

# COMMUNITY SERVICES DIRECTORY

2011



STATE SENATOR  
JOE  
KEAVENY  
DISTRICT 4  
CITY OF ST. LOUIS



Dear Friends:

This directory will provide you with contact information for services from government and non-profit organizations that serve the 4th Senatorial District. I hope the information in my community services directory is useful to you. Please contact my office if you need assistance.



A handwritten signature in black ink, appearing to read "Joe P. Keaveny".

**Joe Keaveny**  
**STATE SENATOR**  
**DISTRICT 4**

Capitol Office:  
Room 329, 201 W. Capitol Ave.  
Jefferson City, MO 65101  
573-751-3599  
TOLL FREE 866-783-1534  
FAX 573-751-0266  
[joe.keaveny@senate.mo.gov](mailto:joe.keaveny@senate.mo.gov)

# MISSOURI STATE OFFICIALS

www.mo.gov

**Governor JEREMIAH (JAY) NIXON** .....573-751-3222  
Room 216, State Capitol, Jefferson City, MO 65101  
St. Louis Office .....314-340-6900

**Lt. Governor PETER KINDER** .....573-751-4727  
Room 224, State Capitol, Jefferson City, MO 65101  
St. Louis Office.....314-340-7480

**Secretary of State ROBIN CARNAHAN** .....573-751-4936  
Room 208, State Capitol, Jefferson City, MO 65101  
St. Louis Office.....314-340-7490

**State Auditor TOM SCHWEICH**.....573-751-4824  
Room 121, State Capitol, Jefferson City, MO 65101

**State Treasurer CLINT ZWEIFEL** .....573-751-2411  
Room 229, State Capitol, Jefferson City, MO 65101  
St. Louis Office.....314-340-7856

**Attorney General CHRIS KOSTER** .....573-751-3321  
Supreme Court Building, Jefferson City, MO 65101  
St. Louis Office.....314-340-6815

## MISSOURI STATE REPRESENTATIVES

### Serving District 4

#### ALL REPRESENTATIVES' ADDRESSES ARE:

201 W. Capitol Ave., Jefferson City, MO 65101

DISTRICT 57 - Karla May  
.....573-751-2198  
DISTRICT 58 - Penny Hubbard  
.....573-751-2383  
DISTRICT 60 - Jamilah Nasheed  
.....573-751-4415  
DISTRICT 61 - Chris Carter  
.....573-751-7605

DISTRICT 64 - Susan Carlson  
.....573-751-1400  
DISTRICT 65 - Michele Kratky  
.....573-751-4220  
DISTRICT 66 - Genise Monticello  
.....573-751-9472  
DISTRICT 67 - Mike Colona  
.....573-751-6736

## FEDERAL ELECTED OFFICIALS

### United States Senators

#### ROY BLUNT

274 Russell Office Building  
Washington D.C. 20510  
St. Louis Office..... 202-225-6536

#### CLAIRE McCASKILL

SH-717 Hart Office Building  
Washington D.C. 20510  
St. Louis Office..... 314-367-1364

## Representatives in Congress

### **RUSS CARNAHAN**

1710 Longworth Bldg. ...202-225-2671  
Washington, D.C. 20515  
St. Louis Office .....314-962-1523  
11140 S. Towne Square #201  
St. Louis, MO 63123

### **WM. "Lacy" CLAY, Jr.**

434 Cannon Bldg. ....202-225-2406  
Washington, D.C. 20515  
St. Louis Office .....314-367-1970  
625 N. Euclid St., Suite 200  
St. Louis, MO 63108

## ST. LOUIS CITY GOVERNMENT

### ELECTED OFFICIALS UNDER CITY CHARTER

**Mayor** Francis Slay, City Hall .....622-3201  
**Comptroller** Darlene Green.....622-4389  
**President-Board of Aldermen** Lewis Reed.....622-4114  
**MEMBERS-Board of Aldermen** (28), City Hall.....622-3287

### ALDERMEN IN THE 4th DISTRICT

**1st Ward** Charles Quincy Troupe.....622-3287  
**4th Ward** Samuel L. Moore.....622-3754  
**8th Ward** Stephen Conway .....773-4329  
**10th Ward** Joseph Vollmer.....772-4289  
**14th Ward** Carol Howard .....630-6420  
**15th Ward** Jennifer Florida .....776-2890  
**16th Ward** Donna Baringer .....481-8024  
**17th Ward** Joseph D. Roddy.....622-3287  
**18th Ward** Terry Kennedy .....622-3287  
**19th Ward** Marlene Davis .....680-9168  
**21st Ward** Antonio D. French.....779-9958  
**22nd Ward** Jeffrey Boyd .....383-2693  
**23rd Ward** Joe Vaccaro .....718-0131  
**24th Ward** William Waterhouse .....622-3287  
**26th Ward** Frank Williamson.....361-3835  
**27th Ward** Gregory Carter .....382-7700  
**28th Ward** Lyda Krewson.....367-9765

### ELECTED OFFICIALS UNDER STATE LAW

**Circuit Attorney** Jennifer Joyce .....622-4941  
**Circuit Clerk** M. Jane Schweitzer.....622-3241  
**City Treasurer** Larry Williams.....622-3434  
**Collector of Revenue** Gregory Daly .....622-4101  
**License Collector** Michael McMillan .....622-4528  
**Public Administrator** Gerard Nester .....622-4394  
**Recorder of Deeds** Sharon Carpenter.....622-4393  
**Sheriff** James Murphy.....622-4851, 622-4766

### ST. LOUIS CITIZENS' SERVICE BUREAU

**CITY HALL** (Assistance With Problems).....622-4800

**OFFICE ON THE DISABLED** ..... (Voice) 622-3686  
(TDD) 622-3693

## **POLICE**

**EMERGENCY** ..... **911**  
**NON-EMERGENCY POLICE** .....231-1212  
North Patrol Police Station, 4014 N. Union.....444-0001  
Central Patrol Police Station, 919 N. Jefferson .....444-2500  
South Patrol Police Station, 3157 Sublette.....444-0100  
**Secret Witness Hotline** ..... 241-2677  
To report narcotics activity in your neighborhood anonymously.  
**Neighborhood Watch** (Public Affairs) .....444-5638  
A program sponsored by the St. Louis Police Department which brings neighbors on a street together to learn how to fight crime.

