



2009

A list of selected informational, emergency, and 24-hour numbers of public and voluntary health and human service agencies compiled by 2-1-1. This free, confidential service is available by calling 2-1-1 or (800)427-4626.

Note: Inclusion does not indicate United Way membership or endorsement; it is solely to provide community information.

* - Indicates service is available at all times or gives/takes recorded messages after hours.

Area Code is (314) unless otherwise indicated.

Abuse:

Alternatives to Living in Violent Environments (ALIVE) 993-2777 *Child Abuse Counseling (Family Resource Center) 534-9350 *Child Abuse Hotline (Missouri Children's Division) 800-392-3738 *Elderly Abuse Hotline (Missouri Division of Aging) 800-392-0210 *Rape Hotline (Women's Support & Community Services) 531-2003 *RAVEN (abusive men) 289-8000 St. Louis City Victim Services 622-4373 Victim Service Council 615-4872 Women's Safe House 772-4535

Aging:

Aging, Area Agency on: Mid-East 636-207-0847 (St. Louis Co) I&R 636-207-1323 St. Louis City 612-5918 Cardinal Ritter Institue 961-8000 *Elderly Abuse Hotline (Missouri Division of Aging) 800-392-0210 Long Term Care Ombudsman Nursing Home Information 918-8222 Meals on Wheels (Church Women United) 268-1523 (for senior/disabled) MO Department of Health and Senior Services 340-7300 Elderly Abuse Hotline 800-392-0210 Institutional Services 340-7360 St. Louis County Older Resident Programs (CORP) 615-4516 Transportation Services (aged/disabled): OATS (County) 894-1701 Regional Center (City) 244-8800 St. Louis Agency on Aging 612-5086 *Ambulance, Fire, Police 911

*American Red Cross 516-2800

Animal Protective Association 645-4610

Arthritis Foundation 991-9333

Arts & Education Council 535-3600

Asthma & Allergy Foundation 645-2422

Better Business Bureau 645-3300

Children: Big Brothers/Big Sisters 361-5900

Children cont:

Boy Scouts of America 361-0600 *Child Abuse Counseling (Family Resource Center) 534-9350 *Child Abuse Hotline (Missouri Children's Division) 800-392-3738 Child Day Care Association 531-1412 Epworth Children & Family Services 961-5718 Youth Emergency Service Crisis Center 862-1334/Hotline 727-6294 Girl Scout Council of Greater St. Louis 890-9569 Life Crisis Services (Admin.) 647-3100 *Crisis Hotline 647-4357 *Teen Line 644-5886 *Parental Stress Helpline (St. Louis Crisis Nursery) 768-3201 Ranken Jordan Home for Convalescent Crippled Children 872-6400 *Runaway/Troubled Youth National Hotline 800-621-4000 St. Louis City Child Support Enforcement 340-7400

St. Louis County Child Support Enforcement 877-2700

Disabled:

Paraguad (disabilities) 289-4200 or 289-4252 (TDD) Protection & Advocacy Services, Missouri (disabilities) 785-1702 Ranken Jordan Home for Convalescent Crippled Children 872-6400 St. Louis Association for Retarded Citizens 569-2211 St. Louis City Office on Disabled 622-3686 or 622-3693 (TDD) St. Louis Regional Office for the Developmentally Disabled 244-8800 (St. Louis City) 340-6500 (St. Louis County) Transportation Services (aged/disabled): OATS (County) 894-1701 Regional Center (City) 244-8800 St. Louis Agency on Aging 612-5086

Cancer Society, American 286-8100 Center for Hearing-Speech, St. Louis-St. Charles County 968-4710

Financial Assistance: (Utility, rent, etc.) Community Action Agency of St. Louis County, Inc. 863-0015 Financial Assistance cont:

Energycare 773-5900 (information) Human Development Corporation 535-7607 (St. Louis City & Wellston) Income Maintenance, Food Stamps, Medical Assistance St. Louis City 993-7000 St. Louis County 426-9600 Urban League St. Louis City 615-3600 St. Louis County 388-9840

Community in Partnership Family Center 423-7770

Consumer Fraud & Welfare Hotline (State Attorney General) 800-392-8222

Contact 2 Call For Action (KTVI-TV Ch.2) (636) 282-2222 (11am - 1pm weekdays)

Dental Society, Greater St. Louis 569-0447

Diabetes Association, American 822-5490

Easter Seals (636)227-6030

Epilepsy Foundation, St. Louis 645-6969

Federal Citizen Information Center 800-688-9889

Food:

Food Bank, St. Louis Area 383-3335 (no services to individuals) Food Stamps (MO Family Support Division): St. Louis City 933-7000 St. Louis County 426-9600 Hunger Hotline (Operation Food Search) 726-5355 Meals on Wheels (Church Women United) 268-1523 (for senior/disabled) Heart Association, American 692-5600 Higher Education Consortium 991-2700

*Highway Patrol, Missouri State 340-4000

HIV/AIDS: St. Louis Effort for AIDS Hotline 645-6451

HIV/AIDS cont:

St. Louis Metropolitan Center for HIV/AIDS Services St. Louis City 612-5188 St. Louis County 522-6410 Ext. 6143

Homer G. Phillips Health Center 371-3100

Horticulture Answer Service/Missouri Botanical (Shaw's) Garden 577-5143

*Hospitals, Public: St. Louis ConnectCare 361-2273 St. Louis Psychiatric Rehabilitation Ctr. 877-5825

Housing/Shelter:

Housing Authority, St. Louis St. Louis City 531-4770 St. Louis County 428-3200 Housing Resource Center 802-5444 Metro Homeless Center and Family Svs. 534-1010 Salvation Army 646-3000 Family Haven (Family Services/*Shelter) 423-7770 *Harbor Light Center 652-3310 Shalom House (homeless shelter) 534-1010 *Sunshine Mission (shelter for men) 231-8209 *Humane Society of Missouri

St. Louis City 647-8800 St. Louis County 951-1590

Hyde Park Neighborhood Center 584-6700

Jewish Family & Children's Service 993-1000

Job Search/Employment: Employment & Training Center (St. Louis Community College) City: 589-8007 County: 381-6700 MO Division of Workforce Development -Missouri Career Center Downtown 589-8000 Florissant 877-3010 North 679-3300 St. Louis Central 877-0916

Kidney Foundation, National 800-489-9585 or 961-2828

Lawyer's Referral & Information Service (Bar Association) 621-6681

Legal Services of Eastern Missouri (Legal Aid) 534-4200

Literacy Council 776-7102

Lung Association, American 645-5505

Lutheran Family & Children's Services 534-1515

March of Dimes 646-8601

MC+ 800-348-6627

Medicaid Information 800-392-2161

Medicare Information, Part B 800-633-4227

Mental Health: Alliance on Mental Illness 962-4670 Life Crisis Services (Admin.) 647-3100 *Crisis Hotline 647-4357 *Teen Line 644-5886 *Mental Health Resources & Referral Behavioral Health Response 469-6644 Life Crisis Services 647-HELP (4357) Mental Health America 773-1399 *Parental Stress Helpline (St. Louis Crisis Nurserv) 768-320 Provident Counseling 371-6500 *Intake 533-8200 *Youth Emergency Service (Epworth) Crisis Center 862-1334 Hotline 727-6294

Metro Information 231-2345 or 982-1555 (TDD) Call-a-Ride Plus Info 652-2600 or 982-1509 (TDD)

Missouri State:

State Office Information 573-751-2000 Department of Health and Senior Services 340-7300 Elderly Abuse Hotline 800-392-0210 Institutional Services 340-7360 Division of Workforce Development -Missouri Career Center Downtown 589-8000 Florissant 877-3010 North 679-3300 St. Louis Central 877-0916 Family Support and Children's Division *Child Abuse Hotline 800-392-3738 Income Maintenance, Food Stamps, Medical Assistance St. Louis City 993-7000 St. Louis County 426-9600 Governor Nixon's Office 340-6900

Multiple Sclerosis Society, National Gateway Area Chapter 781-9020

Muscular Dystrophy Association of St. Louis 962-0023

*Poison Center, SSM Cardinal Glennon Regional 772-5200

Post Office Information 800-275-8777

Red Cross, American 516-2800

Relay Missouri 800-735-2466

Social Security 800-772-1213

St. Alexius Hospital 865-3333

St. Louis City: Board of Education 231-3720 Child Support Enforcement 340-7400 Citizens Service Bureau 622-4800 Health Department 612-5100 Office on Disabled 622-3686 or 622-3693 (TDD) Public Library 241-2288 Victim Services 622-4373 Vital Records 613-3016

St. Louis County:

Child Support Enforcement 877-2700 County Library 994-3300 County Older Resident Programs (CORP) 615-4516 Department of Health 615-0600 Vital Records 615-0376

St. Louis Metro Baptist Association 571-7579

Substance Abuse:

*Al-Anon and Alateen Family Groups Information Center 645-1572
*Alcoholics Anonymous Information (Alano Society) 647-3677
*Alcoholism/Drug Information Center (NCADA) 962-3456
Center for Life Solutions (substance abuse treatment) 731-0100
DART (Drug Alcohol Rehabilitation Treatment) 731-0100

Tourist Information Center (State) 869-7100

Traveler's Aid 241-5820

VD/ Sexually Transmitted Disease Information: St. Louis City 612-5200 St. Louis County 522-6410

Victim Service Council 615-4872

Visiting Nurse Association 918-7171

Women:

*Birthright Counseling 962-5300 Planned Parenthood of St. Louis Region 531-7526 *Pregnancy Resource Center 783-3040 Reproductive Health Services of Planned Parenthood 531-7526 xt. 529 Safe Connections 646-7500 *Women's Crisis Line 531-2003

> 2-1-1 www.211missouri.org www.211southwestillinois.org

United Way 910 North 11th St. Louis, MO 63101 Administration (314) 421-0700 Volunteer Center (314) 539-4063 Or (800) VOLUNTEER www.stl.unitedway.org