

COMMUNITY SERVICES DIRECTORY

2012



STATE SENATOR
JOE
KEAVENY
DISTRICT 4
CITY OF ST. LOUIS



Dear Friends:

This directory will provide you with contact information for services from government and non-profit organizations that serve the 4th Senatorial District. I hope the information in my community services directory is useful to you. Please contact my office if you need assistance.



Joe Keaveny
STATE SENATOR
DISTRICT 4

Capitol Office:
Room 329, 201 W. Capitol Ave.
Jefferson City, MO 65101
573-751-3599
TOLL FREE 866-783-1534
FAX 573-751-0266
joe.keaveny@senate.mo.gov

All numbers in the directory contain an area code of
(314) unless otherwise noted.

MISSOURI STATE OFFICIALS

www.mo.gov

Governor JEREMIAH (JAY) NIXON	573-751-3222
Room 216, State Capitol, Jefferson City, MO 65101	
St. Louis Office	340-6900
Lt. Governor PETER KINDER	573-751-4727
Room 224, State Capitol, Jefferson City, MO 65101	
St. Louis Office	340-7480
Secretary of State ROBIN CARNAHAN	573-751-1880
Room 208, State Capitol, Jefferson City, MO 65101	
St. Louis Office.....	340-7490
State Auditor TOM SCHWEICH	573-751-4824
Room 121, State Capitol, Jefferson City, MO 65101	
State Treasurer CLINT ZWEIFEL	573-751-2411
Room 229, State Capitol, Jefferson City, MO 65101	
St. Louis Office.....	340-7856
Attorney General CHRIS KOSTER	573-751-3321
Supreme Court Building, Jefferson City, MO 65101	
St. Louis Office.....	340-6816

MISSOURI STATE REPRESENTATIVES

Serving District 4

ALL REPRESENTATIVES' ADDRESSES ARE:

201 W. Capitol Ave., Jefferson City, MO 65101

DISTRICT 57 - Karla May
.....573-751-2198
DISTRICT 58 - Penny Hubbard
.....573-751-2383
DISTRICT 60 - Jamilah Nasheed
.....573-751-4415
DISTRICT 61 - Chris Carter
.....573-751-7605

DISTRICT 64 - Susan Carlson
.....573-751-1400
DISTRICT 65 - Michele Kratky
.....573-751-4220
DISTRICT 66 - Genise Monticello
.....573-751-9472
DISTRICT 67 - Mike Colona
.....573-751-6736

FEDERAL ELECTED OFFICIALS

United States Senators

ROY BLUNT

260 Russell Office Building
Washington D.C. 20510
St. Louis Office..... 725-4484

CLAIRE McCASKILL

Hart Office Building, Ste. 506
Washington D.C. 20510
St. Louis Office..... 367-1364

REPRESENTATIVES IN CONGRESS

RUSS CARNAHAN

1710 Longworth Bldg.202-225-2671
Washington, D.C. 20515
St. Louis Office 962-1523
8764 Manchester Rd., Ste. 203
St. Louis, MO 63144

WM. "Lacy" CLAY, Jr.

2418 Rayburn House Bldg.
.....202-225-2406
Washington, D.C. 20515
St. Louis Office 367-1970
625 N. Euclid St., Ste. 326
St. Louis, MO 63108

ST. LOUIS CITY GOVERNMENT

ELECTED OFFICIALS UNDER CITY CHARTER

Mayor Francis Slay, City Hall 622-3201
Comptroller Darlene Green.....622-4389
President-Board of Aldermen Lewis Reed 622-4114
MEMBERS-Board of Aldermen (28), City Hall.....622-3287

ALDERMEN IN THE 4th DISTRICT

1st Ward Charles Quincy Troupe.....622-3287
4th Ward Samuel L. Moore.....622-3754
8th Ward Stephen Conway.....773-4329
10th Ward Joseph Vollmer.....772-4289
14th Ward Carol Howard.....630-6420
15th Ward Jennifer Florida.....776-2890
16th Ward Donna Baringer.....481-8024
17th Ward Joseph D. Roddy.....622-3287
18th Ward Terry Kennedy.....622-3287
19th Ward Marlene Davis.....680-9168
21st Ward Antonio D. French.....779-9958
22nd Ward Jeffrey Boyd.....383-2693
23rd Ward Joe Vaccaro.....718-0131
24th Ward Scott Ogilvie.....622-3287
26th Ward Frank Williamson.....622-3287
27th Ward Gregory Carter.....382-7700
28th Ward Lyda Krewson.....367-9765