## **ABUSE/STRESS HOTLINES**

**Aging Information & Referral** ..... 1-800-235-5503  
**Alanon & Alateen** .....645-1572  
12-step program for family and friends of alcoholics.  
**AA—Alcoholics Anonymous** .....647-3677  
**Birthright Counseling** .....962-5300  
**Child Advocacy Center** ..... 314-535-3003  
**Child Abuse/Neglect** ..... 1-800-392-3738  
**Community Psychological Services** .....516-5824  
**Consumer Credit Counseling** .....647-9004  
**Council on Alcoholism & Drug Abuse** .....962-3456  
Serves adolescents, young adults and their families. Drug education programs for schools and other groups. Hotline deals with adverse drug reactions, referral.  
**Elderly Abuse/Neglect** ..... 1-800-392-0210  
**Life Crisis Services** .....647-3100  
**Hotline (24 hours)** .....647-4357  
Crisis intervention for suicidal & emotionally distraught people.  
**Parental Stress Line** ..... 1-800-367-2543  
**Planned Parenthood** .....865-1850  
**Psychological Service Center** .....935-6555  
Outpatient mental health clinic operating within the Psychology Department of Washington University, dealing with relationship difficulties, depression, low self-esteem, and anger.  
**Rape Hotline** .....314-531-2003 or 314-531-7273  
**Spouse/Adult Abuse/Shelter for Battered Women** .....314-772-4535  
**Safe Schools Hotline** .....889-7233  
**YWCA Sexual Assault Center** .....314-726-6665

## **ADOPTION**

Ever consider adopting a child? There are many children eligible for adoption in Missouri who are eagerly awaiting permanent homes. Visit the MO Dept. of Social Services Photo-Adoption website at **[www.dss.mo.gov](http://www.dss.mo.gov)** or call the Foster-Adoptline at **1-800-554-2222** for more information.

## **BLIND SERVICES**

**Missouri School for the Blind** .....776-4320

<b>Delta Gamma Center</b> .....	776-1300
Preschool services to blind and visually impaired children and their families.	
<b>St. Louis City Special School District</b> .....	454-0010
<b>Rehabilitation Services for the Blind</b> .....	877-1532 or 877-0151

## **BUSINESS ASSISTANCE AND REDEVELOPMENT PROGRAMS**

Several resources listed here to help businesses grow as well as to resolve problems.

<b>Community Development Agency</b> .....	622-3400
Land Clearance Redevelopment Authority; Land Reutilization Authority; Industrial Development Authority; Planned Industrial Expansion Authority	
<b>SCORE - Counselors to America's Small Businesses</b> .....	539-6600
<b>Career Assistance</b> .....	589-8000
<b>Small Business Administration</b> .....	539-6600
<b>South Grand Community Improvement District</b> .....	772-5750

## **CHILD ABUSE PREVENTION**

Missouri Children's Trust Fund (CTF). This trust was created to help citizens take part in preventing child abuse. Donations to the trust are used to support local community-based prevention efforts. YOU can help. One way is to purchase a CTF license plate for \$25 (+handling fee and your own vehicle renewal cost). Your donation goes to help prevent child abuse. For more information, contact ..... 1-888-826-5437

## **COLLEGE TUITION**

Missouri Saving for Tuition (MOST). A tax program where anyone — a parent, grandparent, relative, or friend — can open and contribute to a MOST account for a child's future education and receive a tax deduction. Contact..... 1-888-414-6678  
Website: [www.missourimost.org](http://www.missourimost.org)

## **COMMUNITY EDUCATION CENTERS**

Community schools serve the area by offering a wide variety of programs from pre-school, to senior citizen organizations, parenting classes and more.

<b>Ford CEC</b> , 1383 Clara 63112.....	383-7001
<b>Hamilton CEC</b> , 5819 Westminster 63112.....	367-6996
<b>Nottingham CEC</b> , 4915 Donovan 63109.....	352-1163
<b>Shaw CEC</b> , 5329 Columbia Ave. 63139 .....	776-4327
<b>Mullanphy CEC</b> , 3942 Flad 63110 .....	772-9550
<b>Walbridge CEC</b> , 5019 Alcott 63120 .....	261-8282
<b>Yeatman CEC</b> , 4265 Athlone 63115 .....	261-8134

## **CONSUMER PROTECTION AND INFORMATION**

<b>Better Business Bureau</b> .....	645-3300
<b>Consumer Affairs Office</b> .....	444-8846
U.S. Department of Health & Human Services	
<b>Consumer Protection</b> — Office of Attorney General .....	1-800-392-8222
<b>Federal Information Center</b> .....	1-800-688-9889
Provides information on all government programs and activities. 24 hours.	
<b>U.S. Consumer Product Safety Commission</b> .....	1-800-638-2772
Will answer questions about the safety of a product or handle complaints.	

