder and includes any health-related
services deemed medically necessary to determine the need or
effectiveness of the medications, but only to the extent that such
medications are included in the insured's health benefit plan;
(6) "Psychiatric care" and "psychological care", direct or
consultative services provided during inpatient hospitalization, partial
hospitalization, residential care, intensive outpatient treatment, follow-
up outpatient care, and counseling provided by a psychiatrist or
psychologist licensed in the state of practice;
(7) "Therapy", medical care and behavioral interventions
provided by a duly licensed physician, psychiatrist, psychologist,
professional counselor, licensed clinical social worker, or family
marriage therapist where said person is licensed or registered in the
states where he or she practices;
(8) "Treatment of eating disorders", therapy provided by a
licensed treating physician, psychiatrist, psychologist, professional
counselor, clinical social worker, or licensed marital and family
therapist pursuant to the powers granted under such licensed
physician's, psychiatrist's, psychologist's, professional counselor's,
clinical social worker's, or licensed marital and family therapist's
license in the state where he or she practices for an individual
diagnosed with an eating disorder.
2. In accordance with the provisions of section 376.1550, all
health benefit plans that are delivered, issued for delivery, continued
or renewed on or after January 1, 2017, if written inside the state of Missouri, or written outside the state of Missouri but covering Missouri residents, shall provide coverage for the diagnosis and treatment of eating disorders as required in section 376.1550.

3. Coverage provided under this section is limited to medically necessary treatment that is provided by a licensed treating physician, psychiatrist, psychologist, professional counselor, clinical social worker, or licensed marital and family therapist pursuant to the powers granted under such licensed physician's, psychiatrist's, psychologist's, professional counselor's, clinical social worker's, or licensed marital and family therapist's license and acting within their applicable scope of coverage, in accordance with a treatment plan.

4. The treatment plan, upon request by the health benefit plan or health carrier, shall include all elements necessary for the health benefit plan or health carrier to pay claims. Such elements include, but are not limited to, a diagnosis, proposed treatment by type, frequency and duration of treatment, and goals.

5. Coverage of the treatment of eating disorders may be subject to other general exclusions and limitations of the contract or benefit plan not in conflict with the provisions of this section, such as coordination of benefits, and utilization review of health care services, which includes reviews of medical necessity and care management. Medical necessity determinations and care management for the treatment of eating disorders shall consider the overall medical and mental health needs of the individual with an eating disorder, shall not be based solely on weight, and shall take into consideration the most recent Practice Guideline for the Treatment of Patients with Eating Disorders adopted by the American Psychiatric Association in addition to current standards based upon the medical literature generally recognized as authoritative in the medical community.