ELECTED OFFICIALS UNDER STATE LAW

Circuit Attorney Jennifer Joyce622-4941
Circuit Clerk M. Jane Schweitzer.....622-3241
City Treasurer Larry Williams.....622-3434
Collector of Revenue Gregory Daly622-4111
License Collector Michael McMillan.....622-4528
Public Administrator Gerard Nester622-4394
Recorder of Deeds Sharon Carpenter.....622-4393
Sheriff James Murphy.....622-4851, 622-4766

ST. LOUIS CITIZENS' SERVICE BUREAU

CITY HALL (Assistance With Problems).....	622-4800
OFFICE ON THE DISABLED	(Voice) 622-3686 (TDD) 622-3693

ABUSE/STRESS HOTLINES

Aging Information & Referral	1-800-235-5503
Alanon & Alateen	645-1572
12-step program for family and friends of alcoholics.	
ALIVE (24 hour crisis line)	993-7080
AA — Alcoholics Anonymous	647-3677
Birthright Counseling	962-5300
Child Abuse/Neglect	1-800-392-3738
Child Advocacy Center	535-3003
Community Psychological Services	516-5824
Consumer Credit Counseling	647-9004
Council on Alcoholism & Drug Abuse	962-3456
Serves adolescents, young adults, and their families. Drug education programs for schools and other groups. Hotline deals with adverse drug reactions, referral.	
Elderly Abuse/Neglect	1-800-392-0210
Jewish Council Against Family Violence	422-1246
Life Crisis Services	647-3100
Hotline (24 hours)	647-4357
Crisis intervention for suicidal and emotionally distraught people.	
Planned Parenthood	865-1850
Psychological Service Center	935-6555
Outpatient mental health clinic operating within the Psychology Department of Washington University, dealing with relationship difficulties, depression, low self-esteem, and anger.	
Safe Connections: Domestic and Sexual Violence	531-2003
Safe Schools Hotline	889-7233
Women's Safe House: Adult Abuse/Shelter for Battered Women and Children	772-4535
YWCA Sexual Assault Center	531-7273

ADOPTION

Ever consider adopting a child? There are many children eligible for adoption in Missouri who are eagerly awaiting permanent homes. Visit the MO Dept. of Social Services Photo-Adoption website at www.dss.mo.gov or call the Foster-Adoptline at **1-800-554-2222** for more information.

BLIND SERVICES

Missouri School for the Blind	776-4320
Delta Gamma Center	776-1300
Preschool services to blind and visually impaired children and their families.	
Rehabilitation Services for the Blind	877-1532

BUSINESS ASSISTANCE AND REDEVELOPMENT PROGRAMS

Several resources listed here to help businesses grow as well as to resolve problems.

Career Assistance	589-8000
Community Development Agency	622-3400
Land Clearance Redevelopment Authority; Land Reutilization Authority; Industrial Development Authority; Planned Industrial Expansion Authority.	
SCORE — Counselors to America’s Small Businesses	539-6600
Small Business Administration	539-6600
South Grand Community Improvement District	772-5750

CHILD ABUSE PREVENTION

Missouri Children’s Trust Fund (CTF). This trust was created to help citizens take part in preventing child abuse. Donations to the trust are used to support local community-based prevention efforts. YOU can help. One way is to purchase a CTF license plate for \$25 (+handling fee and your own vehicle renewal cost). Your donation goes to help prevent child abuse. For more information, contact 1-888-826-5437

COLLEGE TUITION

Missouri Saving for Tuition (MOST). A tax program where anyone — a parent, grandparent, relative, or friend — can open and contribute to a MOST account for a child’s future education and receive a tax deduction. Contact 1-888-414-6678
Website: www.missourimost.org

COMMUNITY EDUCATION CENTERS

Community schools serve the area by offering a wide variety of programs from preschool, to senior citizen organizations, parenting classes and more.

Ford CEC , 1383 Clara 63112.....	383-7001
Hamilton CEC , 5819 Westminister 63112.....	367-6996
Mullanphy CEC , 3942 Flad 63110	772-9550
Nottingham CEC , 4915 Donovan 63109.....	352-1163
Shaw CEC , 5329 Columbia Ave. 63139	776-4327
Walbridge CEC , 5019 Alcott 63120	261-8282
Yeatman CEC , 4265 Athlone 63115	261-8134

CONSUMER PROTECTION AND INFORMATION

Better Business Bureau	645-3300
Consumer Protection — Office of Attorney General	1-800-392-8222
Federal Information Center	1-800-688-9889
Provides information on all government programs and activities. 24 hours.	
Fraud Hotline	800-447-8477
U.S. Department of Health & Human Services	
U.S. Consumer Product Safety Commission	1-800-638-2772

Will answer questions about the safety of a product or handle complaints.