## EDUCATION

<b>St. Louis Community College at Forest Park</b> .....	644-9100
Education Grants and Loans	
<b>Educational Opportunity Centers</b> .....	352-4113
Counselors help match your interests and capabilities with suitable job training or career education; help on GED, selecting a college or vocational school, apply for admission, and financial aid, identify your academic weaknesses; obtain tutoring. FREE.	
<b>Federal Student Information Center</b> .....	1-800-433-3243
P.O. Box 84, Washington, D.C. 20044. To request duplicate copies of documents, contact .....	
	319-337-5665
Inquiries concerning receipt or processing of Free Application For Federal Student Aid (FAFSA).	
<b>Student Financial Aid Information Service Center</b> .....	1-800-473-6757
<b>GED Test Center</b> .....	340-3654
<b>International Institute</b> .....	773-9090
<b>Literacy Council</b> .....	776-7102
Organization of trained volunteers that provides one-on-one instruction for adults who are nonreaders or beginning readers. Also provides English language classes for non-English speaking people.	
<b>Parents as Teachers Program</b> .....	432-4330
Free program for children under age three. Parent educator makes home visits, uses “play time” activities to test hearing, vision, language and physical development.	
<b>Scholarship Foundation of St. Louis</b> .....	725-7990
Provides interest-free loans, based on need, to high school graduates in technical schools and colleges on undergraduate and graduate levels.	
<b>Thomas Dunn Memorials</b> .....	353-3050
Offers free adult education classes.	

## ST. LOUIS PUBLIC SCHOOLS

<b>Central Office</b> .....	231-3720
<b>Adult Education Division</b> .....	367-5000
<b>Board of Education</b> .....	345-2230
<b>Division of Special Education</b> .....	633-5300
Free programs for students with these handicaps: mental and physical, behavior disorders, learning disabled, speech and language impaired. Home/hospital teaching services provided if too ill to attend school.	
<b>Transportation Office of Voluntary Interdistrict Desegregation</b> .....	721-8657

## EMERGENCY SHELTERS & HELP

<b>Catholic Charities</b> .....	241-5600
<b>Housing Resource Center</b> , 800 N. Tucker .....	802-5444
Provides information and referral to households experiencing any type of housing crisis - rent/mortgage/utility delinquency, homelessness, etc. Open 8 a.m. to 8 p.m., seven days a week.	
<b>Eviction/Foreclosure Prevention</b> - Hotline callers who are delinquent in rent or mortgage are referred to this in-house prevention program. Successful applicants receive up to one month's worth of the delinquent amount, followed by one year of case management with a housing counselor.	

**Relocation Assistance** - Hotline callers residing in housing that is doubled-up/overcrowded, condemned, or otherwise inadequate are referred to this in-house prevention program.

<b>Gateway 180</b> , 1000 N. 19th .....	231-1515
Temporary shelter for families.	
<b>Crisis Nursery</b> .....	768-3201
Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.	
<b>Harbor Light</b> , 3010 Washington .....	652-3310
Low-cost housing for homeless men.	
<b>Isaiah 58 Ministries</b> , 2149 S. Grand .....	776-1410
Provides family crisis ministry for low-income families and individuals including emergency food, clothing and loans to assist with payment of rent, utilities and medical necessities.	
<b>Lutheran Family &amp; Children Services</b> .....	787-5100
<b>New Life Evangelistic Center</b> (Christian outreach ministry) .....	421-3020
Programs include free counseling, emergency housing, financial assistance, food, dental clinic, clothing store; weekly job listings.	
<b>St. Martha's Hall</b> .....	533-1313
Temporary shelter for abused or threatened women and their children. Provides support groups; counseling; assistance through legal, medical, social and governmental agencies.	
<b>St. Patrick Center</b> , 800 N. Tucker .....	802-0700
<b>St. Vincent de Paul Society</b> .....	531-2183
Limited financial assistance provided on an individual basis.	
<b>Salvation Army Family Haven</b> , 10740 W. Page Ave. ....	423-7770
<b>United Way</b> .....	421-4636
<b>The Women's Safe House</b> .....	772-4535
For women and children. Will take male children through age 18. Can stay up to 60 days (can be extended). No fee. 24 hour hotline.	
<b>YES (Youth Emergency Services)</b> .....	727-6294

## EMPLOYMENT

<b>AARP</b> — Senior Community Service Employment Program .....	367-6777
For adults 55+. Provides on-the-job training for a 20-hour week; salary and fringe benefits paid by program.	
<b>Employment Security Office</b> , Unemployment claims .....	340-4950
<b>Graffiti Eradication Program</b> c/o Operation Brightside .....	772-4646
A year-round program for 18- to 23-year-old young adults who are paid for work on important environmental improvement and community development projects.	
<b>Project JESS (Jobs and Employment Support Services)</b> .....	644-1913
Employment placement for developmentally disabled.	
<b>SLATE</b> — St. Louis Agency on Training & Employment .....	589-8000

## ENERGY ASSISTANCE

<b>Cooling Information Help (Human Development Corporation — HDC)</b> ..	535-7607
<b>Emergency Energy Assistance Program (HDC)</b> .....	535-7607
<b>Energy Conservation (HDC)</b> .....	535-7607
<b>Missouri Energycare</b> .....	773-5900
Helps elderly, disabled and low-income residents meet their heating/cooling needs; works with utilities to prevent cut-offs; promotes use of weatherization materials, etc.	

**Urban League** .....615-3600

## **ENVIRONMENT**

**Coalition for the Environment** .....727-0600

**Conservation & Renewal Energy Information** ..... 1-877-337-3463

Provides information for homeowners about energy conservation and renewable resources.

**Conservation Federation of Missouri** ..... 573-634-2322

**Department of Natural Resources** ..... 1-800-361-4827

**Environmental Defense Fund** ..... 1-800-225-5333

Information, especially about recycling.

**Environmental Protection Agency (EPA)** ..... 1-800-223-0425

**Missouri Dept. of Conservation - St. Louis Regional Office** ..... 636-441-4554

**National Resources Defense Council** ..... 212-727-2700

**National Wildlife Federation** ..... 1-800-822-9919

**Sierra Club** (Grass Roots - Environment).....644-0890

## **FAMILIES & CHILDREN**

Many services have a fee "based on ability to pay."