EDUCATION

- Educational Opportunity Centers**367-8100
Counselors help match your interests and capabilities with suitable job training or career education; help on GED, selecting a college or vocational school, apply for admission, and financial aid, identify your academic weaknesses.
- Federal Student Information Center** 1-800-433-3243
P.O. Box 84, Washington, D.C. 20044
To request duplicate copies of documents, contact319-337-5665
Inquiries concerning receipt or processing of Free Application For Federal Student Aid (FAFSA).
- GED Test Center**340-3654
- International Institute**773-9090
- Literacy Council**776-7102
Organization of trained volunteers who provide one-on-one instruction for adults who are non-readers or beginning readers. Also provides English language classes for non-English speaking people.
- Parents as Teachers Program**432-4330
Free program for children under 3 years of age. Parent educator makes home visits, uses “play time” activities to test hearing, vision, language and physical development.
- Scholarship Foundation of St. Louis**725-7990
Provides interest-free loans, based on need, to high school graduates in technical schools and colleges on undergraduate and graduate levels.
- St. Louis Community College at Forest Park**644-9100
Education grants and loans.
- Student Financial Aid Information Service Center**1-800-473-6757
- Thomas Dunn Memorials**353-3050
Offers free adult education classes.

ST. LOUIS PUBLIC SCHOOLS

- Adult Education Division**367-5000
- Board Office Information Line**.....345-2230
- Central Office**231-3720
- Division of Special Education**633-5300
Free programs for students with these handicaps: mental and physical, behavior disorders, learning disabled, speech and language impaired. Home/hospital teaching services provided if too ill to attend school.
- Transportation Office of Voluntary Interdistrict Desegregation**721-8657

EMERGENCY SHELTERS & HELP

- Catholic Charities**241-5600
- Crisis Nursery**768-3201
Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.
- Gateway 180**, 1000 N. 19th231-1515
Temporary shelter for families.
- Harbor Light**, 3010 Washington652-3310
Low-cost housing for homeless men.

Housing Resource Center , 800 N. Tucker	802-5444
Provides information and referral to households experiencing any type of housing crisis — rent/mortgage/utility delinquency, homelessness, etc. Open 8 a.m. to 8 p.m., seven days a week.	
Eviction/Foreclosure Prevention — Hotline callers who are delinquent in rent or mortgage are referred to this in-house prevention program. Successful applicants receive up to one month's worth of the delinquent amount, followed by one year of case management with a housing counselor.	
Relocation Assistance — Hotline callers residing in housing that is doubled-up/overcrowded, condemned, or otherwise inadequate are referred to this in-house prevention program.	
Isaiah 58 Ministries , 2149 S. Grand	776-1410
Provides family crisis ministry for low-income families and individuals including emergency food, clothing and loans to assist with payment of rent, utilities and medical necessities.	
Lutheran Family & Children Services	787-5100
Lydia's House	771-4411
New Life Evangelistic Center (Christian outreach ministry)	421-3020
Programs include free counseling, emergency housing, financial assistance, food, dental clinic, clothing store; weekly job listings.	
St. Martha's Hall	533-1313
Temporary shelter for abused or threatened women and their children. Provides support groups; counseling; assistance through legal, medical, social and governmental agencies.	
St. Patrick Center , 800 N. Tucker	802-0700
St. Vincent de Paul Society	531-2183
Limited financial assistance provided on an individual basis.	
Salvation Army Family Haven , 10740 W. Page Ave.	423-7770
United Way	421-4636
The Women's Safe House	772-4535
For women and children. Will take male children through age 18. Can stay up to 60 days (can be extended). No fee. 24 hour hotline.	
YES (Youth Emergency Services)	727-6294

EMPLOYMENT

AARP — Senior Community Service Employment Program	367-6777
For adults 55+. Provides on-the-job training for a 20-hour week; salary and fringe benefits paid by program.	
AO/JESS	644-1913
Employment placement for people with disabilities.	
Employment Security Office , Unemployment claims	340-4950
Graffiti Eradication Program c/o Operation Brightside	772-4646
A year-round program for 18- to 23-year-old young adults who are paid for work on important environmental improvement and community development projects.	
SLATE — St. Louis Agency on Training & Employment	589-8000

ENERGY ASSISTANCE

Missouri Energycare	773-5900
Helps elderly, disabled and low-income residents meet their heating/cooling needs; works with utilities to prevent cut-offs; promotes use of weatherization materials, etc.	

Urban League615-3600

ENVIRONMENT

Coalition for the Environment727-0600
Conservation Federation of Missouri 573-634-2322
Department of Natural Resources 1-800-361-4827
Environmental Defense Fund 1-800-225-5333
Information, especially about recycling.
Environmental Protection Agency (EPA) 1-800-223-0425
Missouri Dept. of Conservation — St. Louis Regional Office 636-441-4554
National Resources Defense Council 212-727-2700
National Wildlife Federation 1-800-822-9919
Sierra Club (Grass Roots — Environment)644-0890

FAMILIES & CHILDREN

Many services have a fee “based on ability to pay.”

Catholic Family Services544-3800
Provides professional counseling in psychiatry services.
Child Care Aware of Missouri535-1458
Information and referral to help parents select day care programs.
Child Life Services454-6178
Located in St. Louis Children’s Hospital, this department works with patients and families to develop ways to cope with fear, anxiety, and separation from friends and family by using play, recreation, and education techniques.
Christian Family Services968-2216
Family counseling agency. Services include adoptions, foster homes and homes for unwed mothers.
Crisis Nursery768-3201
24-hour hotline. Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.
Division of Child Support Enforcement340-7400
Domestic Violence Intervention Partnership877-2012
Family Resource Center534-9350
Prevention and treatment of child abuse; emphasis upon parent training and home-based service; preschool program for abused and neglected children.
Good Shepherd Family Services854-5700
Provides services for children in their own homes, adoptive and foster homes, residential group care; and services for unmarried and single parents.
Isaiah 58 Ministries776-1410
Family crisis ministry for low-income families/individuals. Emergency food, clothing and loans to assist with rent, utilities and medical care.
Jewish Family & Children’s Service993-1000
Offers service to those with emotional problems. Counseling, service to unmarried mothers, homemaker service and resettlement services.
Kids in the Middle909-9922
Counseling agency for separated, divorced and remarried families.
La Leche League of Greater St. Louis424-3900

Lutheran Family & Children's Services	534-1515
Counseling in problems of family relationships, child behavior, marital conflict, unwed parents; adoption services and foster care.	
Midtown Catholic Family Services	534-1180
Program offers group sessions to families as means of preventing/treating child abuse. Parents join anonymously without fear of rejection.	
Parentlink	1-800-552-8522
A network of resources aimed to help parents raise their children. Provides information, programs, workshops and materials.	
Parents As Teachers	432-4330
Self-help and peer support, group sessions on parenting.	
T.L.C. for Kids	725-5660
Provides screened full-time/part-time nannies, babysitters, and "round-the-clock" caregivers.	
YMCA, South City YMCA	644-3100
School-age child care is quality, low-cost child care for working parents. It runs Monday-Friday, before and after school.	

FAMILY SUPPORT

Adoption	340-6974
Child Abuse and Neglect Services	800-392-3738
Child Support Enforcement	866-313-9960
Community Action Agency of St. Louis County	863-0015
2709 Woodson Rd. Offers assistance with substance abuse, financial counseling, housing, energy, food, crisis intervention, youth and family support.	
Prince Hall Family Support Center, 4411 N. Newstead	877-2000
Social Services — St. Louis City Offices	
3101 Chauteau	933-7000

FOOD HELP

New Life Evangelistic Center	421-3020
Operation Food Search	726-5355
Salvation Army	535-0057
St. Vincent de Paul Society	531-2183
United Way — Information and Referral	421-0700

FOSTER CARE

Foster and Adopted Care Coalition (FACC)	1-800-FOSTER3
People interested in fostering and adopting as well as support for foster care parents.	
Voices for Children	552-2352
Court Appointed Special Advocates (CASA) volunteers change the lives of children in foster care by speaking for them in court and helping them move out of foster care and into safe, nurturing homes where they can reach their potential and have hope for a positive future.	

GENERAL ASSISTANCE

Citizens Service Bureau (CSB) , City Hall	622-4800
Monday through Friday — 8 a.m. to 5 p.m. Call CSB with questions and complaints related to any problem the city government deals with.	
First Call for Help (United Way).....	421-4636
Grace Hill Settlement House	539-9500
Grace Hill is a multi-service social service agency that provides direct services within the self-help traditions of the Settlement House movement through neighborhood organization. Primary focus on female heads of households, their dependent children and the elderly.	
Head Start Programs , various locations	539-9529
St. Louis area information on human-care services.	
Neighborhood Stabilization Team , City Hall	657-1392
Midtown Catholic Family Services	534-1180
Siteman Cancer Center	747-7222
Women's Business Center	539-9840

HEALTH

American Cancer Society	286-8100
American Lung Association	645-5505
Information on lung health, asthma, tuberculosis, clean air programs. Volunteers welcome.	
Barnes Jewish Hospital Women & Infants Center	362-6667
Health Care for Kids , 4055 Lindell Blvd.	535-7701
Provides "urgent care" for children — open 3 to 11 p.m. Monday through Friday and from 10 a.m. to 8 p.m. on the weekends.	
Lou Gehrig's Disease (ALS) Association	1-888-873-8539
Pediatric Answer Line	1-800-678-5437 or 454-5437
Poison Center at Cardinal Glennon Hospital	772-5200
St. Louis Cord Blood Bank	1-888-453-2673 or 314-268-2787
Susan G. Komen for the Cure	569-3900

MENTAL HEALTH

Department of Mental Health	877-2711
Division of Alcohol and Drug Abuse	877-0370
Division of Comprehensive Psychiatric Services	877-0372
Hopewell Center	531-1770
Helps chronically mentally ill patients readjust to the community.	
Places for People	535-5600
Provides services to the chronically mentally ill.	