**Catholic Family Services** .....544-3800

Provides professional counseling to those experiencing stress.

**Child Care Aware of Missouri** .....535-1458

Information and referral to help parents select day care programs.

**Child Life Services** .....454-6178

Located in St. Louis Children's Hospital, this department works with patients and families to develop ways to cope with fear, anxiety, and separation from friends and family by using play, recreation, and education techniques.

**Christian Family Services** .....968-2216

Family counseling agency. Services include adoptions, foster homes and homes for unwed mothers.

**Crisis Nursery** .....768-3201

24 hour hotline. Provides temporary shelter (up to 72 hrs.) for children (age 0-8) of families in crisis. Also provides referrals for parents.

**Division of Child Support Enforcement** .....340-7400

**Domestic Violence Intervention Partnership** .....877-2012

**Family Resource Center** .....534-9350

Prevention and treatment of child abuse; emphasis upon parent training and home-based service; preschool program for abused and neglected children.

**Good Shepherd Family Services** .....854-5700

Provides services for children in their own homes, adoptive and foster homes, residential group care; and services for unmarried and single parents.

**Isaiah 58 Ministries** .....776-1410

Family crisis ministry for low-income families/individuals. Emergency food, clothing and loans to assist with rent, utilities and medical care.

**Jewish Family & Children's Service** .....993-1000

Offers service to those with emotional problems. Counseling, service to unmarried mothers, homemaker service and resettlement services.

**Kids in the Middle** .....909-9922

Counseling agency for separated, divorced and remarried families.

**La Leche League of Greater St. Louis** .....424-3900

<b>Lutheran Family &amp; Children's Services</b> .....	534-1515
Counseling in problems of family relationships, child behavior, marital conflict, unwed parents; adoption services and foster care.	
<b>Midtown Catholic Family Services</b> .....	534-1180
Program offers group sessions to families as means of preventing/treating child abuse. Parents join anonymously without fear of rejection.	
<b>Parentlink</b> .....	1-800-552-8522
A network of resources aimed to help parents raise their children. Provides information, programs, workshops and materials.	
<b>YMCA, South City YMCA</b> .....	644-3100
<b>Parents As Teachers</b> .....	771-4626
Self-help and peer support, group sessions on parenting.	
<b>T.L.C. for Kids</b> .....	725-5660
Provides screened full-time/part-time nannies, babysitters, and "round-the-clock" caregivers.	
<b>YMCA, South City YMCA</b> .....	644-3100
School-age child care is quality, low-cost child care for working parents. It runs Monday-Friday, before and after school.	

## FAMILY SUPPORT

<b>Community Action Agency of St. Louis County</b> .....	863-0015
2709 Woodson Rd. Offers assistance with substance abuse, financial counseling, housing, energy, food, crisis intervention, youth and family support.	
<b>Social Services - St. Louis City Offices</b> .....	933-7000
3101 Chauteau .....	
<b>Prince Hall Family Support Center</b> , 4411 N. Newstead .....	877-2000
<b>Adoption</b> .....	340-6974
<b>Child Abuse and Neglect Services</b> .....	301-7800
<b>Child Support Enforcement</b> .....	866-313-9960

## FOOD HELP

<b>New Life Evangelistic Center</b> .....	421-3020
<b>Operation Food Search</b> .....	726-5355
<b>Salvation Army</b> .....	535-0057
<b>St. Vincent de Paul Society</b> .....	531-2183
<b>United Way — Information and Referral</b> .....	421-0700

## FOSTER CARE

<b>Voices for Children</b> .....	552-2352
<b>Court Appointed Special Advocates (CASA)</b> volunteers change the lives of children in foster care by speaking for them in court and helping them move out of foster care and into safe, nurturing homes where they can reach their potential and have hope for a positive future.	
<b>Foster and Adopted Care Coalition (FACC)</b> .....	1-800-FOSTER3
People interested in fostering and adopting as well as support for foster care parents.	

## GENERAL ASSISTANCE

<b>Citizens Service Bureau (CSB)</b> , City Hall .....	622-4800
8 a.m. to 5 p.m. Monday through Friday. Call CSB with questions and complaints related to any problem the city government deals with.	

<b>First Call for Help</b> (United Way).....	421-4636
St. Louis area information on human-care services.	
<b>Neighborhood Stabilization Team</b> , City Hall .....	657-1392
<b>Grace Hill Neighborhood Services</b> .....	539-9500
Grace Hill is a multi-service social service agency that provides direct services within the self-help traditions of the Settlement House movement through neighborhood organization. Primary focus on female heads of households, their dependent children and the elderly.	
<b>M.O.R.E. Program</b> – a self-sufficiency program which enables clients to solve crisis within their neighborhoods, obtain community outreach training, job training, and to volunteer their time to help others.	
<b>Head Start Programs</b> , various locations .....	539-9529
<b>Midtown Catholic Family Services</b> .....	534-1180
<b>Siteman Cancer Center</b> .....	747-7222
<b>Women’s Business Center</b> .....	539-9840

## HEALTH

<b>Barnes Jewish Hospital Women &amp; Infants Center</b> .....	362-6667
<b>Lou Gehrig’s Disease (ALS) Association</b> .....	1-888-873-8539
<b>American Cancer Society</b> .....	286-8100
<b>American Lung Association</b> .....	645-5505
Information on lung health, asthma, tuberculosis, clean air programs. Volunteers welcome.	
<b>Health Care for Kids</b> , 4055 Lindell Blvd. ....	535-7701
Provides “urgent care” for children - open 3 to 11 p.m. Monday through Friday and from 10 a.m. to 8 p.m. on the weekends.	
<b>Pediatric Answer Line</b> .....	1-800-678-5437 or 454-5437
<b>Poison Center at Cardinal Glennon Hospital</b> .....	772-5200
<b>St. Louis Cord Blood Bank</b> .....	1-888-453-2673 or 314-268-2787
<b>Susan G. Komen for the Cure</b> .....	569-3900

## MENTAL HEALTH

<b>Division of Alcohol and Drug Abuse</b> .....	877-0370
<b>Division of Comprehensive Psychiatric Services</b> .....	877-0372
<b>Division of Developmental Disabilities</b> .....	877-2711
<b>Hopewell Center</b> .....	531-1770
Helps chronically mentally ill patients readjust to the community.	
<b>Places for People</b> .....	535-5600
Provides services to the chronically mentally ill.	

## HOUSING

<b>Beyond Housing</b> .....	533-0600
<b>H.O.P.E</b> (Housing Options Provided for the Elderly) .....	776-0155
<b>Missouri Housing Development Commission</b> .....	877-1350
<b>St. Louis Housing Authority</b> .....	531-4770
Assistance for individuals, families and special programs for seniors.	
<b>St. Louis Transitional Hope House</b> .....	382-3801
<b>St. Patrick Center</b> .....	802-0700
St. Patrick Center is a multi-service agency serving those who are homeless and at risk of becoming homeless in St. Louis City and county. Emphasis is placed on those who experience mental illness or chemical dependence and those living at the poverty level.	

### **St. Patrick Center programs include:**

**Drug and Alcohol Program** offers counseling, education, and fellowship.

**Employment, Training, and Job Placement Program** offers full-service screening, training, employability counseling, and job placement programs for homeless and at-risk clients and homeless veterans.

**BEST (Building Employment Skills for Tomorrow)** is an on-the-job training program that teaches homeless, mentally ill or recovering individuals janitorial, repair and light remodeling skills.

**Independence Housing Program** helps employed people find market-rate housing.

**Living Skills Center Program** offers six-week courses on nutrition, budgeting, decision-making, and parenting.

**Rosati Center Program** is a residential care facility that provides 29 beds in transitional housing for homeless mentally ill individuals who have been referred from agencies or hospitals. Residents receive counseling and learn daily-living skills.

**Women's Shelter Program** provides homeless, mentally ill or chemically dependent women with a safe place at night and Shamrock Club services in the daytime.

## **INSURANCE PROBLEMS**

**CLAIM Program** ..... 1-800-390-3330

CLAIM (Community Leaders Assisting the Insured of Missouri) is a FREE program through the Department of Insurance, Financial Institutions and Professional Registration. The program is designed to help senior citizens with health insurance questions. Assists consumers with the complicated paperwork associated with health insurance.

**Missouri Department of Insurance, Financial Institutions and**

**Professional Registration** ..... 573-751-4126

**Workers' Compensation Insurance Information** ..... 1-800-775-2667

## **LEGAL ASSISTANCE**

**Crime Victims Advocacy Center** ..... 652-3623

**24-Hour Crime Victims Hotline** ..... 652-3623

**Catholic Legal Assistance Ministry** ..... 977-3993

**Civil Rights Enforcement Agency** ..... 622-3301

**Lawyer's Reference Service** ..... 621-6681

**Legal Services of Eastern Missouri** ..... 534-4200

**Public Defender** ..... 340-7625

**Victim/Witness Assistance Unit** ..... 622-4373

Support services and professional counseling for victims of crime.

## **MEDICAL INFORMATION**

**Patient Advocate Foundation (PAF)** ..... 1-800-532-5274

PAF is a national nonprofit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job discrimination and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys. PAF seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

**American Red Cross** ..... 658-2000

AIDS testing and counseling. Fee involved.

**Centers for Disease Control and Prevention (CDC) —**

**Sexual Transmitted Disease** ..... 1-800-227-8922

<b>Metropolitan St. Louis AIDS Program</b> .....	612-5188
Free testing & counseling. Appointment only.	
<b>St. Louis Effort for AIDS</b> .....	645-6451
<b>Case Management Services</b> .....	362-5574
<b>Cancer Information Service of Missouri</b> .....	1-800-4-CANCER
<b>Lead Poisoning Clinic</b> .....	657-1524
<b>Lead Education</b> .....	259-3455
<b>MC+ Program</b> .....	1-888-275-5908
<b>Medicaid</b> .....	1-800-392-2161
<b>Medicare</b> .....	1-800-633-4227
<b>Missouri Department of Health &amp; Senior Services</b> .....	340-7300
<b>Missouri Division of Family Services</b> .....	933-7000
Temporary assistance, housing and medical assistance.	
<b>Poison Center at Cardinal Glennon Hospital</b> .....	772-5200
<b>St. Louis Connect Care</b> .....	361-2273
<b>Social Security Administration</b> .....	1-800-772-1213
South St. Louis Office, 4365 Chippewa 63116	
Central West End (CWE) Office, 5669 Delmar 63112	
<b>Visiting Nurses Association</b> .....	918-7171

## **NEIGHBORHOOD ASSISTANCE PROGRAMS**

<b>Citizens Service Bureau</b> .....	622-4800
<b>Housing Conservation District</b> .....	622-3352
Operates in parts of nine wards. Inspects buildings where there has been a change of ownership or tenants to determine whether the building meets requirements of city's conservation ordinance, including overcrowding.	
<b>Neighborhood Stabilization Office</b> .....	657-1392
Consists of neighborhood liaison officers who serve as a link between city hall and the neighborhoods. They help resolve problems and work closely with neighborhood associations.	

## **NEIGHBORHOOD ORGANIZATIONS**

Note: Contact neighborhood organizations for special programs they may sponsor.