HOUSING

Beyond Housing	533-0600
H.O.P.E (Housing Options Provided for the Elderly)	776-0155
Missouri Housing Development Commission	877-1350
St. Louis Housing Authority	531-4770
Assistance for individuals, families and special programs for seniors.	

St. Louis Transitional Hope House382-3801

St. Patrick Center802-0700

St. Patrick Center is a multi-service agency serving those who are homeless and at risk of becoming homeless in St. Louis City and county. Emphasis is placed on those who experience mental illness or chemical dependence and those living at the poverty level.

St. Patrick Center programs include:

Drug and Alcohol Program offers counseling, education, and fellowship.

Employment, Training, and Job Placement Program offers full-service screening, training, employability counseling, and job placement programs for homeless and at-risk clients and homeless veterans.

BEST (Building Employment Skills for Tomorrow) is an on-the-job training program that teaches homeless, mentally ill or recovering individuals janitorial, repair and light remodeling skills.

Independence Housing Program helps employed people find market-rate housing.

Living Skills Center Program offers six-week courses on nutrition, budgeting, decision-making, and parenting.

Rosati Center Program is a residential care facility that provides 29 beds in transitional housing for homeless mentally ill individuals who have been referred from agencies or hospitals. Residents receive counseling and learn daily-living skills.

Women’s Shelter Program provides homeless, mentally ill or chemically dependent women with a safe place at night and Shamrock Club services in the daytime.

INSURANCE PROBLEMS

CLAIM Program 1-800-390-3330

CLAIM (Community Leaders Assisting the Insured of Missouri) is a FREE program through the Department of Insurance, Financial Institutions and Professional Registration. The program is designed to help senior citizens with health insurance questions. Assists consumers with the complicated paperwork associated with health insurance.

Missouri Department of Insurance, Financial Institutions and

Professional Registration 573-751-4126

Workers’ Compensation Insurance Information 1-800-775-2667

LEGAL ASSISTANCE

Crime Victims Advocacy Center652-3623

24-Hour Crime Victims Hotline652-3623

Catholic Legal Assistance Ministry977-3993

Civil Rights Enforcement Agency622-3301

Lawyer’s Reference Service621-6681

Legal Services of Eastern Missouri534-4200

Public Defender340-7625

Victim Services622-4373

Support services and professional counseling for victims of crime.

MEDICAL INFORMATION

American Red Cross	658-2000
AIDS testing and counseling. Fee involved.	
Case Management Services	362-5574
Cancer Information Service of Missouri	1-800-4-CANCER
Centers for Disease Control and Prevention (CDC)	
Sexual Transmitted Disease	1-800-227-8922
Lead Poisoning Clinic	657-1524
Metropolitan St. Louis AIDS Program	612-5188
Free testing and counseling. Appointment only.	
Medicaid	1-800-392-2161
Medicare	1-800-633-4227
Missouri Department of Health & Senior Services	340-7300
Missouri Division of Family Services	933-7000
Temporary assistance, housing and medical assistance.	
MO HealthNet for Kids	1-888-275-5908
Patient Advocate Foundation (PAF)	1-800-532-5274
PAF is a national nonprofit organization that serves as an active liaison between the patient and his or her insurer, employer and/or creditors to resolve insurance, job discrimination and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys. PAF seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.	
Poison Center at Cardinal Glennon Hospital	772-5200
St. Louis Connect Care	361-2273
St. Louis Effort for AIDS	645-6451
Social Security Administration	1-800-772-1213
South St. Louis Office , 4365 Chippewa 63116	
Central West End (CWE) Office , 5669 Delmar 63112	
Visiting Nurses Association	918-7171

NEIGHBORHOOD ASSISTANCE PROGRAMS

Citizens Service Bureau	622-4800
Housing Conservation District	622-3352
Operates in parts of nine wards. Inspects buildings where there has been a change of ownership or tenants to determine whether the building meets requirements of city's conservation ordinance, including overcrowding.	
Neighborhood Stabilization Office	657-1392
Consists of neighborhood liaison officers who serve as a link between city hall and the neighborhoods. They help resolve problems and work closely with neighborhood associations.	