<b>Academy-Sherman Park Neighborhood Association</b> .....	367-8019
4th Thursday @ 6 p.m.	
<b>Cheltenham Neighborhood Association</b> , 1st Thursday @ 7 p.m.....	645-4418
(except January, February, July and August)	
<b>Clayton-Tamm Community Association</b> .....	645-6327 or 680-1353
3rd Thursday (except January) @ 7:30 p.m.	
<b>Clifton Heights Neighborhood Association</b> , 4th Monday @ 7:00 p.m.....	647-9008
<b>Ellendale Neighborhood Association</b> , 2nd Monday @ 7:00 p.m. ....	646-0016
<b>Grand-Oak Hill Community Corp.</b> , 3rd Wednesday @ 7:00 p.m. ....	495-7304
(Odd Months Only) .....	
<b>Hamilton Heights Neighborhood Organization</b> , 4th Tuesday @ 10:00 a.m.	389-3363
<b>Lindenwood Neighborhood Association.</b> , 1st Monday @ 7:30 p.m. ....	644-4937
(March, June, September and December only)	
<b>North Newstead Association</b> , 3rd Monday @ 5:30 p.m. ....	385-4343
<b>Skinker DeBaliviere Comm. Council</b> , 2nd Monday @ 7:00 p.m. ....	862-5122
<b>SPUD</b> , 4th Thursday @ 6:30 p.m. ....	367-8281
(No November or December meeting)	
<b>SW Garden Neighborhood Association</b> .....	771-3271 or 606-4713
4th Monday @ 7:00 p.m (January, April, July and October Meetings Only)	

<b>Tilles Park Neighborhood Association.</b> , Last Tuesday @ 7:00 p.m.....	352-8409
(Meetings held February, May, August and November)	
<b>Tower Grove Heights Association</b> , 4th Tuesday @ 7:00 p.m. ....	865-2545
<b>Hampton-Chippewa Business Association</b> , 2nd Tuesday @ 8:00 a.m. ....	746-7690
<b>Kingshighway Hills Neighborhood Association</b> .....	752-3526
3rd Thursday @ 7:00 p.m. (No January, February, June or July meetings)	
<b>West Cabanne Place Association</b> .....	721-8630
<b>Morganford Neighborhood Association</b> , 4th Wednesday @ 7:00 p.m. ....	664-2546
(No November or December Meeting)	
<b>Shaw Neighborhood Improvement Association</b> , Quarterly Meetings .....	771-3101
<b>Hill 2000</b> , 3rd Thursday @ 7:00 p.m. ....	771-1228
<b>Tower Grove South</b> .....	No phone number available
Last Monday @ 7:00 p.m. (No November or December meeting)	
<b>St. Louis Hill Neighborhood Association</b> , 4th Wednesday @ 7:00 p.m. ....	832-0385
<b>Gibson Heights Neighborhood Association</b> , 3rd Tuesday @ 7:00 p.m.....	541-7293

## SUPPORT CENTERS

<b>Prince Hall Family Support Center</b>	
4411 N. Newstead, 63115 .....	877-2400
Provides a wide variety of health and human services at one location with a mix of state and private-sector agencies. Some of the services available:	
<b>Comprehensive Health Clinic II</b> .....	381-9990
Provides adult medicine, OB/GYN, pediatrics, podiatry, dental, pharmacy, family planning, mammography, hypertension control, diabetes control and laboratory services. The clinic is a part of the St. Louis Comprehensive Health Program.	
<b>Department of Health and Senior Services</b> .....	612-5100
<b>Division of Child Support Enforcement</b> .....	340-7400
<b>Division of Family Services (DFS) Children's Services.</b> .....	877-2300
<b>Division of Family Services/Temp. Assistance &amp; Food Stamps</b> .....	877-2400
<b>Family Court-Juvenile Division</b> .....	552-2000
<b>Fortress Outreach</b> .....	653-1500
Provides emergency shelter and safe housing to battered women and their children.	
<b>Missouri Mentoring Partnership</b> .....	877-2012
Recruits and trains local individuals to be mentors.	
<b>Respond, Inc.</b> .....	727-3687
Support organization to match up with an agency.	
<b>WIC (Women, Infants and Children)</b> .....	361-5728
A food program to help infants and children up to age five and pregnant and/or breastfeeding mothers.	

## RESPIRE CARE

Respite-care services provide people caring constantly for someone a way to have occasional rest. Some area groups offering respite-care services include:

<b>ARCH Respite Office of St. Louis</b> .....	569-0247
<b>Cardinal Ritter Institute at Cardinal Carberry Senior Living Campus</b> ....	961-8000
<b>Children's Home Society of Missouri</b> .....	968-2350
<b>Edgewood Children's Center</b> .....	968-2060
<b>Jewish Center for Aged of Greater St. Louis</b> .....	434-3330
<b>Touchpoint Autism Services</b> .....	849-4440
<b>Marlborough House</b> .....	962-0015
<b>Residential Support Program-Easterfield Lodge</b> .....	644-6507

<b>Ranken Jordan Pediatric Specialty Hospital</b>	872-6400
<b>St. Louis Crisis Nursery</b>	768-3201
<b>St. Louis Peregrine Society</b>	781-6775
<b>UCP Easter Seals Association</b>	994-1600

## SENIOR CITIZEN ASSISTANCE

<b>Aging Information</b>	1-800-235-5503
--------------------------	----------------

<b>Association on Aging with Developmental Disabilities</b>	647-8100
---	----------

Programs assisting seniors with the desire to live as independently as possible.

<b>Cardinal Ritter Institute: Provides adult day care services</b>	962-7501
--	----------

<b>Isaiah 58 Ministries: Food pantry and clothing room</b>	776-1410
--	----------

<b>Grace Hill Neighborhood Services</b>	814-8700
---	----------

Nourishment and meeting places for persons over 60. Home visit service offers counseling and health services and provides volunteer opportunities for older adults.