NEIGHBORHOOD ORGANIZATIONS

Note: Contact neighborhood organizations for special programs they may sponsor.

Academy-Sherman Park Neighborhood Association	367-8019
4th Thursday @ 6 p.m.	
Cheltenham Neighborhood Association	645-4418
1st Thursday @ 7 p.m (Except January, February, July and August)	

Clayton-Tamm Community Association	645-6327 or 680-1353
3rd Thursday (except January) @ 7:30 p.m.	
Clifton Heights Neighborhood Association , 4th Monday @ 7:00 p.m.....	647-9008
Ellendale Neighborhood Association , 2nd Monday @ 7:00 p.m.	614-8183
Gibson Heights Neighborhood Association , 3rd Tuesday @ 7:00 p.m.....	541-7293
Grand-Oak Hill Community Corp.	865-5530
3rd Wednesday @ 7:00 p.m (Odd Months Only).....	
.....	865-5530
Hamilton Heights Neighborhood Organization , 4th Tuesday @5:30 p.m. .	389-3363
Hampton-Chippewa Business Association , 2nd Tuesday @ 8:00 a.m.	746-7690
Hi-Pointe Homeowners Association	647-3909
2nd Thursday @ 7:00 p.m. (No January, June, July, or August meetings)	
Hill 2000 , 3rd Thursday @ 7:00 p.m.	771-2026
Kingshighway Hills Neighborhood Association	752-3526
3rd Thursday @ 7:00 p.m. (No January, February, June or July meetings)	
Lindenwood Neighborhood Association	644-4937
1st Monday @7:30 p.m. (March, June, September and December only)	
Morganford Neighborhood Association	664-2546
4th Wednesday @ 7:00 p.m. (No November or December Meeting)	
North Newstead Association , 3rd Monday @ 5:30 p.m.	385-4343
Shaw Neighborhood Improvement Association , Quarterly Meetings	771-3101
Skinker DeBaliviere Comm. Council , 2nd Monday @ 7:00 p.m.	862-5122
SPUD	367-8281
4th Thursday @ 6:30 p.m (No November or December meeting)	
St. Louis Hill Neighborhood Association , 4th Wednesday @ 7:00 p.m.	832-0385
SW Garden Neighborhood Association	771-3271 or 606-4713
4th Monday @ 7:00 p.m (January, April, July and October Meetings Only)	
Tilles Park Neighborhood Association	352-8409
Last Tuesday @ 7:00 p.m (Meetings held February, May, August and November)	
Tower Grove Heights Association	865-2545
4th Tuesday @ 7:00 p.m (No December Meetings)	
Tower Grove South	No phone number available
Last Monday @ 7:00 p.m. (No November or December meeting)	
West Cabanne Place Association	721-8630

POLICE

EMERGENCY	911
CrimeStoppers	(866) 371-8477
NON-EMERGENCY POLICE	231-1212
North Patrol Police Station, 4014 N. Union.....	
.....	444-0001
Central Patrol Police Station, 919 N. Jefferson	
.....	444-2500
South Patrol Police Station, 3157 Sublette.....	
.....	444-0100
Public Affairs	444-5603
Secret Witness Hotline	241-2677
To report narcotics activity in your neighborhood anonymously.	

RESPITE CARE

Respite-care services provide people caring constantly for someone a way to have occasional rest. Some area groups offering respite-care services include:

ARCH Respite Office of St. Louis	569-0247
Cardinal Ritter Senior Services	961-8000
Children's Home Society of Missouri	968-2350

Edgewood Children's Center	968-2060
Jewish Center for Aged of Greater St. Louis	434-3330
Marlborough House	962-0015
Ranken Jordan Pediatric Specialty Hospital	872-6400
St. Louis Crisis Nursery	768-3201
St. Louis Peregrine Society	781-6775
Touchpoint Autism Services	432-6200
UCP Heartland	994-1600

SENIOR CITIZEN ASSISTANCE

Aging Information	1-800-235-5503
Association on Aging with Developmental Disabilities	647-8100
Programs assisting seniors with the desire to live as independently as possible.	
Cardinal Ritter Senior Services: Provides adult day care services	962-7501
Isaiah 58 Ministries: Food pantry and clothing room	776-1410
Grace Hill Neighborhood Services	814-8700
Nourishment and meeting places for persons over 60. Home visit service offers counseling and health services and provides volunteer opportunities for older adults.	
Grand-Oak Hill Community Corporation	865-5530
Senior Lunch Program. Provides weatherization kits and some transportation and meal delivery.	
H.O.P.E. (Housing Options Provided for the Elderly)	776-0155
Housing option consultation, education to community, and a resource for housing option development within Missouri.	
Meals on Wheels	268-1523
MetroLink Senior Citizens and Handicapped Bus Fare Discounts	231-2345
Medicare card accepted on all buses any time. Reduced fare.	
Missouri Department of Health and Senior Services	340-7300
Nursing Home Ombudsman Program, Div. of Senior Services	340-7353
Provides information and referral regarding nursing home placement, regulations, residents' rights and complaints about nursing homes.	
OATS Transportation	894-1701
Transportation for seniors to medical appointments, clinics and shopping.	
Program of Alternative Care for the Elderly (PACE)	771-5800
Provides social activities, nutrition and preventive health care management for the elderly. Assigns support staff for individuals who live alone and who need a minimal level of nursing home care or supervision and assistance for part of their daily care.	
St. Elizabeth Adult Day Care Center	636-461-0730
Adult day care for persons 18+; must have adequate mobility and need no more than moderate help with eating and toileting. Program includes leisure time activities, self-care training, information and referral, meals and snacks.	
St. Louis Area Agency on Aging (SLAAA)	612-5918 or 612-5900
Provides programs and services for the city's elderly. Maintains a listing of senior citizen apartments and nursing home facilities. Meals at nutrition centers, home delivered meals and distribution of surplus food.	
Home Delivered Meals.....	612-5918

STRESS/HOTLINE

Community Psychological Service	516-5824
Outpatient psychological service to rape victims (free).	
Crime Victims Advocacy Service of St. Louis	652-3623
Life Crisis Service	647-4357
Suicide crisis intervention hotline.	
MADD (Mothers Against Drunk Driving)	426-1595
Provident Counseling	533-8200
Counseling to individuals and families in areas of child behavior, marriage, divorce, family relationships, problem drinkers, unmarried parenthood, adoption, the elderly, preretirement planning, stress management and divorce adjustment.	
Raven (Rape and Violence End Now)	289-8000
Help for men and women involved in domestic violence and rape. 24 hours.	
Suicide Hotline	647-4357
Suicide Hotline (Kids under 21)	644-5886
Suicide Crisis Intervention	647-4357
Teen Hotline (KUTO - Kids Under 21)	644-5886

SUPPORT CENTERS

Covenant House	533-2241
Support for youth ages 16 to 21.	
Prince Hall Family Support Center	
4411 N. Newstead, 63115	877-2400
Provides a wide variety of health and human services at one location with a mix of state and private-sector agencies. Some of the services available:	
Department of Health and Senior Services	612-5100
Division of Child Support Enforcement	340-7400
Division of Family Services (DFS) Children's Services	877-2300
Division of Family Services/Temp. Assistance & Food Stamps	877-2400
Fathers' Support Center	333-4170
Family Court-Juvenile Division	552-2000
Fortress Outreach	653-1500
Provides emergency shelter and safe housing to battered women and their children.	
Missouri Mentoring Partnership	877-2012
Recruits and trains local individuals to be mentors.	
WIC (Women, Infants and Children)	361-5728
A food program to help infants and children up to age 5 and pregnant and/or breastfeeding mothers.	

SUPPORT GROUPS

Al Anon	645-1572
Alcoholics Anonymous	647-3683
American Parkinson's Disease Information	362-3299
Neighborhood Association	771-0803
Nicotine Anon	832-9279
Overeaters Anonymous	638-6070
Postpartum Depression Referral	362-MOMS
Survivors of Suicide	647-3100

UTILITY PROBLEMS

Consumer Advocate (Office of the Public Counsel)	573-751-4857
This office represents consumers on utility matters.	
Consumer Hotline (toll free)	1-800-392-4211
Public Service Commission	
St. Louis Office	340-4700

VETERANS

MO Veterans' Commission	552-9885
National Personnel Records Center	801-0800
St. Louis City Dept. of Human Services Veterans Services	657-1656
Veterans' Administration and Outreach	1-800-827-1000
Veterans' Hospital	652-4100
Veterans' Psychiatric Abuse/Fraud Hotline	729-2854

VITAL RECORDS/STATE

www.dhss.mo.gov/BirthAndDeathRecords

To request a birth or death certificate from a local health department, you may download the application and submit it in person or by mail to the nearest local health department. To request a certified copy of a marriage license, contact the Recorder of Deeds in the county where the license was obtained. To request a certified copy of a divorce decree, contact the Circuit Clerk in the county where the decree was granted. If necessary, you can request these documents from the Department of Health and Senior Services in Jefferson City.