<b>Grand-Oak Hill Community Corporation</b>	865-5530
---	----------

Senior Lunch Program. Provides weatherization kits and some transportation and meal delivery.

<b>H.O.P.E. (Housing Options Provided for the Elderly)</b>	776-0155
--	----------

Housing option consultation, education to community, and a resource for housing option development within Missouri.

<b>Meals on Wheels</b>	268-1523
------------------------	----------

<b>Missouri Department of Health and Senior Services</b>	340-7300
--	----------

<b>Nursing Home Ombudsman Program, Div. of Senior Services</b>	340-7353
--	----------

Provides information and referral regarding nursing home placement, regulations, residents' rights and complaints about nursing homes.

<b>OATS Transportation</b>	894-1701
----------------------------	----------

Transportation for seniors to medical appointments, clinics and shopping.

<b>Program of Alternative Care for the Elderly (PACE)</b>	771-5800
---	----------

Provides social activities, nutrition and preventive health care management for the elderly. Assigns support staff for individuals who live alone and who need a minimal level of nursing home care or supervision and assistance for part of their daily care.

<b>St. Elizabeth Adult Day Care Center</b>	636-461-0730
--	--------------

Adult day care for persons 60+; must have adequate mobility and need no more than moderate help with eating and toileting. Program includes leisure time activities, self-care training, information and referral, meals and snacks.

<b>St. Louis Area Agency on Aging (SLAAA)</b>	612-5918 or 612-5900
---	----------------------

Provides programs and services for the city's elderly. Maintains a listing of senior citizen apartments and nursing home facilities. Meals at nutrition centers, home delivered meals and distribution of surplus food.

Home Delivered Meals	612-5918
----------------------	----------

<b>Senior Citizens and Handicapped Bus Fare Discounts</b>	231-2345
---	----------

Medicare card accepted on all buses any time. Reduced fare.

## STRESS/HOTLINE

<b>Community Psychological Service</b>	516-5824
--	----------

Outpatient psychological service to rape victims (free).

<b>Crime Victims Advocacy Service of St. Louis</b>	652-3623
--	----------

<b>Life Crisis Service</b>	647-4357
----------------------------	----------

Suicide crisis intervention hotline.

<b>MADD Mothers Against Drunk Driving</b>	426-1595
---	----------

<b>Provident Counseling</b> .....	533-8200
Counseling to individuals and families in areas of child behavior, marriage, divorce, family relationships, problem drinkers, unmarried parenthood, adoption, the elderly, preretirement planning, stress management and divorce adjustment.	
<b>Raven (Rape and Violence End Now)</b> .....	289-8000
Help for men and women involved in domestic violence and rape. 24 hours.	
<b>Suicide Hotline</b> .....	647-4357
<b>Suicide Hotline — Kids under 21</b> .....	644-5886
<b>Suicide Crisis Intervention</b> .....	647-4357
<b>Teen Hotline (KUTO - Kids Under 21)</b> .....	644-5886

## SUPPORT GROUPS

<b>Al Anon</b> .....	645-1572
<b>Alcoholics Anonymous</b> .....	647-3683
<b>Neighborhood Association</b> .....	771-0803
<b>Nicotine Anon</b> .....	832-9279
<b>Overeaters Anonymous</b> .....	638-6070
<b>Parkinson's Disease Information</b> .....	362-3299
<b>Postpartum Depression Referral</b> .....	362-MOMS
<b>Survivors of Suicide</b> .....	647-3100

## UTILITY PROBLEMS

<b>Consumer Advocate</b> (Office of the Public Counsel) .....	573-751-4857
This office represents consumers on utility matters.	
<b>Consumer Hotline</b> (toll free) .....	1-800-392-4211
<b>Public Service Commission</b>	
<b>St. Louis Office</b> .....	340-4700

## VETERANS

<b>St. Louis City Dept. of Human Services Veterans Services</b> .....	657-1656
<b>Veterans Administration and Outreach</b> .....	1-800-827-1000
<b>Veterans Psychiatric Abuse/Fraud Hotline</b> .....	729-2854

## VITAL RECORDS/STATE

**[www.dhss.mo.gov/BirthAndDeathRecords](http://www.dhss.mo.gov/BirthAndDeathRecords)**

To request a birth or death certificate from a local health department, you may download the application and submit it in person or by mail to the nearest local health department. To request a certified copy of a marriage license, contact the Recorder of Deeds in the county where the license was obtained. To request a certified copy of a divorce decree, contact the Circuit Clerk in the county where the decree was granted. If necessary, you can request these documents from the Department of Health and Senior Services in Jefferson City.

### **Missouri Department of Health, Division of Vital Records**

P.O. Box 570, Jefferson City, MO 65102-0570

<b>Birth, Death and Marriage Records</b> .....	573-751-6387
<b>City Hall Vital Records</b> .....	613-3016

## VOLUNTEERING

The Volunteer Center of the United Way of Greater St. Louis works to strengthen the community by promoting effective volunteer experiences. It helps link individuals who want to volunteer with agencies that need them and also connects companies to hundreds of time-limited, hands-on volunteer projects. For additional information, contact Rick Skinner - United Way Volunteer Center at 539-4284 or at websites: **[www.stl.unitedway.org](http://www.stl.unitedway.org)** or **[www.stl-cares.org](http://www.stl-cares.org)**

## WOMEN'S ASSISTANCE

Also see "Families & Children" and "Emergency Shelter & Help"