Missouri Department of Health, Division of Vital Records

P.O. Box 570, Jefferson City, MO 65102-0570

Birth, Death and Marriage Records	573-751-6387
City Hall Vital Records	613-3016

VOLUNTEERING

The Volunteer Center of the United Way of Greater St. Louis works to strengthen the community by promoting effective volunteer experiences. It helps link individuals who want to volunteer with agencies that need them and also connects companies to hundreds of time-limited, hands-on volunteer projects. For additional information, contact Rick Skinner — United Way Volunteer Center at 539-4284 or at websites: www.stl.unitedway.org or www.stl-cares.org

WOMEN'S ASSISTANCE

Also see "Families & Children" and "Emergency Shelter & Help"

Forest Park Counseling Department	644-9262
Free services to identify skills, interests and abilities; explore current labor market info; learn about nontraditional jobs/training opportunities and how to conduct creative job search. Skill training in certain occupational areas available at nominal fees.	
Good Shepherd Children & Family Services	854-5700
Isaiah's Ministries	776-1410
Provides Single Parents' Support Group with special education programs.	

Legal Advocates for Abused Women	664-6699
Advocacy for victims abuse - provides legal advocacy for victims of abuse.	
OWL — The Voice of Mid-Life and Older Women	989-0977
Parents As Teachers	432-4330
Provides services to answer the needs of mothers through group discussions, lectures and workshops; referral services in the area of physical and mental health, social services and counseling; drop-in service and child care program.	
Safe Connections	646-7500
24-Hour Hotline	531-2003
Provides services to physically, sexually and emotionally abused women including victims of rape or incest. Support groups; court advocates. Referrals for housing and further counseling.	
The Women’s Safe House	772-4535
Shelter and support for battered women and their children. Group and individual counseling.	
YWCA Women’s Resource Center	726-6665

YOUTH PROGRAMS

Boys Club of St. Louis	772-5661
Girls Inc. of St. Louis	385-8088
Missouri Botanical Garden	577-5140
Offers many exciting hands-on and experience-oriented programs and activities in areas of Science, Ecology and Natural History for different age groups of young people aged 4 through 18.	
YMCA Monsanto Family Center	367-4646
YWCA (Metro)	531-1115

IMPORTANT PHONE NUMBERS

Alliance for Animal Legislation	994-1000
Alzheimer’s Association	432-3422
American Red Cross	658-2000
Arts and Education Council	535-3600
Blind and Physically Handicapped Library Services	1-800-392-2614
Bus and Metrolink Information	231-2345
Civil Rights Enforcement Agency	622-3301
Connect Care	361-2273
Consumer Fraud Hotline	1-800-392-8222
Driver’s License Exam, 4628 S. Kingshighway	752-3177
Drug Abuse Help: BASIC (Black Alcohol/Drug Service Information Center)	621-9009
Emergency Services (Connect Regional)	361-2273
Election Board	622-4336
Federal Information Center	1-800-688-9889
Federal Tax Forms (ordering)	1-800-829-1040
Health Department	615-0600
Immigration and Naturalization	1-800-375-5283
International Institute	773-9090
Jury Supervisor’s Office	622-4457

League of Women Voters961-6869

Lost Pets - Humane Society647-8800

Animal Protective Association645-4610

St. Louis City Animal Control353-5838

Marriage License Bureau622-3257

Mental Health America of Eastern Missouri773-1399

Missouri Botanical Garden577-5100

Missouri Botanical Garden Answering Service577-5143

Missouri Department of Transportation340-4100

NAACP361-8600

Narcotics Anonymous830-3232

Postal Service Offices1-800-275-8777

RCGA (Chamber of Commerce)231-5555

Safe Connections Crisis Hotline531-2003

Statewide Road Conditions Hotline1-800-222-6400

STD (Sexually Transmitted Diseases)

National Hotline (STD & AIDS)919-361-8488

STL Association for Gifted Children878-5029

STL City Office on the Disabled622-3686

SIDS (Sudden Infant Death Syndrome Program).....1-800-221-7437

Tourist Information869-7100

Tower Grove Park771-2679

Traffic Violation Bureau622-3577

Unclaimed Property573-751-0123

Zip Code Information1-800-ASK-USPS

VISIT THE MISSOURI SENATE WEBSITE:

www.senate.mo.gov

LINKS TO THE HOUSE OF REPRESENTATIVES, STATEWIDE ELECTED OFFICIALS AND ALL STATE DEPARTMENTS CAN BE ACCESSED AT THIS INTERNET ADDRESS.

The Missouri Senate website also offers you current bill status information, committee lists, session schedules, legislative calendars, daily journals, links to each senator's web page and much more.

LIVE DEBATE:

Through a link on the Senate website, you can listen to live debate while the Senate is in session. A link to House debate is also available.



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