<b>Isaiah's Ministries</b> .....	776-1410
Provides Single Parents' Support Group with special education programs.	
<b>Legal Advocates for Abused Women</b> .....	535-5229
Advocacy for victims abuse - provides legal advocacy for victims of abuse.	
<b>Good Shepherd Children &amp; Family Services</b> .....	854-5700
<b>Parents As Teachers</b> .....	771-4626
At the Carondelet Area Community School .....	353-1599
Provides services to answer the needs of women who are mothers through group discussions, lectures and workshops; referral services in the area of physical and mental health, social services and counseling; drop-in service and child care program.	
<b>Forest Park Counseling Department</b> .....	644-9262
Free services to identify skills, interests and abilities; explore current labor market info; learn about nontraditional jobs/training opportunities and how to conduct creative job search. Skill training in certain occupational areas available at nominal fees.	
<b>O.W.L. - Older Women's League</b> .....	725-5862
<b>Women's Support and Community Services</b> .....	646-7500
<b>24-Hour Hotline</b> .....	531-2003
Provides services to physically, sexually and emotionally abused women including victims of rape or incest. Support groups; court advocates. Referrals for housing and further counseling.	
<b>The Women's Safe House</b> .....	772-4535
Shelter and support for battered women and their children. Group and individual counseling.	
<b>YWCA Women's Resource Center</b> .....	726-6665

## YOUTH PROGRAMS

<b>Boys Club of St. Louis</b> .....	772-5661
<b>Girls Inc. of St. Louis</b> .....	385-8088
<b>Missouri Botanical Garden</b> .....	577-5140
Offers many exciting hands-on and experience-oriented programs and activities in areas of Science, Ecology and Natural History for different age groups of young people four through 18.	
<b>YMCA Monsanto Family Center</b> .....	367-4646
<b>YWCA (Metro)</b> .....	531-1115

## IMPORTANT PHONE NUMBERS

<b>Alliance for Animal Legislation</b> .....	994-1000
<b>Alzheimer's Disease Association</b> .....	432-3422
<b>American Red Cross</b> .....	658-2000
<b>Arts and Education Council</b> .....	535-3600
<b>Blind and Physically Handicapped Library Services</b> .....	1-800-392-2614
<b>Bus and Metrolink Information</b> .....	231-2345
<b>Civil Rights Enforcement Agency</b> .....	622-3301
<b>Connect Care</b> .....	361-2273
<b>Consumer Fraud Hotline</b> .....	1-800-392-8222
<b>Driver's License Exam, 4626 S. Kingshighway</b> .....	752-3177
<b>Drug Abuse Help: BASIC (Black Alcohol/Drug Service Information Center)</b>	621-9009

<b>Emergency Services (Connect Regional)</b>	361-2273
<b>Election Board</b>	622-4336
<b>Federal Information Center</b>	1-800-688-9889
<b>Federal Tax Forms (ordering)</b>	1-800-829-1040
<b>Food Stamps</b>	426-9600
<b>Health Department</b>	615-0600
<b>Hearing and Speech Centers</b>	968-4760
<b>Immigration and Naturalization</b>	1-800-375-5283
<b>International Institute</b>	773-9090
<b>Jury Supervisor's Office</b>	622-4457
<b>League of Women Voters</b>	961-6869
<b>Lost Pets - Humane Society</b>	647-8800
<b>Animal Protective Association</b>	645-4610
<b>City Pound</b>	353-5838
<b>Marriage License Bureau</b>	622-3257
<b>Mental Health America of Eastern Missouri</b>	773-1399
<b>Missouri Botanical Garden</b>	577-5100
<b>Missouri Botanical Garden Answering Service</b>	577-5143
<b>Missouri Department of Transportation</b>	340-4100
<b>Motor Vehicle Licensing</b>	481-8668
<b>NAACP</b>	361-8600
<b>Narcotics Anonymous</b>	830-3232
<b>Postal Service Offices</b>	1-800-275-8777
<b>Rabies Control</b>	353-5838
<b>RCGA (Chamber of Commerce)</b>	231-5555
<b>Safe Connections Crisis Hotline</b>	531-2003
<b>Statewide Road Conditions Hotline</b>	1-800-222-6400
<b>STD (Sexually Transmitted Diseases)</b>	
<b>Info (City Health Div.)</b>	612-5200
<b>National Hotline (STD &amp; AIDS)</b>	919-361-8488
<b>STL Association for Gifted Children</b>	878-5029
<b>STL City Office on the Disabled</b>	622-3686
<b>SIDS (Sudden Infant Death Syndrome Program)</b>	1-800-221-7437
<b>Tourist Information</b>	869-7100
<b>Tower Grove Park</b>	771-2679
<b>Traffic Violation Bureau</b>	622-3577
<b>Unclaimed Property</b>	573-751-0123
<b>Zip Code Information</b>	1-800-ASK-USPS

## **VISIT THE SENATE WEBSITE**

[www.senate.mo.gov](http://www.senate.mo.gov)

LINKS TO THE HOUSE OF REPRESENTATIVES, STATEWIDE ELECTED OFFICIALS AND ALL STATE DEPARTMENTS CAN BE ACCESSED AT THIS INTERNET ADDRESS

The Missouri Senate website also offers you current bill status information, committee lists, session schedules, legislative calendars, daily journals, links to each senator's web page and much more.

## **LIVE DEBATE**

Through a link on the Senate website, you can listen to live debate while the Senate is in session. A link to House debate is also available.



Senator Joe Keaveny  
573-751-3599  
866-783-1534 Toll Free  
[joe.keaveny@senate.mo.gov](mailto:joe.keaveny@senate.mo.gov)

**MISSOURI STATE SENATE  
SENATOR JOE KEAVENY**

201 W Capitol Ave Room 329  
Jefferson City MO 65101

PRSRT STD.  
U.S. POSTAGE  
PAID  
Jefferson City, MO 65101  
Permit No. 220